



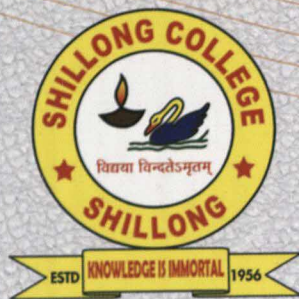
SHILLONG COLLEGE

Re-Accredited 'A' by NAAC with 3.06 CGPA

ESTD KNOWLEDGE IS IMMORTAL 1956



PURSUE WITH PERSERVERANCE



THE *Lamp*

ANNUAL COLLEGE MAGAZINE 2016

SHILLONG COLLEGE
(ESTD - 1956)

ASSESSED AND 3rd CYCLE RE-ACCREDITED BY
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Foreword



Dr. K. D. Ramsiej
PRINCIPAL

The theme "Pursue with Perseverance" encapsulates the persistency of Shillong College to consistently raise the bar and aim for the stars and this year we have reached one milestone when the college was accredited with "A" Grade by NAAC. It was indeed a proud moment for each one of us to have been able to achieve what we aimed for. However, the theme of the college magazine, reminds us that we have a lot of work ahead of us in order to accomplish what we strive for. It also reminds us the huge responsibility that we have in moulding the mindset, goals, and dreams of the new age generation which are caught in various myriad of life's ever changing challenges. Although, there will be hurdles as we move ahead but that should not deter us from moving forward. As Rabindranath Tagore wrote in one of his poems, "Where the mind is without fear and the head is held high", I urge my dear readers to pursue your goal without fear. Yes, there are times when events in our lives may demotivate and discourage us, yet such events are opportunities that allow us to exhibit our abilities to persevere. Educational institutions have an ever increasing role to play beyond imparting education. And I take this opportunity to ask all of us to come together and realize this social responsibility entrusted to us.

The college has grown and as it reaches its 60th anniversary, I take the opportunity to thank all those who have been part and are still part of the college's endeavour to uplift it in whatever way possible. The yeomen service of the Shillong College family, which is the only public institution in the city, to serve the poor and the marginalized has been lauded far and wide. Imparting quality education for the weaker section of the society was the primary objective why Shillong College came into existence. In the ever competitive rat race those who are unable to compete are unfairly denied the privilege of dignified living. In striving to impart affordable and qualitative education the college remains committed in its endeavour to serve all sections of the society.

The college magazine is a platform for all stakeholders to express themselves and to voice their thoughts through their writing. Each one of us has some kind of creativity. The mind is a Pandora's Box of imagination and ideas which needs to be opened and progressively utilized for the benefit of the society. The college magazine offers such an opportunity for all and I am glad to see the management, teachers and students earnestly taking part to make the College magazine a colourful enterprise.

Lets us come to together and Pursue with Perseverance into the future and to work relentlessly as if we worship God because service to humanity is service to God. Our commitment is to fulfil the objective and vision of the excellence in service the student community and the society.

I am very grateful to all the stakeholders of the college for their supports and guidance right from the President, Prof. K. S Lyngdoh, members of Governing Body, the three Vice Principals, the teacher-in-charge of the college magazine "The Lamp" Dr (Ms) Lucy Mary Jyrwa and all the members of the editorial board, all the teachers, the supporting staff and the alumni of the college who participates in college activities. We have stepped in at the door of Diamond Jubilee (1956-2016), let us raise up our flag to the greater height so that others will enjoy the college rays of light. ■

From the Teacher in Charge



Dr (Ms) Lucy Mary Jyrwa

A documentary film called "Animals are beautiful", which was directed by a famous South African director, Jamie Uys in 1974 is a documentary about the wildlife in Southern Africa. The film was pictured in a most hilarious way about the life of various animals living in the Namid and Kahalari deserts. But what struck me the most about this documentary film is that animals are no difference from people and they have the same social skills like us. In one part of the film, it shows the life of an adult male weaver bird building a nest for its future partner. In this film it was seen that, like all other male weaver birds this particular bird uses plant fibers and tall plant stems to weave extremely solid nest. The male weaver bird builds a nest in order to attract its female counter part. In this case, this bird was giving its full effort to build the best nest that it could. So first of all the bird collected the building materials and began by tying the leaf fibres around the twig of a tree. With its foot, it held down one end of the strip against the twig while taking the other end in its beak and to prevent the fibers from falling away, it ties them together with knots. Then it uses its beak to weave the other fibers together and repeated several times till it was satisfied with the thickness of the nest. The amount of energy, time and hard work that this bird had spent was remarkable and the architectural work that this tiny creature created was astounding that it amazes even human engineers too. But there's more to learn from this creature. In the film, its female counter part came to inspect the nest andt sad to say that she did not like the nest and immediately cut the main fibre that held the nest to the main twig of the tree and the nest was drop to the ground. So what did the male weaver bird do? Did it give up? The answer was no. What I love most about this weaver bird was its perseverance. It did not give up but started rebuilding a new nest with new architectural plan in mind. The bird did not lose hope but pursue its goal with a new set of plans and ideas. So in the film it shows that the bird started to rebuild the nest from scratch. It started recollecting building materials and began to weave nonstop till the new nest was completed. After completion, its female counterpart came flying towards the nest for a thorough inspection and I can imagine that the male weaver bird must be nervous but at the same time I don't doubt that if female bird dislikes the nest this bird will keep on remaking a new nest because these birds are known for their perseverance. But like every other films, this film had a happy ending, because the female weaver bird loved the new nest that was built for it and was ready to start a family with its partner.

The story of the weaver bird in the documentary resonates with the journey of our college. This year which marks the 60th Anniversary of Shillong College, I

believe that the college has been through a journey that has many ups and downs, but I also strongly believe that as one family we did not stop to pursue our dreams. Our Principals along with the entire administration did not stop to pursue to develop the infrastructure of college despite several hurdles that stood in their mission. The teachers who had taught and who are still teaching in Shillong College spent their sweat and tears to not only impart education but also mould the life of the student. Sometimes they are being dislike and disrespected by the students for their firmed action taken against them but they did lose their Grit but pursue to bring the best from each student. The students who joined the college crafted their own niche and they try to develop their personality as they received the knowledge and this require a lot of hard work, patience and focus. The outcome of this journey is when we reap the fruit of labour. Every year we get to witnessed students passing out with flying colours. This year the college was acknowledged of its achievement when it was accredited by NAAC to A grade with 3.06 points and after all the pain and hardwork there was a sense pride and happiness in us as one family of the college that we have so reach far but this is not the end and the journey is still on and we have to keep on moving.

Thus the theme of the Annual Magazine 2016 is entitled the " Pursue with Perseverance" in which the magazine provides a way that we can look back of what we have achieve and to move head knowing that the journey will still have many hurdles that we have to overcome.

I take the opportunity to thank the Principal of the college who had instilled a word of encouragement and supporting the members of the editorial board for publishing the magazine. I thank the members of college for rendering their support by pooling their wisdom in making of the magazine. I congratulate all the achievers during the year 2015-2016 and wish you all the best for your future goals. I know that your achievements have inspired each one of us to give our best. I show my sincere gratitude to our young and budding photographer, Melam Rangad, from Department of Sociology for rendering your service in photography that was required for the magazine. You are truly talented. I also show my sincere thanks to the members of the Students' Union Shillong College, especially Vice President, Daryl Khongwir for taking the responsibility to make all the arrangements and assisting Melam during photography session. Last but not the least I sincerely thank the members of the editorial board for without teamwork it would be impossible to publish the magazine. The magazine itself reflects the team spirit of all members of the college.

In the end, I take full responsibility of any errors and mistakes that may have occur during printing in spite of our best efforts and I appeal to every reader to bear with the same. I wish everyone "A Happy Reading".

Thank you.

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Changing Scenario in Education

NEED TO RAISE THE BAR

DR. MANABENDRA N. BHATTACHARJEE
Vice Principal
Higher Secondary Section
Shillong College

"So long as millions live in hunger and ignorance, I hold every man a traitor who, having been educated at their expense, pays not the least heed to them."

~~ Swami Vivekananda



India's achievements in Education sector is not insignificant though there are schools of thought who proclaim that the standard of education is ever declining. For them, the key reason for the declining trend is refusal to reforms in education. But with the programme of globalisation and liberalization since mid-1990s, a number reformist agenda in education has been implemented yet the result till today is disappointing. The thrust of all these reforms has been privatization yet private sector has contributed very little except for expectedly expanding their business. On the other hand, the public sector have been forced to join the artificial competition generated by the private sector making education costlier and making it increasingly inaccessible to large majority of economically weaker section of the society. There is a game in creating only facilities and eye-catching infrastructure with little regards to changing mindset so far as what is the purpose of education. Very little attention is accorded in improving the intellectual level whereas maximum thrust is on employability of the learners. This makes 'skills' and 'skill-based education' as the prime focus. Application based education has over-powered fundamental knowledge. Under the present trend, days may not be far when we will have something like Indian Premier League in education as we find in Cricket.

There was a time, may be three to four decades back, when only the weak students were sent for private coaching (tuition) by their parents. Parents were worried about the future of their children (they are more so now) and considered that no one can lead a dignified life without a knowledge-base and hence earning a degree that imparts knowledge was of prime importance. Over the past few decades a paradigm shift has occurred in this concept. Purpose of education (primary to tertiary) has undergone a sea change - for better or worse only the time will answer. In the changed environment, it is the better students who go for private tuition and weaker ones loiter. Is it a case that the better or bright students going for private coaching to satisfy their urge for learning more and increase knowledge base or driven by sheer market criterion? Such students and their parents, along with the trend in society, are looking for suitable professional career (that include all branches of engineering - medical courses being not the first) with an aim to ensure a respectable job at the end of the regimented course of studies. Placement criteria of the institution concerned has become a key factor on its credibility and

grading. At the end of the day it is those weaker students or weaker among better students who are thrown out of the 'so-called' professional arena. General courses or basic subjects are surviving only at the cost of those students who are eliminated from these much-hyped pseudo competitions.

Needless to say that these competitions have given birth, sustainability and mushrooming of coaching centres throughout the country. There are places in the country which thrives only on 'coaching industry'. Days may not be far when these coaching centers will be seen investing in Sensex and emerging as the top business centers in the country. One argues that the profits generated by few coaching centers are probably much more in ratio than that of prospecting IT or manufacturing sectors given the dedicated pages of advertisements appearing in national print an electronic media.

Of course, there half-hearted attempts made by regulatory agencies like UGC and others to control the menace of coaching centers. UGC even provides financial assistance to recognised institutions for having coaching classes/remedial classes and these run parallel to private coaching centres. So far, these measures have failed miserably to have a check on the game-pan of the private elite coaching centers rather these half-cooked strategies are legitimizing as well as augmenting the menace. Parents and students have no alternative - they are caught in the evil's circle – everyone is succumbing to the pressure and demand of market.

Should these coaching centres – private or government sponsored – be called 'academic institutions'? Do they contribute to academic excellence, research, innovation and hence knowledge? Are they not producing only human machines who acquire expertise in cracking few selected entrance tests to be able to make entry into regimented system of earning degree in engineering, medical, management etc? Where do these 'industrial' units invest the huge profit they are earning? Probably, these are irrelevant questions being raised!!

Continuing with this trend, the importance of Board/ University examinations are slowly being dispensed with on the plea that different Boards or Universities

are maintaining varying standards. How do you control standard and then excel in the same? There may be a minimum norms set for this, but autonomy of academic bodies/institutions cannot be tempered with. Presently, there are government sponsored accrediting agencies for assessing the institutions of higher education. This is a welcome development. But one must note that these agencies encourage the HEIs to go for that brand of autonomy wherein the institutions may design new courses, fix the fees for such courses and evaluate the students of their own. These courses are mostly designed at par with the market trends and employability criteria. This signifies that standard is related to market only not the academic considerations. Ironically, the same people talk about falling standard of education!!!

Universities are now mandated to conduct entrance examinations for entry in PG courses. Apparently it is a good practice for maintaining standard in university education. But there are ample instances like a candidate has performed miserably in entrance examination of a particular "A" accredited institution but could enroll himself in a similar course with credible performance in another university with identical accreditation status. What about the standard of such universities in this pretext? A student strives hard for 2-3 years to obtain a Higher Secondary or UG or PG degree where acquiring knowledge is supposed to be the main thrust, yet the same degree holder get hardly any credit for his/her performance in these examinations except for obtaining some vaguely set qualifying mark at the entrance level of B. E., M. Tech. M.B.A. or PG courses. All depends on the performance in the entrance examinations in a particular discipline and hence the importance of coaching centres.

One cannot however absolutely denounce the importance of entrance examinations and hence the coaching centres. Entrance examinations are surely one of the important measures to select deserving candidates by adopting a process of elimination round where the smart ones survives but others, however knowledgeable one may be, are thrown out of the system. There probably cannot be a full proof system to deliver justice across the board. Yet, undermining

the performance in Board/University examinations, save the vaguely set qualifying percentage of marks, is derogatory. It does no justice to the cause of education. The process, in fact, should be just reverse. A candidate must have a qualifying mark in the entrance examinations and the Board/University result should be the main criteria for selection. Probably this idea is not commensurate with market factor and hence discarded.

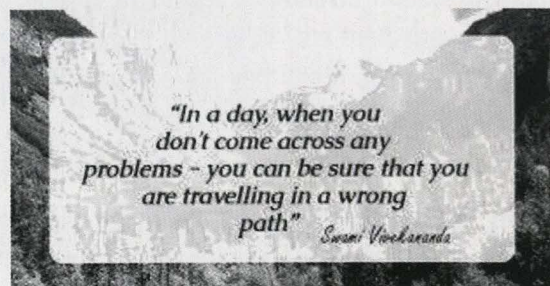
Often it is observed that decisions on academic issues are hardly taken by academicians. Academic bodies are merely recommending authorities with no ultimate power. Even there are instances where the academic bodies are loaded with more of non-academic professionals, and take pride in visualizing the functioning of academic body from the law-and-order perspectives! Decisions are mostly taken at a level dominated by bureaucrats and representatives corporate sectors demonstrating some academic interest. Corporate tycoons open up schools/colleges/universities/technical institutions purely for profit and one fine morning becomes an 'eminent academician'. There are also instances where some academicians who act a sycophants of power-that-be get a place in decision making process and then it gets projected that the decisions are taken with academic interest in mind.

In this scenario, students as well as the teachers are ultimate victims. Every single day new decisions emerge and often one decision negates the earlier one. Teacher and students alike remain confused with which system is forthcoming. For instance, even after so many deliberations and intervention of Court of Law, the exact system that may be followed in JEE or NEET examinations is not totally clear. Students are getting increasingly tensed and burdened. The motto "Study and Enjoy" is forgotten and is replaced by "Study and Compete". In some instances it is "Memorise and Compete". Parents/Guardians are also dragged equally and are forced to poke their wards to join the rat race.

In Indian context, we have to realize that Quality, Quantity and Equity are the pillars in Education and we need to synthesise a balance among these. These pillars would define the strength of our education system and

create potential in building character of our people and the country and also allowing us realize our potential. These principles can be implemented through increased participation of State in education only. The commercial shops that are coming up in the name of education are all pervasive and shows little regard to these ideals. We need to know that 62% of our students today in higher education are in private sector. Are these students getting trained for knowledge, or, are we creating instruments that can be used in the productive process? There is no denying the fact that education should be job related. But is that all the meaning of Education? That character building, that whole question of creating a level of enlightenment, all that seems to be lost in the race. This lack enlightenment breeds ground for 'neo-nationalism' that we observe today in the country sending ominous sign towards national integration.

The political and ideological allegiance of the government in power, Centre and State both alike, has interfered too much in Education system in India particularly in higher education. Under the present context, enforcement of religious fundamentalist agenda of the political power would do more harm, particularly when new-found theory of 'nationalist tag' is attached to every issue. Independence and merit must be primary criteria in education. The State need to financially support colleges, universities and other institutions of higher learning, but this should not give it a handle for paternalistic control – academic or administrative. There should, of course, be a general basic regulatory mechanism arrived at through democratic process to curb exploitation and turning education into profiteering industry. This is the basic principle of excellence, which should be at the core of every modern democracy, leaving each institution to work out its own ethos and modus operandi without having to worry about accountability to the power-that-be at every stage. ■



Memory of Shillong and Shillong College

PROFESSOR HARI PADA ROY CHOUDHARY (RETD)
Department of Chemistry
Cotton College, Guwahati



It was August 1964, I arrived in Shillong just after finishing my MSc final examination at Guwahati University and visited St. Anthony's College under the patronage of the renowned Professor S.N. Paul, who also introduced me to the then Principal of the College, Father Joseph, and later Father Canny. My head bows down at the mere mentioning of these names. Professor Paul's versatile personality, his love for human beings, his kindness, his principle of maintaining strict discipline in the institute and his love for his young students has never failed to inspire me and I have nowhere seen such a noble man in the journey of my life at this age of 74. I was asked to begin the process of learning the art of teaching Chemistry under Professor Paul.

But very soon I came across another man in Shillong, (Late) S. C. Datta. He was the founder Principal of Shillong College. Shillong College had just started to function and there was a shortage of everything everywhere. There was not enough money, not enough classroom space, shortage of teaching staff, but there was nothing short of this man, the veteran S.C Dutta. He was a visionary and had an urge to build a dream institution for the young boys and girls of Shillong. This tempted me to be attached to him and to make myself a blessed person along with him to get little blessings from the Almighty. Finally I came to work in Shillong College the next year in 1965. I would work with him the whole day, from morning till the end of the day when the college closed. I worked in the college not as a professor but as an assistant, helping him with the office work. I even helped in collecting student's fees apart from a little teaching in chemistry.

But the dream of going abroad pressed upon me so strongly that I could not confine myself to Shillong and very soon I found myself sitting for an interview hoping to get appointed into Cotton College, Guwahati, where the possibility of going abroad was greater there. Finally my destination allowed me to get a Ph.D. from the University of Manchester and I spent the most valuable part of my life in the UK. I was dazzled by the beauty of the place and the luxuries that the city of Manchester afforded but it could not dismiss the urge within me to return back to my country, and to Cotton College. The memory of Shillong College during my days in the UK and after my return to Cotton College never died down. After a gap of many years I revisited Shillong on 23rd February, 2016, along with two of my neighbours, who had driven me straight down to Shillong College.

In all those years the college had changed considerably. The small dilapidated Shillong College has now turned into a beautiful college, with beautiful buildings, teeming with thousands and thousands of young boys and girls. How it stirred me then, with feelings of satisfaction that I cannot say or express with this little pen and paper. All that I can do is to salute the late veteran S.C Dutta again and again and also those persons who are in the process of developing the College in the activity of academia, in the expansion of space and building and communication and who are doing their best to convert the dream institute of S.C Dutta to a reality. In addition to the achievement of the college, I should not forget to express my gratitude to the Government of Meghalaya for constructing a road to the college. Although the road remains to be narrow but in the future it is expected and hoped that the government will leave no stone unturned to widen the road so as to place the college in full view from the rest of the city. The college is a centre of excellence, a centre of innovation for young boys and girls which offers them possibilities of exploring new avenues and new ideas. It is hoped that from this institution will emerge students whose ideas will amaze a big country like India as well as the world, that people of Shillong, living in the tiny state of Meghalaya are in no way less than the intellectuals of India or any individuals of the world in their accomplishments as they are blessed by the blessings of God. Shillong is a beautiful place, a beauty on Earth as beautiful as the United Kingdom. United Kingdom is a tiny place consisting of a few individuals of England grouped together by the Union of England, Scotland, Wales, and Northern Ireland, totalling only a few lakhs of people at the outset, but who once ruled the whole world. It does not therefore depend on the area, or the population but it is the innovative capacity, and the intelligence of the people in modifying the country's thoughts to the thoughts of humanity because we are all children of God, no matter which country we belong to. Now the people of Shillong, as such the children of Shillong are the blessed children of the Supreme Power of the Universe, who is universally called God. The young students and the coming younger generations

of Meghalaya and Shillong College in particular will be the ones to pave a way for future exploration in the field of technology which is the greatest of all innovation. Through their knowledge they will be able to utilise their skills in the advancement of technology. Technology is a gift of God and places situated in hilly areas are the best for high technology, having the right cool climate which is best suited for electronic gadgets. But the stalwarts of technology, dare to side-step Meghalaya, the best of Hill states in India, because it is a place in the North East and not a place in the Main Land of India. If IBM, Infosys, Wipro or TCS explore their business in Bangalore, Hyderabad or in Poona for the best climate for Computer technology, a day may come very soon, when the entrepreneurs of Meghalaya, the educated boys and girls of Shillong and Shillong College in particular and other colleges of Meghalaya will bring a revolution in Computer technology, as the climate, a God gifted climate might be utilised for the advancement of the state. My sudden visit had found the faculty members of Chemistry such as Shri Kenneth Umdor, Dr. C. Masharing, Dr (Ms) Badaker Laloo and Smt. Larica Pathaw very busy in their activity; Principal Dr. K. D. Ramsiej and Vice Principal Dr. Malay Dey had no time to get up from their work as it appeared that their responsibility lies in the performance of their routine work without break, although my presence had brought a momentary lull in their activity but above all it had illuminated a hidden light in my mind that Shillong College will rise, the boys and girls of the college will shine as they are under sound discipline and under good academic atmosphere. What I have seen and learnt staying in the United Kingdom for a period of about ten years is that work culture is the best culture for a nation as well as for the life style of any individual. English people, old or young, boys or girls no matter their activity continue working non-stop from ten in the morning to five o'clock in the evening with a break of only half an hour for lunch time; be it in the office, home or any institute, but after five o'clock Friday onwards, everyone goes out to enjoy themselves forgetting the world as if they are not normal people. As work culture prevails in Shillong College, no power

on Earth can prevent the all round development of the Institute.

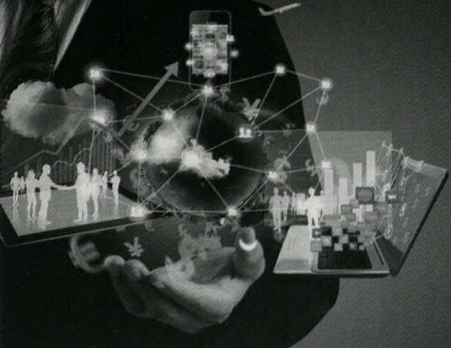
As I am a man of Chemistry I must say something of my experience in Chemistry. The study of the vast subject matter is systematised to a little extent by the great Russian Chemist Mendeleev by discovering the Periodic Table where he placed the atoms in a pattern from which it is possible to study the vast subject and it has even become possible to presume the property of the atom although the study of each atom is as good as the study of a star as we know the exploration of Moon was completed to some extent and that of Mars is in process. Similarly we could say the atom at the beginning of the table such as iron is studied a little which has given us Iron Age, the utility of iron in every sector, the discovery of copper has brought a new change in certain areas, on the other extreme end of the Table the atoms are gaseous such as oxygen, whose utility is very much evident in saving the life process of human beings besides the use in other sectors, the centre the Table refers to Carbon in short C, likewise H for Hydrogen, O for Oxygen, N for Nitrogen and so on. The Table provides the combining power of the atom in such a systematic way as if H has one hand, O has two hands to combine, N has three hands to combine and C has four hands to combine and so on. But still the matter is not so easy, Carbon is the vital nutrient of our body as carbohydrate and glucose, of course Hydrogen, Oxygen and Nitrogen are no way less important to our body because, these are the constituents of water, protein, tissue, fats, apatite (bone) which are present in our body. Besides these 20 amino acids are the building blocks of our body. The research study has revealed that RNA, DNA helix structure controls our body function. The use of medicine in the control of our amino or acid group to a great extent makes our body sound and fit. The whole of medicine is nothing but the product of carbons. Thus today thousands and thousands of carbon products are available in the market. The study of carbon as such is kept isolated as the Carbon Chemistry.

Let us talk of the next atom just below Carbon in the Table, which is Silicon, an atom like Carbon with four

hands in the language of Mendeleev as it occupies the 4th column of the Table. The instillations of IBM-PC in the market on August 12, 1981, had brought a revolution in the world in the communication industry, where the company had utilised the silicon chip as integrated circuit. Thus people have made the world beautiful, the beauty is such that no matter how big the world is, people can see, talk and communicate with each and every one sitting even in a tiny place in the big world.

Today Shillong is different; the Meghalaya Government deserves all credit for that. Today Shillong is comparable with any other developed place of the World but this development has brought up new problems, the traffic congestion because roads are made with beauty no doubt but are very narrow, attempt must be an ongoing process to find out the avenues of expanding the roads, besides that if the underground metro is designed, the traffic might be minimised, in addition to that travel by ropes is also another probability to make Shillong very much convenient for travellers, which I have seen in Singapore. In Singapore travellers going to Santosa Hill, a centre of beauty, made artificially, have different entry gates, and making each centre, a place of wonderful attraction with world events.

At the end my desire or comment rests as- The future of Shillong is beyond spectacular, because God has created this place with scenic beauty, falls in the Hills, Clouds in the sky and Lakes in the surface. Now it is the responsibility of the people of Shillong to rise with adventurous thoughts of innovation to enhance the glory of Meghalaya, expanding its development to the last corner of the state, when the people can boldly say to other people of India that we are the citizens of Meghalaya, we live above all human beings in art and technology, as God has created our place of living, just below the clouds of rain, hence our state is named as Meghalaya, a place very near to the heaven of God. ■



Perseverance in ACHIEVING the FOREMOST and making the MOST

The world we live is a busy world where one would hardly find time for entertainment or relaxation. From school children to employed youths or adults, there is hardly a space or room for rest. The world offers a myriad of entertainments that would give some relief at the end of the day. No doubt the work culture is so hectic in today's world that we yearn for recreation and rest after a hard day's work. One would agree to the fact that our culture is media saturated and few would disagree to it. And in a country like India there has been a lot of influence of Western culture which is an ocean of electronic media starting from the movie theatres, Televisions, Video games, laptops, Cell phones, text messages, music downloads, Emails, blogs which often bombard each one of us in one way or the other. We are indeed in a generation that we are connected to the vast world of information and we even socially connect ourselves online, meeting new people, making new friends on the globe. We all know too well about social networking internet websites including Facebook and the micro-blogging platforms called Twitter that have their way now. Our lives are inundated with media and the rapid growth and pervasiveness of media is sometimes quite alarming. For the students in particular, and public in general, so much time is spent mindlessly gazing at the screen as at times we found ourselves engrossed for hours and hours on the screen when we thought we would make it for just an hour or so only to find ourselves wasting our valuable time and wasted time brings wasted opportunities.

One cannot deny the fact that today we live in *e-world* and every day we are inundated with *e-materials* that we receive through *e-media*, whether for our studies or our jobs or for our personal information. We cannot disagree to the fact that *e-revolutions* are indeed what

we marvel in this age, something that touches lives of people of all ages, they even have become extremely popular all around the world. It is known that now there are millions of people using the website on a regular basis in order to connect with friends and family around the world. Students get new ideas and venture into new academic fields in new locations in the globe. Teachers nowadays are into optimum use of technology to maximize learning process. The basic fact is that no matter how fast the world is now moving through such cybernetics revolution yet it is also important that we realize that we are not entangled in unrealistic amusements and entertainments that may have impact in our real academic, social, private and public life. We live in an age where we endanger an accurate understanding of our own self identity in wasting hours of time pursuing a fantasy world. The principal lesson that we need to learn through cybernetics revolutions is that the good and bad effects are shared equally by all of us on the globe. Nevertheless, students in this digital generation have to be selective in making a choice of information, to organize the time spent in entertainments and also to maximize the use of what is beneficial and minimize what is harmful to them. As we know, education system today needs to combine existing knowledge and new sources of information so that all stakeholders namely teachers, students, management in the education system need to adapt to the ever changing education scenario as to grab the foremost and make the most. ■

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WHEN *Nature Speaks*

*As fireflies lit up my way
And crickets conversed
I walked under your green canopy
And gasped a breath
For the first time in a long time
I felt alive, and life was not the same.
Mindless words ink imagination
Formlessly falling as blue
Soulfully yet silently speaking
Connecting one to the universe
Here alone and conversing
The veil of darkness droops
But it could not blind me
For with my mind's eye
I found my way
Lo' behold back to noisy civilization.*

SMT. AMANDA BASAIWMOIT
Assistant Professor
Department of English





Soul Stirring Songbirds

*Whirring magnetic tapes
Of Poetry in motion
Drives more sense and meaning
Each letter, word and sentence
Plucking notes of emotion
Like the stringed guitar
And tears flow freely.
How can this be?
Reclined and relaxed
In the musical verse background
I drift slowly but deeply to the world
Where words ink my imagination
The mood adding meaning to them
Now speaking the unspoken
Saying so little and yet so much
Songbirds you show me
How poetry matters
When heard or told.*

SMT. AMANDA BASAIWMOIT
Assistant Professor
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KHASI AUTHORS' SOCIETY

SEMINAR HALOR KA PHANG "Ki lum bad ki khlaw kumba ki paw ha ka Kolshor bad ka Literashor Khasi."

KI LUM KUMBA KI PAW HA KA KOLSHOR KHASI

Ka kamon ka kadiang ha ka jingwad jingtip ia ki jingdon jingem ha ki sawdong sawkun ne ha ka mariang ki long ki shot shan kiba pynphalang ia kano kano ka jaidbynriew ha sla jong ka pyrthei, bad ka jingtip ia ki ruh ka long ka nongrim jong ka jingiateri khamtam ha kane ka pyrthei bad ka juk khlehkhaw lang kaba i kumba la ka jong kan shah tyllep noh. Ka jingiöhi jong ka Khasi Authors' Society, ka lah ban long ka jingpynkchie im ia ka mynnor khnang ba ki jingpynkreh kam ba kum kine kin ym kut noh tang ha ki saw kynroh, hynrei, ka dawa jur ia ka jingrah khubor paitbah khnang ki jingpynbit pynbiang kin long kiba don jingmut. Kat kum ka phang ba la kdew ka kynthup 'ia artylli, kata: Lum bad Kolshor. Na ka bynta ka jingmyntoi lang ngan pyrshang kat ba lah ban ai shuwa ia ka jingbatai halor ka kyntien Kolshor. ka kyntien kolshor ka wan na ka kyntien English 'culture' kaba ka kyntien tynrai ka wan na ka kyntien Latin 'cultura' kaba mut ka jingpynlong pynman. Ka kolshor ka kdew 'ia ka jinglong tynrai jong ka jaidbynriew. Kano kano ka jaidbynriew ka don la ka jong ka jong ka thymmei kaba kdew halor ka pyrkhath pyrdaiñ, ka riam ka beit, ka ktien ka thylliej, ka bam ka dih, ka niam, ka jingngeit bad kiwei kiwei. U Carleton S Coon u ong, ka kolshor ka dei ka rukom im jong ki briew kiba la ngam ha ki pateng la pateng lyngba ka jinghikai ba ki 'ioh. U Matthew Arnold ha ka kot lyngkdot jong u, "Culture and Anarchy" u ong, ka kolshor ka long ka jingpiar palei jong ki bor baroh kiba pynlong 'ia ka sap longbriew ba itynnat bad ba kordor, kaba kyrsoi na ka jingieit 'ia ka jingjanai bad kaba kyntur ym tang 'ia ka bor jong ka jingthrang 'ia ka jingtip ba nylla, hynrei ruh da ka jingsliang ba shisha ban leh bha 'ia kiei kiei kiba ker sawdong. U E.B Taylor u ong, ka kolshor ka long kaba tylli mlun ha ka jinglong jingman jong ka longbriew manbriew, ha ka rukom pyrkhath ba 'iar ka kdup kum ka bor shemphang, ka sneng ka kraw, ki aiñ ki kanun, ki riti dustur, ka jingngeit, bad kiwei kiwei ki jingmlen ba la pdiang da ki kynhun jong kano kano ka jaidbynriew ha ka imlang sahlang. Kum ban

shu kdat phak khyndiat halor katei kaba la kdew haneng, kam long kaba bakla lada ngi la ju iohsngew lyngba ki lad pathai khubor kum na All India Radio, Door Darshan bad ruh ki kot khubor ba la pyndonkam da ka kyntien 'Lariti' ha ka jaka 'kolshor', haba pyrshang ban pynshong nongrim halor ki jinglong jingman kane ka kyntien 'Lariti' ka don imat ka jingi'ajan bad kane ka rukom batai jong ki stad pyrkhath. Ha kawei na ki jingkren ha ka All India Radio u Bah Sumar Sing Sawian u la ban ba ka Ktien Khasi kam duna ha ki kyntien, kumta ruh kane ka kyntien kolshor kan 'ia dei dur bha ha ki jingkit jingmut ban pyndonkam da ka kyntien 'Lariti'.

Kawei pat ka bynta jong ka phang ka long shaphang ka kyntien Lum, haba ong ki lum ki wah, ki sim ki doh, ki syntiew ki skud, ki wahduid, ki wahrit bad ki wahbah, ki mawbynna bad kiwei kiwei, ka jingdap ka mariang ha ka jingi'ar, ka jingjylliew, ka kynjang, kiba ngi 'iohi bad kiba ngim lah ban 'iohi. Ka Ri Khasi- Jaiñtia ka long ka Ri ba dap da ki lum ki wah, ka khyndew kaba sboh. Kam long kaba artatien haba ngi krih na mihngi sha sepngi, shatei bad shathie ngin 'iohi ia kiba khring 'ia ki khmat ban peit bad jngoh kaba pynkynmaw halor ka poim u V.G. Bareh, "The Land of Roses":

Dear native peaks by sunshine,
Crowned the rosy hues divine.
Take our all we, to your call,
In our grand sire footsteps fall,
Homeland's righteous flag to shine,
In our morning fresh sky-line
With hands and hearts to exchange
For that glorious sight me rang.

Hynrei, ka jingbuh jingkyntmaw ba shisha, kat kum ka jinglum jingtip, katto katne ki lum kiba kham paw ha Ri Khasi- Jaiñtia kiba pynphalang 'ia ka sengkhan sengpyrkhath kum ha ka jingngeit, ka sneng ka kraw, ki aiñ ki kanun, ka riti dustur bad kiwei kiwei. Kine ki lum ki long: Lum Sohpet Bneng, Lum Dieng'iei, Lum Shyllong, Lum Kuttraw, Lum Niangram,

Lum Miangiong, Lum ĩawpaw, Lum Kyllai Lyngsyun, Lum Symper Kmawan, Lum Symper Nongsynrih, Lum Kyllang, Lum Mawthadrishan, Lum Rableng, Lum Lawbah, Lum Mawleng, Lum Maryngksih, Lum ĩakor Sing, Lum Sonaraja, Lum Mulakongor, Lum Thangsyiem, Lum Tiniang, Lum Bah Bo Bah Kong, Lum Lamare.

Kine ki lum ki don la ka bynta ba kongsan ha ka jingjadi bad ka 'Lariti' ha ka Bri u Hynĳiew Trep; kum u Lum Sohpet Bneng kaba kdew ĩa ka jingjadi ba jan bha hapdeng U Blei bad u brier, une u lum u ĩeng shynna ĩa ka 'Jingkieng Ksiar' kaba long ki dak ki shin jong kaei kaei kaba kynja mynsiem, katba dang ĩeng rasong ka 'Hok' ka 'Sot', kita ki khadhynriew trep ki dang ĩa kiew ĩa hiar na ka jingkieng ksiar, hynrei, ynda la dkut kane ka jingkieng ki khyndai trep ki sah noh shajrong katba ki hynĳiew trep pat ki sah noh ha tbian. Kat kum ka niam ka rukom jong u Khasi ki ju leh bad pyndep barabor ha ka Robibar banyngkong jong u bnai Rymphang, kane ka niam ka rukom ka long ban pyneh rngiew ĩa ka jaidbynriew.

U Lum Shyllong la ju tip kum u 'Lum Shongblei,' dei nangne ba ĩeng ka saiĳ hima ha u snem 1474 da ki khun jong ka Pahsyntiew ban long ki nongseng bad ki Syiem banyngkong jong ka Hima Shyllong bad la ju tip ruh ĩa ki kum 'Ki Syiem Blei.' Ki khun u Hynĳiew Trep haduh mynta mynne ki iei bad burom ĩa u Lum Shyllong, kum ka dak ka jingsngewnguh ki ju leit ban ai jingkiĳa na ka por sha ka por, shuh shuh ki ju pynlong ruh ĩa ka jingleh burom la ka long ha ka shad ka kmen ne ka lehnam. Ka jingĳiew kyntang ĩa une u lum la ong ba ki brier kim ju nud ban shur ne pynsiew ĩa ki dieng ki siej, ki syntiew ki skud bad kiwei kiwei ki jingpynlong ka mariang halor bad ha padun jong une u lum, namar ki ngeit ba kin ĩoh ka jingshitom kiba long kum ki dak jong ki jingsaja ne ki jingjynjar. U Lum Diengiei u ĩeng kum ka dak ka shin jong ka jingkhyllem noh ka jingdum, ka jingplie lad plie lynti biang sa shisien ĩa u khunbynriew ban ĩa shem bad U Blei ban ĩoh pat ĩa ka jingshai.

Ha ka jingĳiaphylliew jingmut bad u bah Sumar Sing Sawian u ong ba u Lum Sohpet Bneng, U Lum Shyllong bad U Lum Diengiei ki long kum ki maw byrsiew ha ka saiĳ pyrkhath jong

u Hynĳiew Trep naduh ki por jong ki longshuwa manshwa kaba dang bteng haduh mynta mynne.

U Lum ĩawpaw u don hapoh ka Hima Nabasohphoh, la ong ba kino kino kiba jem rngiew lada ki leit kiew halor une u lum ki lah ban ĩohpang ĩohkrat, ne don kiba ĩap ruh, teng teng ki nongleit siat mrad ki ju smat ban leit beh khiat ne beh skei namar ka don ki khlaw kiba rben. Hynrei, kaba phylla pat ka long lada u nongsiat mrad u siat ĩa kano kano ka kynja mrad ba u ĩohi ha ka jaka ba ka mrad kan kyllon ĩap, pynban markhongpong u brier u kyllon ĩap.

U Lum Symper Kmawan bad u Lum Symper Nongsynrih ki long artylli ki lum ba don ha ka Hima Maharam, kat kum ka pyrkhath u Khasi la ong ba kine ki lum la ĳiew ba ki long ki lum ba kyntang bad ha ki khana pateng la ju tip ba kine ki artylli ki lum ki don ka jingiaiei bad jingĳajan paralok. Ynda, haba u Symper Kmawan u la ih ha ka jinglong samla u kpa jong u, u la i dei ba un ĩa poikha poiman noh, kumta u kpa u la pyniateh 'sailieh 'saisaw bad ka ĳewma kaba dei ka khun jong u Lum Kyllai Lyngsyun bad ka long kaba bhabrier haduh katta katta. Katba nangĳaid ki sngi ki por kine ar ki la im ha ka jingkmeh bad ka jingsngewthuh jingmut; hynrei, hadien katto katne u Symper Kmawan u la ĩoh khubor ba u kpa u don hapdeng ki jingshitom. U la mih na la ĳing ban leit jngoh ĩa la u kpa bad shwa un mih u la bthah ĩa ka ĳewma ba kan long phikir bad kam dei ban shah ĩano ĩano ruh ban wan jngoh haba kam don ryngkat bad la u kurim, ka ĳewma ka la pynpaw ĩa ka jingkohnguh. Haba u Symper Kmawan u la poi ha ĳing u kpa u la shem ĩa ka jingshitom jur ba la ban ĩa u kpa, wat haba la pyrshang da bunjait ki kynja dawai kynbat, hynrei, kam man ĩarap bad la ong tang kumba katto katne sngi u la khlad noh. Kumta Symper Kmawan u la dei ban sah sa katto katne haduh ban da dep ka niam ka rukom. Ha ka por ba u Symper Kmawan um don ryngkat bad la ka tnga, u Symper Nongsynrih u la leit ban jngoh ĩa ĳewma bad u la ĩapmat, hynrei ka ĳewma ka kynmaw dngong ĩa ka jingbthah u tnga jong ka. Ka buit sianti jong u Symper Nongsynrih da kaba u ong ba u don ka khubor ba phylla ban ĩathuh, haba ka ĳewma ka la shah ba un rung ha ĳing, u la sdang ban jler da kaba ong ba u Symper Kmawan u la bit

jingpang na u kpa bad u la iap, ka iewma ka la sngewsih kthang, u Symper Nongsynrih u la shim kabu da kaba pynntgen ia ka jingsngewsih jong ka bad hadien kata ka la pdiang noh ia u ban long u tnga jong ka. Hadien ba u Symper Kmawan u la wanphai u la lap ia ka sang ka ma, kumta u la ieng da ka thma, ka jingialeh ka la long kaba jur bha, ha kaba kut u Symper Kmawan u la long u nongjop, ka daw ka long namar u ieng ha ka nongrim jong ka hok, katba u Symper Nongsynrih u long ka daw jong ka jingsniew. Kumta u Symper Kmawan u long ka khana jong ka jingbha bad jinghok katba u Symper Nongsynrih pat u long ka jinghab namar ki jinglong ba pohdor.

U Lum Kyllang u don ha ka shnong Mawnai kaba hab hapoh ka Hima Khadsawphra, u long u lum uba heh bad uba kynjang. Uwei na ki stad jingthung (Botanist), u Dr. Hooker uba na ka Ri Bilat haba u la leit kiew sha kliar une u lum ha u snem 1850 u la lap ia u jait jingthung 'lathuthing' (white bushy rhododendron) u bym pat ju lap hangno hangno ruh. Une u lum u don la ka khana ba la ioh ia ka nam Kyllang (storm- god), la ong hateng hateng haba une u Kyllang u ju leit ban jngoh ia ka tnga jong u, ka 'Pung Thadlaskeiñ' kaba don ha Ri lum Jaiñtia, ha ka jingiaid lynti jong u, u da rat dyngkhong ia ki dieng ki siej, ki jingthung jingtep ne wat ia ki iing ki sem. Ka khana pateng ka iathuh ruh ba une u Kyllang shisien la don ka jingia kob pyni bor bad u Lum Symper, hapdeng kane ka jingia pyni bor, la ong ba u Kyllang u la kawang da ki maw, katba u Symper pat u la kawang da ka ktieh.

U Lum Bah Bo Bah Kong u don ha ka khlaw Narpuh hajan Sutnga, la ong ba une u lum u shongkha ia arngut ki shipara trai ha kajuh ka por. Kane ka jingleh ka long kaei kaei ka bym sngewtynnat bad ka bym lah ban pdiang ha ka pyrkhath jong ka longbriew manbriew kaba long shibynta na imlang sahlang. Kumta ban lait na ki marjan marpa u la pynkynriah noh ia ki baroh arngut sha kliar lum ba kynjah, hapdeng kata ka jingkieh sha kliar lum kine arngut shipara ki la thait ian ka bym lah shuh ban batai bad la ong ba u la dei ban bah noh ia ki ha ka ingdong jong u.

Ha kaba pynkut noh halor kane ka phang, lehse ka long

kaba bakla ban ong ba u Khasi um don jingthoh. Hangne ka paw shynna ba ki longshuwa manshwa ki la buh thik pa thik ia ki jingthoh jingtar kiba rim bah kiba paw ha ki dur jong ki khanatang, ki parom-paju lyngba ki lum ki wah, ki syntiew ki skud, ki mawbynna, ki sim ki doh bad kiwei kiwei ba ka mei mariang ka kdup kaba pynphalang shynna ia ka 'Lariti' jong u Hynñiew Trep Hynñiew Skum.

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TIKKELANICHISA CHU·SOKA

(EXCELLENCE THROUGH PERSEVERANCE)

{Excellence is Perseverance in the presence of Obstacles}

“Excellence is an art won by training and habituation. We do not act rightly because we have virtue or excellence, but we rather have those because we have acted rightly. We are what we repeatedly do. Excellence, then, is not an act but a habit”

--- Aristotle

An-chingni janggi tanganio nambatsranggipa gadangrango janggi tangna gita rakbee, duk chakbee aro bimchipe kam ka-anirangchisa nambatgipa biterangko man-na ama. Ia chasongo tikkelanirang, duk chakna sikanirang, rake kam ka-anirang dongangaengaha. Uni gimin ia chasongo an-chingni dedrangna tikkelanichisa chu-sokaniko man-a ine u-iatna aro didianiko on-na nangchongmotenga. Je kamko dakgenchim ba ka-genchim ong-oba chu-sokgijanirang dongenchimoba, uarango watgalgija dake nitaitaiani, jotton ka-taitaie nie tikkelanirang dongna nanga; ka-rongbewalo chu-sokjaode dingtang dake jotton ka-anirang donge nambatgipa gadangona soka sokjana kingking kam ka-na ba dake nina nanga. Mikka bitchi ringe ru-at nade gane kam ka-jaode chu-sokna neng-a. Bi-sa sakantian apsan ong-ja , pilakon dingtang dingtang gunrang donga aro uarang dingtang dingtang kamrango ong-a. Sanaba gisik seng-ani, sanabara doka dam-na git ring-na changani, yakni kamrang, lekka man-ani aro uandake gipin gunrangko on-e Isolan pattiaha. Uni gimin je gunkon Isol an-chingna on-aha, ua gunko jakkale Una rasongko on-skagiparang ong-na nanga.

An-ching jedagpipa kattarangko aganna jakkala, uachin an-chingni chanchianirangko paraka, an-ching maiko chanchia an-chingni kamrangchi mesokskaa; an-chingni dakronggimal kamrangan an-chingni bewal ong-skaa. Art Costa uni ki-tap ‘Habits of Mind’ ba ‘Gisikni Bewalrang’ o janapani gitade gisiko miksongani gnang tikkelanian mongsongbatgipa gisikni bewal ong-a jekon an-ching an-tangtangni

dedrango dal-drochapatna nangenga. Jedagpipa obostarango chagrongoba miksongatangko watgalgija tikkelanian bi-sani mikkangchi chu-sokgipa ong-gniko mesoksamsoa. An-ching dedrangrangna chakchike jotton ka-anirangko skina nangchongmota, jekai an-chingni be-enrangko an-seng baljoke rakkina ranta ka-anirangko daka aro gisikrangko tange rakkina sakselna gita sompi somparangko kal-a aro mikosto minganirangko daka. Unode gisiko tikkelnan sikanirang an-tangtangan ranta ong-barorogen aro an-chingni dakbewalrangko namdapatrorogen. Nokoba ong-ja maina ba skul collegerango gisiko tikkelanirangna cholrang bang-en gnang.

Ia chasongo rakbegipa aro pilakchin susa bada dakanirangko chagrongna nangengaha. Da-ororo nama marksrangko man-pagijade nama collegerango admission man-jaengaha. Sakantinan ra-biani ong-chongmotengaha, rake krengge tikkeljagenchimode ramram janggi tanganinamangba neng-ani ong-chongmotengaha. Gimik bi-sarangan janggi tanganio ra-biani ba susaanirangko ma-a paa ba skigiparangni dakchakachi ba didianichi an-tangtangna on-gimin kamrangko chu-sokatna man-gen. Chu-sokaniko man-na altugipa kam ong-ja , basakobade ga-akonanirangkoba chagrongna nanga. Lekka man-begipa bi-saba an-tangni miksonga gita chu-sokna man-jaode watgalaia, indiba jotton ka-taitaianichi aro rakbate tikkelanichisa chu-sokna man-a. Thomas Alva Edison light bulbko changsanon man-ranaijaha , ua chang hajalsa(1000 ways) cholrangko ra-esa jotton ka-stape tikelanichisa chu-sokaha. Ua chang ritchasku sotskusku jotton

ka-e nio chu-sokjaoba watgaljaha. Ua agana, " Anga ga-akonjaha, ming 1000 choligijagipa cholrangko chagrongaha." ("I have not failed. I've just found 1000 ways that won't work.") Ua agankua, "Mandeni be-enni bakrangko kam ka-atnade tanningko sakselanian ong-a." "The chief function of the body is to carry the brain around." Rake kam ka-anichisa ba tikkelnichisa chu-sokaniko man-a. Aganme-apao agana, "Mia misi wa-pango, Ranga gama biltango". Ua janggi tanganio mongsonggipa mingbriko aganronga-

1. Na-a chu-sokjaoba ka-donggija ong-nabe. Uanonjkon skie ra-bo. Jotton ka-taitaibo. (Never get discouraged if you fail. Learn from it. Keep trying.)
2. Na-a nang-ni tanning aro jakrang minggnichin skie ra-na nanga. (Learn with both your head and hands.)
3. Janggi tanganio minganti gamchatanirangara ki-taponisan ong-ja- a-gilsakko cha-tote nibo. (Not everything of value in life comes from books- experience the world.
4. Skie Ra-enganiko maming saloba dontongna nangja. (Never stop learning).

English ku-siko bilakbatsranggipa kattara 'YET' ong-a. Angade man-jawakon, changjawakon ine an-ching aganronga. Minggipin kattara 'IMPOSSIBLE' jean ong-na amgijani indiba uko gipin dake niatskaode IM POSSIBLE ineba poraiskana man-gen. Gitrangoba pangnan an-ching ring-ronga 'dukko chake sukko man-gen'. Janggi tanganio dukko chake, rake aro bimchpe kam ka-giparang ong-jaskalde chu-sokna man-jawa.

Abraham Lincoln kangalbegipa nokdango atchie Americani President ong-na man-a. An-chingni Garo Hillsoni Purno A-gitok Sangma 1947 bilsini September 1 tariko Chapahati songo atchie rakbee poraie dal-begipa aro niksengbegiparangi saksa ong-aha. Ua 1988-1990 Ona Meghalayani Chief Minister aro 1996 oni 1998 bilsiona Lok Sabhani Speaker ong-aha. Dr Vijaylakshmi Deshmane Gulbarga slum areao dal-atako man-e an-tangni oktangna me-surangkosan pale sime cha-aiachim. Indiba uno dal-e poraina miksogani aro chu-sokna sikani dongani gimin ua miksogatangko

watgaljaha. Ua Karnataka Medical college MBBS ko tikkele jotton ka-anichi chu-sokaha aro Indiao mingsinggipa Oncologist ong-an baksana Karnataka Cancer Society Vice Presidentba ong-aha. Ua bang-a awardrangkoba man-aha aro uni kamoni neng-takani ja-manoba neng-nikgiparangna indin sane bane on-anirangkoba dakenga. Uni janggi tangmesokanian mamingba na-a miksogani dongchongmote tikkekgenchimode mamingba ong-na amgijani dongja ine rongtalen paraka.

Janggi tanganio nambatsranggipa biterangko man-na sakantian miksoganio kim-kim rim-e tikkelgiparang ong-na nangchongmota. Dal-dalgipa manderangni janggi tanganiko niate nion bang-batan man-e cha-gipa, altuae janggi tanggiparang ong-ja indiba an-tangtangni rake, bimchipe aro tikkelanichisa man-na ama. Skanggipa sakantion miksogani dongna nangchenggen, uko man-nade pilak neng-nikani ja-gitotanirang donggenchimoba uarangko chesrange miksogatangona sokna tikkelgiparang ong-na nangchongmota. A-ba gamgiparang bilsini bon-o namgipa biterangko man-na wachi a-rak minggija salrakako minggija bimchipe kam ka-e a-songo songdonggipa manderangna cha-aniko on-a gita chacha an-chingba nambatsranggipa kamona sokna krenggiparang ong-na nangchongmota. Nambatsranggipako man-nade an-chingni salantio ka-rongbewal kamko dingtangmancha dake chu-sokatanian ong-a. (Excellence is to do a common thing in an uncommon way) –Booker T. Washington. ■

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The term 'Life Skills' refers to the skills you need to make the most out of life. Life skills is a term used to describe a set of basic skills acquired through learning and/or direct life experience that enable individuals and groups to effectively handle issues and problems commonly encountered in daily life. They include creativity, critical thinking, problem-solving, decision-making, the ability to communicate and collaborate along with personal and social responsibility that contribute to good citizenship – all essential skills for success in the 21st century, both for healthy societies and for successful and employable individuals.

Life skills are usually associated with managing and living a better quality of life. They help us to accomplish our ambitions and live to our full potential. Any skill that is useful in your life can be considered a life skill. Tying your shoe laces, swimming, driving a car and using a computer are, for most people, useful life skills. Different life skills will be more or less relevant at different times of your life, for example:

When at school or university, you need study skills.

When buying a house, negotiation skills may be needed.

You'll need to work on your employability skills to get a job.

When you have a job, leadership and presentation skills may be useful, along with a whole host of other skills.

When you start a family, time management and organising skills are likely to become important.

There will be times throughout your life when you'll need conflict resolution, stress-management and problem solving skills too.

However, perhaps the most important life skill is the ability

and willingness to learn. By learning new skills we increase our understanding of the world around us and equip ourselves with the tools we need to live a more productive and fulfilling life, finding ways to cope with the challenges that life, inevitably, throws at us.

Life skills are not always taught directly but often learned indirectly through experiences and practice.

Importance of Life Skill Education:

Life skills help adolescents to transit successfully from childhood to adulthood by healthy development of social and emotional skills. It helps in the development of social competence and problem solving skills, which in turn help adolescents to form their own identity. It helps to weigh pros and cons of the situation, hence, act as a mediator to problem behaviour. It helps adolescents to differentiate between hearing and listening and thus, ensuring less development misconceptions or miscommunications regarding issues such as drugs, alcoholism etc.

It delays the onset of the abuse of tobacco, alcohol etc. It promotes the development of positive self-esteem and teaches anger control.

In a constantly changing environment, having life skills is an essential part of being able to meet the challenges of everyday life. The dramatic changes in global economies over the past five years have been matched with the transformation in technology and these are all impacting on education, the workplace and our home life. To cope with the increasing pace and change of modern life, students need new life skills such as the ability to deal with stress and frustration. Today's students will have many new jobs over the course of their lives, with associated pressures and the need for flexibility.

Benefits for the individual

In everyday life, the development of life skills helps students to:

- Find new ways of thinking and problem solving.
- Recognise the impact of their actions and teaches them to take responsibility for what they do rather than blame others.
- Build confidence both in spoken skills and for group collaboration and cooperation.
- Analyze options, make decisions and understand why they make certain choices outside the classroom.
- Develop a greater sense of self-awareness and appreciation for others.
- While students work hard to get good grades, many still struggle to gain employment. According to research done by the CBI in 2011, employers were looking not just for academic success but key employability skills which include: The ability to self-manage, solve problems and understand the business environment and working well as part of a team.

Time and people management

- Agility and adaptability to different roles and flexible working environment.
- The potential to lead by influence.
- Life skills benefit young people.
- It helps them to develop self-confidence and successfully deal with significant life changes and challenges, such as bullying and discrimination.
- It gives them a voice at school, in their community and in society at large.
- It enables them to make a positive contribution by developing the expertise and experience they need to assert their rights and understand their responsibilities, while preparing them for the challenges and opportunities of adult and working life.

“A winner is someone who recognizes his God-given talents, works his tail off to develop them into skills, and uses these skills to accomplish his goals”.

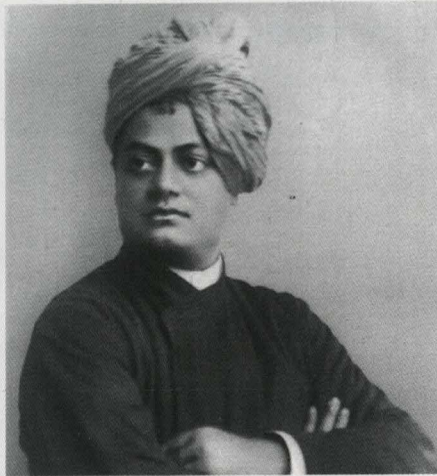
--- Larry Bird

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A CHARACTER SKETCH ON SWAMI VIVEKANANDA THE PERENNIAL FOUNTAIN OF INDIAN NATIONALISM

A spiritual genius of commanding intellect and power, Vivekananda epitomised immense labor and achievement into his short life, 1863-1902. Born in the Datta family of Calcutta, the youthful Vivekananda embraced the Indian society and gave to the West the light of Hinduism. As Eleanor Stark affirms in *The Gift Unopened*, "**Columbus discovered the soil of America . Vivekananda discovered its soul**". At the same time, vehement in his



desire to know the truth about God, he questioned people of holy reputation, asking them if they had seen God. He found such a person in Sri Ramakrishna, who became his master, allayed his doubts, gave him God vision, and transformed him into sage and prophet with authority to teach. After Sri Ramakrishna's death, Vivekananda renounced the world and criss-crossed India as a wandering monk. His mounting compassion for India's people drove him to seek their material help from the West. Accepting an opportunity to represent Hinduism at Chicago's Parliament of Religions in 1893, Vivekananda won instant celebrity in America and a ready forum for his spiritual teaching. For three years he spread the Vedanta philosophy and religion in America and England and then returned to India to found the Ramakrishna Math and Mission. Exhorting his nation to spiritual greatness, he wakened India to a new national consciousness. He died July 4, 1902, after a second, much shorter sojourn in the West. His lectures and writings have been gathered into nine volumes.

We live in times where patriotism has been reduced to celebration by bursting Waving the tricolor, updating statuses and shouting slogans like 'Bharat Mata Ki Jai' and 'Jai Hind' have now become symbols of street-corner Nationalism. For the slightly better lot remembering and glorifying a handful of leaders like Gandhi and Nehru and celebrating the Independence Day on 15th August annually, seems to have become an act of patriotism. In this kind of setting, how does one view the life and times of patriots like Bhagat Singh, Chandrashekar Azad,

Lal Bahadur Shastri and Subhas Chandra Bose? Can our expression of patriotism go beyond this mere sloganeering into something more constructive and useful? Many of our own national heroes who believed in living every minute of their lives for the progress of our Nation have claimed to have drawn their inspiration from Swami Vivekananda. Many of us today continue to see Swami Vivekananda as one of India's greatest Nationalists. How would Swamiji have interpreted

Nationalism? One incident that happened in 1897 just before Swamiji went on his second visit to the West throws some light on this.

It was the days when famine raged with all its attendant suffering and Swamiji's dominant thought was for the victims. The cry of the distressed seemed to transfix his heart and he was completely consumed by the desire to ameliorate their suffering and want. All who heard him talk at that time about the ways of alleviating the lot of the people were amazed by the intensity of his sympathy for his countrymen. There were occasions when pandits, who had come to discuss matters of theology and philosophy, found these matters swept aside in the flood-tide of his compassion, and what to them seemed mundane matters formed almost the entire subject of discussion. For instance, possibly about this time, Pandit Sakharam Ganesh Deuskar, the respected editor of *Hitavadi*, came to see the Swami with two friends. Learning that one of them came from Punjab, the Swami entered into conversation with him on the needs of that province, especially about the scarcity of food there, and how that had to be met. The talk drifted to the duty of the upper classes to provide the poor with education and to the subject of the betterment of their material and social conditions generally. Before taking leave the Punjabi visitor courteously expressed his regret as follows: "Sir, with great expectations of hearing various teachings on religion we came to see you. But unfortunately our conversation drifted towards mundane matters. I believe it was a mere waste of

time." On hearing this, Swamiji became very serious and said, "Sir, as long as even a stray dog of my country remains without food, my religion will be to feed and take care of them. All else is either non-religion or false religion." The three visitors were stuck dumb by Swamiji's flaming words. Years after his passing away, Pandit Deuskar, when relating the incident, said that those words remained ever grafted on his mind and made him realize, for the first time, what true patriotism meant.

On another occasion, a pandit of northern India came to argue with him on the Vedanta. Swamiji was then much depressed at his helplessness in coping with the wide-spread famine. Without giving the pandit any opportunity to discuss the scriptures, he said, "Panditji, first of all try to ameliorate the terrible distress that is prevailing everywhere, to still the heart-rending cry of your hungry countrymen for a morsel of food; after that come to me to have a debate on the Vedanta. To stake one's whole life and soul to save thousands who are dying of starvation – this is the essence of the religion of the Vedanta."

At a time when the nation is reeling with issues of moral degradation, corruption, lack of value-based leadership, society rampant with human brutality and forces that constantly seek to divide rather than unite, what we need is the spirit in which Swami Vivekananda interpreted Patriotism and Nationalism. For him these were not merely emotions for public consumption but reflected a deeper, pragmatic conviction that resulted in concrete action. This positive action meant *wiping away the widow's tears and bringing a piece of bread to the orphan's mouth*. It meant waging a battle against poverty, social evils and the constant striving to bring in equity, justice and fairness in all public affairs. A new India can arise only when we translate this vision of Swami Vivekananda into reality.

Nationalism in India has always been hit hard by varied interpretations. Be it majoritarian dominance or minority appeasement, true nationalism has been a back bencher in the turbulent years of the erratic scam-prone UPA era. The recent JNU controversy has yet again exposed the case of 'convenient nationalism' from pseudo patriots of India.

Admittedly, Swami Vivekananda was a young Hindu saint from India. He played significant role in the growing Indian nationalism of the 19th and 20th century, reinterpreting and harmonising certain aspects of Hinduism. His teachings and philosophy applied this reinterpretation to various aspects of education, faith, character building as well as social issues

pertaining to India, and was also instrumental in introducing Yoga to the west.

According to Vivekananda a country's future depends on its people, stating that "man-making is my mission". Dharma plays a central role in this man-making, stating "to preach unto mankind their divinity, and how to make it manifest in every movement of life".

Vivekananda believed education is the manifestation of perfection already in men. He thought it a pity that the existing system of education did not enable a person to stand on his own feet, nor did it teach him self-confidence and self-respect. To Vivekananda, education was not only collection of information, but something more meaningful; he felt education should be man-making, life giving and character-building. To him education was an assimilation of noble ideas. Education is not the amount of information that we put into your brain and runs riot there, undigested, all your life. We must have life building, man making, character making assimilation of ideas. He said, "If you have assimilated five ideas and made them your life and character, you have more education than any man who has got by heart a whole library."

Social service was an essential aspect of Vivekananda's ideas, and an innovation which deviated from both Advaita Vedanta and Ramakrishna. He nevertheless attributed these ideas to both, trying to reconcile them with his own ideas. According to Vivekananda, an important teaching he received from Ramakrishna was that *Jiva is Shiva* (each individual is divinity itself). So he stressed on *Shiva Jnane Jiva Seva*, (to serve common people considering them as manifestation of God). According to Vivekananda, man is potentially Divine, so, service to man is indeed service to God.

Although we can never describe enough of this great and matchless son of Bharat-bhumi, Swami Vivekananda, but this article seeks to make a small attempt at opening the eyes of our youth to the life of this great man whose teachings and conduct this society (especially the youth) has chosen to forget only to reap damage, destruction, impurity and adulteration in their varied forms. ■

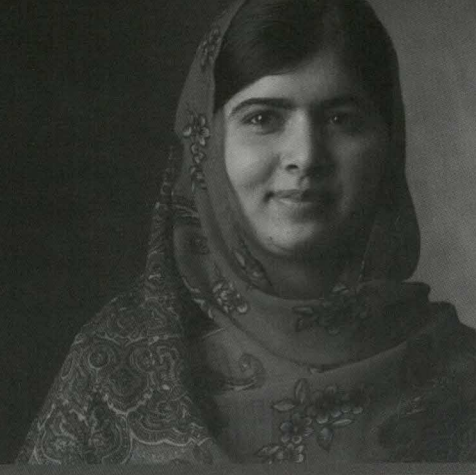
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Malala Day

*One Child, one teacher,
one pen and one book can change the world.*

- Malala Yousafzai



In 2013, UN officially named the 12th of July "Malala Day" in honor of the youngest recipient of Noble Peace Prize and also an advocate of Girl's Education, Malala Yousafzai. Malala Yousafzai, a young Pakistani girl from Swat Valley was born on July 12 in 1997 to a Pashtun family. Her father rented a building nearby and runs a school for girls where he was also the principal of the school. When the Taliban had capture the Swat valley they started imposing their tyranny reign over the people and one of the law that they imposed was banned girls from attending schools. Malala was about 11 or 12 years when this law was imposed in Swat Valley. Many girls were scared and stopped going to school but Malala exemplified her courage by attending school every day. Her courage comes from her father's empowerment. In a CNN interview with Christina Amanpour, her father said that he did not clipped her wings but supported her in her cause and her cause was to be able to go to school. Her desire to be able to attend school was more when the Taliban banned girls from going to school. In her interview with Jon Stewart, the host of The Daily Show, she said that only when a thing is snatch from a person's hand that's only when a person realized the value of it, and that's how she learnt the importance of Education. Her courage was display when she became vocal in Pakistan Media at the age of 12 years and that's when the Taliban started sending death threats against this young girl. In an interview with Jon Stewart she confessed that initially she was scare and had also had a plan in mind that if ever met a Talib she would hit him hard with her shoes but then a second thought came in her that if she did that then she be no difference from the talib and instead of hitting him she planned to tell him about the importance of education and how it can change the world. Her encounter with a Talib came true when on 9th of October in 2012 a Taliban gunman shot Yousafzai as she rode home on a bus after taking an exam in Pakistan's Swat Valley. The masked gunman shouted "Which one of you is Malala? Speak up, otherwise I will shoot you all" and, on her being identified, shot at her. She was hit with one bullet, which went through her head, neck, and ended in her shoulder. Two of her friends Kainat Riaz and Shazia Ramzan were also

wounded in the shooting but both of whom were stable enough to speak to reporters and provide details of the attack. Malala was initially airlifted to Military Hospital, Pakistan and then to Queen Elizabeth Hospital, Birmingham, England. Yousafzai had come out of her coma by 17th October 2012 responding well to the treatment. On 3rd January 2013, Yousafzai was discharged from the hospital to continue her rehabilitation at her family's temporary home in the West Midlands. She had a five-hour operation on 2nd February 2013 to reconstruct her skull and to receive a cochlear implant to restore her hearing. After her recovery, she made her first speech in the UN and said that the her weakness, her fear and her hopelessness died on that day when the Taliban gunman shot her and that incident made her stronger, powerful and courageous and she had no anger against the gunman. When Jon Stewart asked her about if there's a solution to end up terrorism, her reply was that the problems are many but the solution is only one and that is education. She believes that going to school does not mean only studying but in school it teaches about communication, it teaches about tolerance, equality where the students are made to sit in same benches without any distinction about their caste and creed. Since then Malala became an advocate for Right to education specifically Girl's Education and along with her father she started a foundation called the Malala Foundation through which aid will be send to support schools in Syria, Afghanistan, Pakistan, African countries and other developing countries.

On December 10th 2014, Malala Yousafzai along with Kailash Satyarthi from India received a Nobel Peace Prize for their cause, making Malala to be the youngest recipient of the award. When the announcement was made about her getting the Award she was still in school and did not left school for the press conference but completed her day in school. ■

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Minimum Performance Indicators

STUDENT ALERT

The minimum performance indicators in other words PASS MARK/ELIGIBILITY CRITERIA can often be misleading to students. The pass mark criteria for students to procure a degree certificate or graduation certificate is 30% , but, students must also be aware of other performance criteria which will qualify them for higher studies or applying for jobs. The following observations can be highlighted :

1. The 30% pass mark has contributed a great deal to high literacy rate of the state, on one hand, but high unemployment rate on the other.
2. This high literacy rate does not match with the criteria for higher education. A high percentage of students securing 30%-40% in their Under Graduate exam are not able to pursue higher education which demands a higher percentage. Reasons being at higher level the number of seats are less, level of difficulty is more, thus the gap arises.
3. The current literacy rate does not match with employment rate. With many students passing with low marks many of them are unemployable. The job industry demands high percentages from the applicants to maintain quality and be competitive in the market.
4. Students should therefore, be aware of the different criteria in order to better plan their careers. For successive career planning, every student should set high target marks at every level right from 10th Standard to Post graduation.

Minimum Performance Indicators For Under Graduate:

In order to pass the Degree examination, a candidate shall obtain the following minimum marks: -

- i. Candidates without Honours: a. 30% marks in each theory paper. b. 40% marks in each practical paper wherever applicable. c. A candidate securing 33% marks or more but less than 45% marks in aggregate shall be declared to have qualified for the degree as

Simple Pass; a candidate securing 45% marks or more but less than 60% in aggregate shall be placed in the Second Division and candidates securing 60% marks or more shall be placed in the First Division

Minimum performance Indicators For Post Graduate in Central Universities:

A student with Honours in any subject securing an aggregate of 55% (relaxable by 5% for SC/ST) or general Pass candidates securing an aggregate of 50% (relaxable by 5% for SC/ST) may also apply. Minimum Performance Indicators for Professional Courses:

Candidates should obtain a minimum of 50% marks or its equivalent grade to apply to any professional programme.

Minimum Performance Indicators for Procuring Employment:

The following is the eligibility criteria for people who want to get a bank job: For the candidates applying for the job in the reserved category (SC/ ST/ PWD or any other such category) minimum percentage of 55% marks is required.

IBPS - As on 01/07/2016, the candidates should secure a minimum of 60% marks (50% in case of SC/ST/PWD) or an equivalent grade in Bachelor's degree as well as in 12th (or Diploma or equivalent) and 10th standard examinations. The minimum qualifying percentage or an equivalent grade for the Bachelor's Degree will be in aggregate for all semesters/ years.

PSU's, BHEL,ONGC, NTPC etc - The candidates should secure a minimum of 60% marks (50% in case of SC/ST/ PWD). In case of GAIL, Central Electric Ltd minimum 65% can apply for the jobs. ■

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BENEFITS OF LIVING IN A DIGITAL WORLD

Unfortunately I lost my mobile phone in the Chemistry Laboratory on 1st October 2016 between 10.30 to 11.30 AM but fortunately I got back the phone on the 4th October 2016 in the Chemistry Laboratory. Thanks to the CCTV coverage of the College that gave me lot of clues as for the enquiry that led to finding back the mobile phone. Though the FIR was lodged with the Laitumkrah police on 1st October 2016 as per procedure in case of theft, yet the clue obtained through CCTV playback was the solution as in the early hours of 4th October 2016 the phone was found in the Laboratory itself, much before the tracking to be started by the police through IMEI number. Then I had to go and withdraw the FIR in good faith that the student who had surrendered the phone had realized that the phone can be easily tracked and so his mind changed and he decided to return back. This is indeed the benefit of living in a digital world.

For all mobile phone users, IMEI number is usually a 15/17 digit number, IMEI stands for "International Mobile Equipment Identity" and IMEISV stands for "International Mobile Equipment Identity with software version" which is a unique identification of your mobile phone. Just the way we humans beings have a unique fingerprint, IMEI is the fingerprint of your phone. One can find the IMEI number written on your mobile box pack or under the battery of your phone and in case you can't figure it out you can just dial *#06# from your phone and store it in your diary or directory so as to keep a record of the IMEI number in case of theft or loss.

What is actually done in this process of tracking is that the telecom operator with police permission will put reported

IMEI on tracking and as soon as that device connect to telecom network, they get to know the location and they hand it over to police but there is a little bit of hurdle that it cannot be done for every lost or stolen mobile because of huge number of phones and telecom operator will never do it unless they have a written police permission. The IMEI number is used by a GSM network to identify valid devices and therefore can be used for stopping a stolen phone from accessing that network. For example, if a mobile phone is stolen, the owner can call his or her network provider and instruct them to block the phone using its IMEI number. If you lost your iPhone log into your iCloud account there is no need of police permission for tracking as the iPhone itself has a tracking device. One can do this asap Click on Find My iPhone. In case enabled Find My iPhone before it was lost and your phone is powered on, it will show you the location of your phone. If it is difficult for you to understand or recognize the location then Lock your phone from there. But if In case of Android if you have not installed any tracking app than also Android Lost facility of installing remote app can be used to install tracking app, which can give you location of your phone also you can control the device. Certainly everyone therefore needs to get into the optimum use of technology in the digital world where we live in to make the most of the maximum benefits out of it. ■

DR D.L.BUAM
HOD, Department of
Chemistry



Singleton Set

I had a Singleton Set
With one element,
It was you.

Before you're in my Sample Space,
Carried out many tests.
Applied t-test
To analyse your beauty;
Applied F-test
To test your behavior;
With Chi-square test
Had tested your character;
With Z-test
Had found out your qualification.

As a result
You followed Normal Distribution
You're then belonged
To my Sample Space.

Between you and me
A relation was defined
From my domain
To your co-doman
With a function of Love.
To become you

A proper subset of me
Surveyed your love
With Principles of Sample Survey
Keeping your qualities
In different strata.
By the Principle
Of Statistical Regularities
Selected your love;
With Principle of Validity
Estimated your validity of love;
From you
Optimum love was found
With the Principle of Optimization;
Minimizes love variance
Between you and me
Applying Optimum Allocation;
Expected your love the one
With well quality controlled
Governed by chance causes alone.
Using Fisher's Ideal Love Index no.
Measured the relative change
In the level of our relation
W.r.t. time;
In the result
You satisfied all

the criteria of
Good Index Number.

Then you were on Demand
By the compliments of
My Singleton Set.
You and I
Was conformable to each other
To make an ordered pair.

While applying ANOVA
To test your current amount of love
With two way classification in
My Design of Experiment
You are now suffered from
Love sickness;
By the Principle of
Randomization and replication
Try to find out
Your most reliable love,
But at single wrong step
You left my Singleton Set
Made it an Empty Set,
Yet my love for you
Will lie on Real Line Forever.

poem composed by
LIKLAI SANA KSHETRI, IMPHAL
submitted by
MRS. I S KHYRIEM
Deptt. Of Statistics
Shillong College



Student's
CORNER
ENGLISH SECTION

SUCCESS IS IN OUR HANDS

The motivation to succeed comes from a burning desire to achieve a purpose. Success is within the mind of the individual. A large portion of one's life is spent working to become successful. Different people have different interpretations of what success means to them. For some success is measured by social status, wealth, for others good health, good family, happiness, satisfaction and so on.

Therefore, success is subjective, it means different to different people. However to some people success is a journey not a destination, where people never arrive, after they've reached one goal they go on to the next and the next and the next. We all have great ambitions in life, some of us wanted to do something concrete to change the structure of the society in order to improve the living conditions of the poor. Some want to become rich because they believe that life is meant to be enjoyed, and for some happiness is all that matters. Happiness is achieved in many ways and it doesn't always involve money. But one thing is apparent, a successful person is one who knows the reason for his being and uses his creative powers to create and control his destiny. Besides these, commitment and hard work are also things required in order to be successful.

But sometimes people give excuses for not being successful. Some may say that they have problems, others may say that they are poor but poverty and any kind of problem are not the enemies of success.

There are many successful people who have a humble beginning, for example, "Whoopi Goldberg", she is an award winning actress and comedian. She is one of the few entertainers who have won a Grammy and an Oscar award. Before her entertainment career, she earned a tough living as a beautician.

Another example is the singer "Shania Twain" she grew up with nothing in rugged wilderness. Many times there was not enough food to eat, before she become popular and successful, Shania Twain learned to hunt and chop wood and was honing a craft in bars in order to provide extra money for her family.

Even "Indian History" tells us about many great men who had humble beginnings like "Chandragupta Maurya" who founded the "Mauryan Dynasty". He was the son of a peasant. "Kahdasa" was a shepherd boy, "Sher Shah Suri" was the son of a house breeder, Lal Bahadur Shastri was so poor that in his childhood he could not afford the ferry fare to cross a river which was on the way to school and many times he had to swim across it, yet he rose to become the Prime Minister of India.

The key to success is to building a dynamic purpose, the ideal that we see, the path of a purpose not easy but in accomplishing the life-long majestic adventure of high purpose we must take time to map our own glorious journey we must see ourselves as we want to be, know that we can reach the level which we aspire.

We are born to win, we are born to experience good health, happiness, peace of mind confidence and even financial success. We are not born in this world to experience an entire lifetime of sickness, fear, anxiety, loneliness and poverty, yes, while fighting we must face many challenges and problems but we should not give up no matter what, because life without challenges is just a boring life.

There is no one in this world who is like us, the abilities that one person has and the way they express cannot be expressed and created by others. Therefore people are called to compete with themselves. People who imitate others seldom reach great height. Discover your hidden abilities and develop them, believe your talents are worthy of high accomplishment and you will experience it. Believe in victory is often a battle won. One needs to train his mind to accept himself first, and to accept the fact that every set-back, every step forward, is a means of growing into success. Success can only be achieved if one is willing to believe he is successful. Success can only be what one wants to believe it is. Anyone can achieve success it just takes desire. ■

BANTEIPAT WAHLANG
B.A 3rd Semester
Department of Political Science



IMPORTANCE OF *Education* IN OUR LIFE

Education is a very important part of human life. It plays a very significant role in moulding and developing the overall personality and development of the individual as a whole. As a student we may not realise it but once we complete our studies then surely we will come to understand the value of and true meaning of education. Many questions will arise in our mind such as choosing a line of business or what kind of a profession we should go for. Anything that we tend to do in life is not always as easy as we think it is.

A very simple and clear concept of education can be mentioned, that education is something which is very valuable and worthwhile. An individual can only acquire education if he understands the real value of it not only for the sake of educating himself but also to pass it on to others as well. Education in simple terms means studying and knowing of several things not only through books but also through the way of life that we live and also how our mental ability acquires and assimilates them, such as the experiences of our life and what positive changes occur in us when we are educated. Education can be achieved by us only through a good understanding of ourselves and also by the moral behaviour of the individual and how he applies it to his life when he interacts with other people around him.

Education is a lifelong process which never ends as one thinks but continues on in the life of the individual. As time passes he learns and understands more and becomes more mature. Our past life experiences lead us to that maturity and sensibleness because somehow we have learned and gained something from our past experiences which will always remind us not to commit the same mistakes, not to allow our weaknesses to affect our present life. Mistakes should not be repeated.

Academically, what honours or major subject we have opted for does matter. It will be of help when we pursue further studies, it will also help us find our way and reach our destination. But one thing that really matters is if we have the willingness to do something well in life. If we do then we will surely be able to achieve better things in life through the means of education.

Any subject that we are studying is always an important part of our education. Without education no person can call himself educated. All of us as human beings have our own interests, talents, abilities and potentialities in the field of education. So why not make use of it to become a successful person.

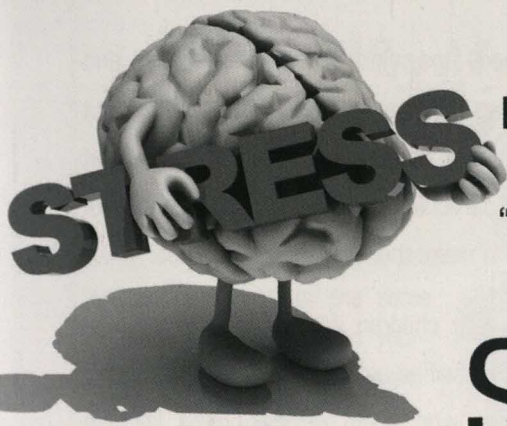
A very simple message is that through education we can make a human being literate by helping him know how to read and write. Every human being has the right to education irrespective of class. There should be no discrimination on the basis of religion, caste, and gender etc... Educational opportunities should be equally provided to all.

Education plays a vital role in our life. The importance of education is not just to make us get a good job but also to help us understand the values of things around us and also life as well. We need a lot more to know about life and we also need to know the importance of many things in our life and also we should not let anything bad or negative influence us.

We do need education in our life to help us share ideas, views and opinions on related matters. Education is the full development of any human being who wants to do something good in his life. ■

AKASH SHARMA
BA 3rd Semester
Department of Education





There's a way to train our
BRAINS TO COPE WITH STRESS
that changes chemistry
"AS MUCH AS ANY ANTIDEPRESSANT"

Stress is often perceived as the villain of contemporary culture: the nagging tension that keeps us chained to our desks during the day, awake all night, and makes us dangerously unhealthy.

But Ian Robertson, a cognitive neuroscientist at Trinity College Dublin and author of the upcoming book 'The Stress Test: How Pressure Can Make You Stronger and Sharper,' says that, while too much stress can be debilitating, a moderate amount is extremely good for the mind.

He explains that stress causes the brain to secrete a chemical called Noradrenaline. The brain doesn't perform at its best with too little or too much of this chemical. But "there's a sweet spot in the middle where if you have just the right amount, the goldilocks zone of Noradrenaline, that acts like the best brain-tuner."

Essentially, Noradrenaline helps the different areas of the brain communicate smoothly, and also helps make new neural connections. "As long as it's not too stressful, we can build stronger brain function. If we have

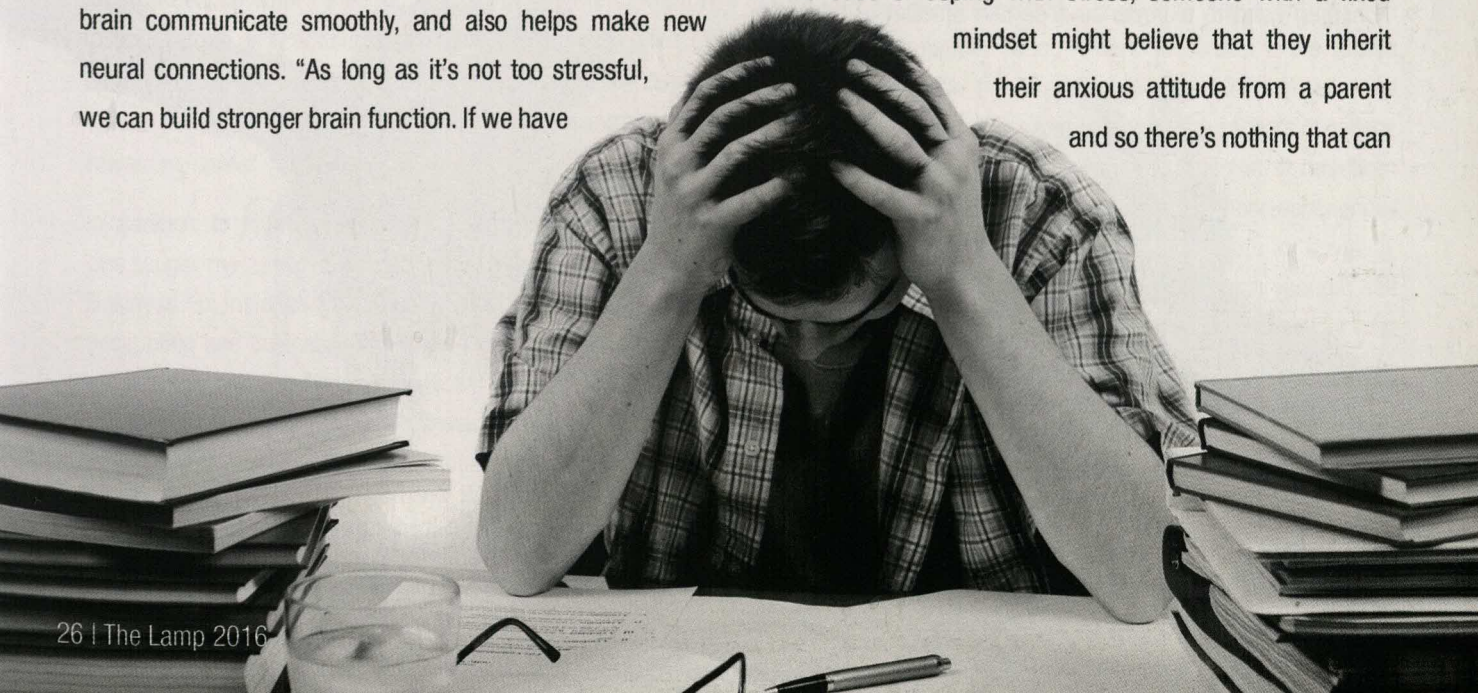
stronger brain function we'll be happier, we'll be less anxious, less depressed and we'll be smarter," adds Robertson.

Not everyone is able to cope well with stress and harness its productive potential. Some become overly anxious and find stress to be an insurmountable burden rather than a stimulant. However, Robertson says that there are distinct techniques we can learn in order to reframe our approach to stress. "We can change the chemistry of the brain just as much as any antidepressant or anti-anxiety drug can, but we have to learn the habits to do that," he says.

Training the brain to thrive in stressful situations

The first, most important factor that determines our approach to stress is whether we have a "fixed" or "growth" mindset. This is based on the work of Stanford psychologist Carol Dweck, who says that the ability to believe that we can change allows us to do so. By contrast those with a "fixed" mindset are far more likely to remain stuck.

In the case of coping with stress, someone with a fixed mindset might believe that they inherit their anxious attitude from a parent and so there's nothing that can



be done about it. This can be “fatalistic,” says Robertson, and so it’s important to examine the source of your beliefs about your emotions.

For those who believe they have the ability to change their approach to stress, Robertson points out that the same symptoms—such as a dry mouth and racing heart—apply to both fear and excitement. Studies have found that when people are put in a stressful situation, such as singing karaoke or answering math questions in front of a panel, rather than trying to stay calm, they perform far better when they simply tell themselves they’re excited.

In line with this, Robertson says it helps to conceive of stress as a challenge rather than a threat. “Making that mental switch, just re-framing it reduces stress and improves performance,” he adds. And finally, faking it until you make it really does work. “If you adopt the external manifestation of confidence and positivity, you can trick your brain into creating the mental correlates of that fake external posture,” says Robertson.

Stress works like the immune system

There can be a downside to constantly avoiding stress, especially early in life. Robertson says that the stress response system seems to work like the immune system, in that it gets stronger if it has a little practice.

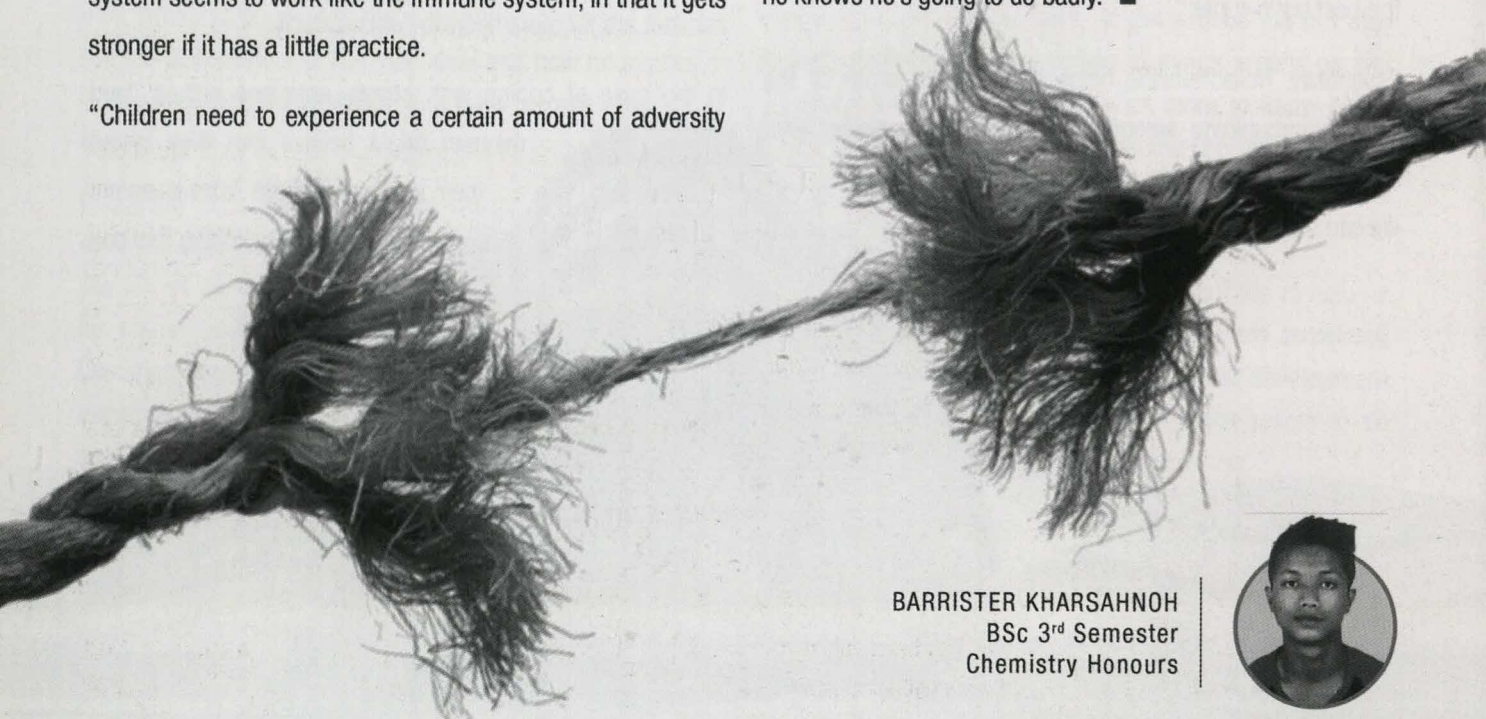
“Children need to experience a certain amount of adversity

so that both their body and mind becomes toughened and resilient,” he says. Too much adversity can be harmful, but Robertson adds, “There’s a sweet spot of adversity that someone can have, particularly in the first two decades of their life that seems to make them emotionally robust.”

Studies have found that children who were adopted at a young age (which is classified as moderate early life stress, compared to children who spent several years in care before being adopted) grow up to have lower levels of stress hormone cortisol in response to stressful situations than US children who’d had very little adversity. Similarly, those who’ve experienced adversity have been found to suffer less physical impairment from chronic back pain than those who lived cushy lives.

And so learning to cope with stressful situations at a young age can be extremely beneficial. While nobody wants to be constantly chasing after stress, a little bit of stress can be a powerful motivator.

“Many comedians and performers worry if they don’t feel that edge of anxiety before a performance,” says Robertson. “Tiger Woods says if he doesn’t feel anxious before a match, he knows he’s going to do badly.” ■



BARRISTER KHARSAHNOH
BSc 3rd Semester
Chemistry Honours



Why My College Experience Has Been My Most Valuable



As a kid, many people get asked different variations of the same question: "What has been your best experience?" And even at that age, there are many joyful moments to consider—birthday parties, trips to the local amusement park, and bicycle-riding lessons. But often, it is not until your adult life that you go through many of your most valuable experiences.

Some, for instance, may find their time in the military to be of utmost importance to them, while others sometimes find that their experience as a parent was the most rewarding one they have had. Personally though, I consider my time in college as my most valuable experience.

First, my experience in college has given me a chance to sharpen my skills in my field of choice. There have been, and there will continue to be, many opportunities to learn, more ways of improving my craft as a result of my time in school, which I am truly thankful for. For example, the Writing Centre at my school has taught me many writing tips and rules that I was unaware even existed, and would still be unaware of had it not been a part of my experience. Because of this, I realized I still had a lot to learn despite what I thought; but this allows me to improve my skills more as I continue to attend school and also gives me more confidence in my area. And as a result, I know one day this valuable experience will help me in my search for another one-a-rewarding career.

In addition to learning practical skills, being in college has also taught me a lot about Commerce such as Accounting and Business. For instance, I have had the privilege of learning about accounting and business in unfamiliar parts of the world, such as National and International, which I had no knowledge of beforehand. From this experience, I have learned many interesting things about the law in which these are typically followed. Learning about many different accounting and business ideas and practices in other areas of the world, has been valuable to me because it has cleared up some misconceptions I had, thus

allowing me to be less ignorant on the topic. It has also given me a better understanding of others' beliefs and traditions, no matter what region of the world they originated.

This has made my time in college much more enriching and worthwhile. Also, there are other economics and managements subjects that were valuable for me to learn as well. For example, I was fortunate to have taken classes in Accounts during

my earlier years in college. I had always wanted to know more about Accounting since I have found more interest in calculation and how it works. I have learned about the process by which the balance sheet of any organisation can be created. I have thoroughly enjoyed learning about all of this and hope to learn even more about different aspects of accounting parts, in the future. I consider this subject a very valuable and important part of college experience because, not only does it allow one to understand how it works, but also gives them more knowledge of how to prepare a balance sheet of any other organisation.

In summary, my time in college has enriched my life in many ways. It has provided me with the necessary tools to enhance my skills more, taught me valuable knowledge about this diverse world and people and concepts in general and eventually will enable me to hopefully become more successful in life. It also has stressed to me the importance of thinking critically and asking questions in many situations. All these aspects of college have also made me better-rounded as a person. It has been easier for me to achieve these opportunities. These experiences are truly irreplaceable and I would not trade them for anything. If I could go back in time and speak to my much younger self when I was first asked the question, "What has been your best experience?" the baby-faced version of me would certainly have been surprised by what my answer is now.

Thank You

ABHIJEET PAUL
B.Com 3rd year

THE ABCs OF *building a better Life*

Accept people for who and what they are.

Be kind and considerate.

Create a positive, can-do atmosphere.

Don't insult or demean.

Encourage others.

Forget about past wrongs done to you.

Grow smarter and wiser.

Hang around with positive people.

Insist on smiling at everyone.

Join clubs or programs at your school or church.

Know that God loves you no matter what.

Laugh as often as possible.

Make a new friend.

Nip jealousy in the bud.

Open your mind to new ideas, new friendships.

Pick up after yourself without being asked.

Quit insisting on being right all the time.

Reach out to someone who is struggling.

Stretch your abilities.

Talk about your goals to those who can help you achieve them.

Uncomplicate your life.

Vindicate yourself by your upright conduct, not excuses.

Wait to talk. Don't wait to listen.

Xerox (or photography on the machine of your choice) a humorous quote, and share it with someone.

Yank hurtful, hateful words from your speech.

Zero in on what you need most to accomplish, and do it!

**Which of my ABCs
do I need to work on today?**

*Be careful how you act;
these are difficult days.
Don't be fools; be wise;
make the most of every
opportunity you have
for doing good.*

Ephesians 5:15-16.

PHIDAPYNBHA KHONGSTIA
Bsc 3rd Year
Department of Zoology



HOW EARTHQUAKES OCCUR

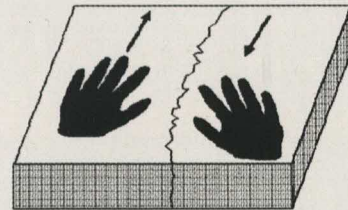
Beneath the earth's surface is a series of plates – called tectonic plates – which constantly move past each other. Sometimes, the jagged edges of the plates can clamp into each other due to friction, gradually building pressure until they slide past each other with a jolt. At this point, the release of pressure results in shockwaves – these shockwaves are called earthquakes.

Underground explosions, digging, and volcanic activity are a few reasons that trigger earthquakes. While there is no protection against earthquakes of great magnitude, the materials used in construction are crucial to a building's resistance against earthquakes of lesser magnitude.

Minor earthquakes are happening beneath our feet all the time – it's just that we don't feel them. These are called micro-earthquakes and are at a magnitude of 2.0 or lesser on the Richter scale. Over the 6.0 mark, earthquakes can cause devastation.

- Put the rough edges of the foam rubber pieces together.
- While pushing the two pieces together lightly, push one piece away from you along the table top while pulling the other piece toward you. See how they stick?

Keep pushing and pulling smoothly. Soon a little bit of foam rubber along the crack (the fault) will break and the two pieces will suddenly slip past each other. That sudden breaking of the foam rubber is the earthquake. That's just what happens along a strike-slip fault.



World's Twelve Largest Earthquakes

Includes all measured earthquakes since 1900

Magnitude	Location	Date
9.5	Chile	05/22/1960
9.2	Alaska	03/28/1964
9.1	Off the coast of Northern Sumatra	12/26/2004
9.0	Honshu, Japan	03/11/2011
9.0	Kamchatka	11/04/1952
8.8	Off the coast of Chile	02/27/2010
8.8	Off the coast of Ecuador	01/31/1906
8.7	Rat Islands, Alaska	02/04/1965
8.6	Northern Sumatra	03/28/2005
8.6	Tibet	08/15/1950
8.6	Off the coast of Northern Sumatra	04/11/2012
8.6	Andreanof Islands, Alaska	03/09/1957

Data from the United States Geological Survey. ■

What instruments are used to measure earthquakes?

The seismograph and the seismoscope are the two main instruments used to measure the strength of earthquakes. The seismoscope is a simple instrument that measures the time that an earthquake take place. The seismograph records the motion of the ground during an earthquake.

Why is Japan prone to earthquakes?

Japan is prone to earthquakes because it is within 125 miles of large tectonic plates ranging between 6 and 30 miles thick, and they move between 3.1 and 3.5 inches per year. In 2011, an 8.9 magnitude quake hit Japan's coastal line. It was 80 miles offshore and 15 miles beneath the sea's surface, and it produced a break in the earth's crust that over 180 miles long which resulted in a large Tsunami.

Try this little experiment:

- Break a block of foam rubber in half.
- Put the pieces on a smooth table.

LASOLANG | JONES RYMBAL
BSc 3rd Year
Zoology Department



Life

Life is the name of purpose, struggle, love, dedication and a number of feelings and emotions. Life shows its true colours with time. It depends upon how you look towards life and what is your strategy of leading an ideal life.

Life takes a number of turns during its whole span. Life may not be kind to you all the times. There are tough times which really test your courage and your capabilities of facing unfavourable situations. How well you tackle these adverse conditions prove your credibility. People who just close their eyes to avoid facing the hardships of life are cowards.

They do not have the courage and stamina to stand firm in front of life's demons. Remember that nothing can be done without trying, without striving hard to get yourself out of trouble, without facing the situations bravely. Such incidents in life improve your approach towards destiny. These incidents may entirely change one's life (in some cases). These make you thinking a bit more rational. If there were no such thrills in life, it would be quite boring and monotonous. These incidents make you a strong-nerved person. In other words, life tests you all the time.

"Life is different from a teacher because a teacher teaches a lesson and you take the exam but life gives you first the exam and then teaches a lesson."

When you are in love, life changes its meanings, priorities and requirements. Life seems to be confined within the kingdom of your loved one's heart. Life is a gift of God and to love and to be loved is the best feeling in life which has no parallel. Everyone wishes to live a

blissful life with his/her life partner. Life can be blissful only if you know each other, understand well and stand for each other through bad times.

Do not waste your life. Life should have some purpose. Identify your aim, head towards your destiny and spend your entire life in achieving your goals. This is what we call life. It is a wise saying that time waits for no one. Once it is spent, it is gone. We've got to be wise in choosing our priorities so as not to waste any of our precious time. Keep on trying to reach your goals and don't lose hope.

It is said by Paulo Coelho:

"When you want something, the entire universe conspires in helping you to achieve it."

Life is worthless without hope. Hope is the key element in life which never lets you down and keeps your morals high. Always be optimistic and have faith in God. Everything happens for a reason. Sometimes a slight inconvenience makes us to think that we are unfortunate, life is cruel etc. but this is not true. Spread optimism instead of pessimism. It will light up your life positively.

Remember that:

"The darkest hour of night comes just before the dawn."

The inspiration of life is to serve mankind. Spread happiness and you will be blessed!! ■

ABHIJEET PAUL
B.Com 3rd year

Patience

Living in the world of destruction,
Haunts our mind every now and then;
Sinful pleasure keeps on rising,
When someone steals what we have been praising.
Our mind makes us do evil things,
And we fail to realise;
How we hurt others' feelings,
So I say, seek no revenge,
Try not to avenge yourself.
Be brave enough to let it go,
Have patience enough for a better tomorrow.
By doing that make you no coward,
But instead help you move forward.
Bloodshed and Wars are not always the answer
As no darkness is greater than your Prayer.
And let your Faith be your strength,
So that no evil thought will creep into your mind;
Remember to treat no one as your foe
And you will have no fear of living tomorrow.

If you wish to change the present,
Change it through your action;
But never take barrel as an option.
Instead act wisely, move gently,
The world itself will admire your courage
And name you as a future of Humanity.

WRITTEN BY
Kevin Nonglyer Fancon

(Inspired by Joy Fancon)

THE MOON

When I was young I used to wonder
What was there on the moon?
The covet desire makes me ponder,
And I want to be there soon.
With time slowly passing by,
I watched the starry sky.
The round non-luminous object,
That is perfect for my subject.
Here from earth everyday I see,
I wonder if it's looking at me.
Sometimes it turns red in colour,
At midnight it gives me a terror.
God created the moon beautifully,
And at night it shines brightly.
He made it so that we'll not lose sight,
Of the things that occur at night.

NICKEL DAMAN PYNGROPE
XI Science

VALUE OF **ONE** SECOND

*To realise the value of ONE YEAR
Ask a student who has failed in his exam.*

*To realise the value of ONE MONTH
Ask a teacher who has not got his salary.*

*To realise the value of ONE WEEK
Ask an editor of a weekly magazine.*

*To realise the value of ONE DAY
Ask a daily wage labourer.*

*To realise the value of ONE HOUR
Ask lovers who are waiting to meet.*

*To realise the value of ONE MINUTE
Ask a person who has missed the train.*

*To realise the value of ONE SECOND
Ask a person who has survived an accident.*

Self ESTEEM

Self-esteem plays a very important role in one's life. People with good esteem are likely to be happy and successful in life. Those with low self-esteem face depression, discouragement, fear and anxiety of making mistakes, being rejected, and looking foolish or inadequate and overall, leading to a mournful life.

Nos. Yes / No

1. Are you easily hurt by criticism
2. Are you very shy or very aggressive
3. Do you try to hide your feelings from others
4. Do you fear close relationship
5. Do you try to blame your mistake on others
6. Do you avoid new experiences
7. Do you find excuses for refusing to change
8. Do you continually wish you could change your physical appearance
9. Are you too modest about your personal success
10. Are you glad with others fail

If you answered MOST of these questions "YES", your SELF-ESTEEM probably needs improvements.

Nos. Yes/ No

1. Do you accept constructive criticism?
2. Are you at ease meeting new friends?
3. Are you honest and open about your feelings?
4. Do you value close relationship?
5. Are you able to laugh at (and learn from) your mistakes?
6. Do you look for and tackle new challenges?
7. Are you able to accept about your physical appearance?
8. Do you give yourself credit when credit is due?
9. Are you happy for others when they succeed?
10. Do you notice and accept changes in yourself when they occur?

If you answered MOST of these questions "YES", your SELF-ESTEEM probably a healthy opinion of yourself.

ERIMONYA, N. SOHLANG
Class XI Science

KYRSHAN SKHEM LATING
B.A 3rd Semester
Department of Education



Things I LIKE and DISLIKE about my College



Shillong College is a great college. Established in 1956, we recently celebrated the 60 years of its existence. Being a student I'm proud to mention that many great people have emerged out of it and many more will move forth.

Among many I would like to name few things I LIKE most about my college.

1. My college is a great and grand college with a cheap admission fee.
2. The student performed excellence in their exams and extra activities.
3. Ms. Joya Choudhary, HOD of History department, treat us like her children.
4. I can easily approach the Principal and I admired that all Teacher cooperate effectively.
5. To be truthful, the best part is that there are varieties of Beautiful Girls in the college.

But at times I used to ponder about one thing. Only ONE thing that I DISLIKED about my college.

That is the mindset of its students. Good to mention that just we got GRADE A. But worst when we look around

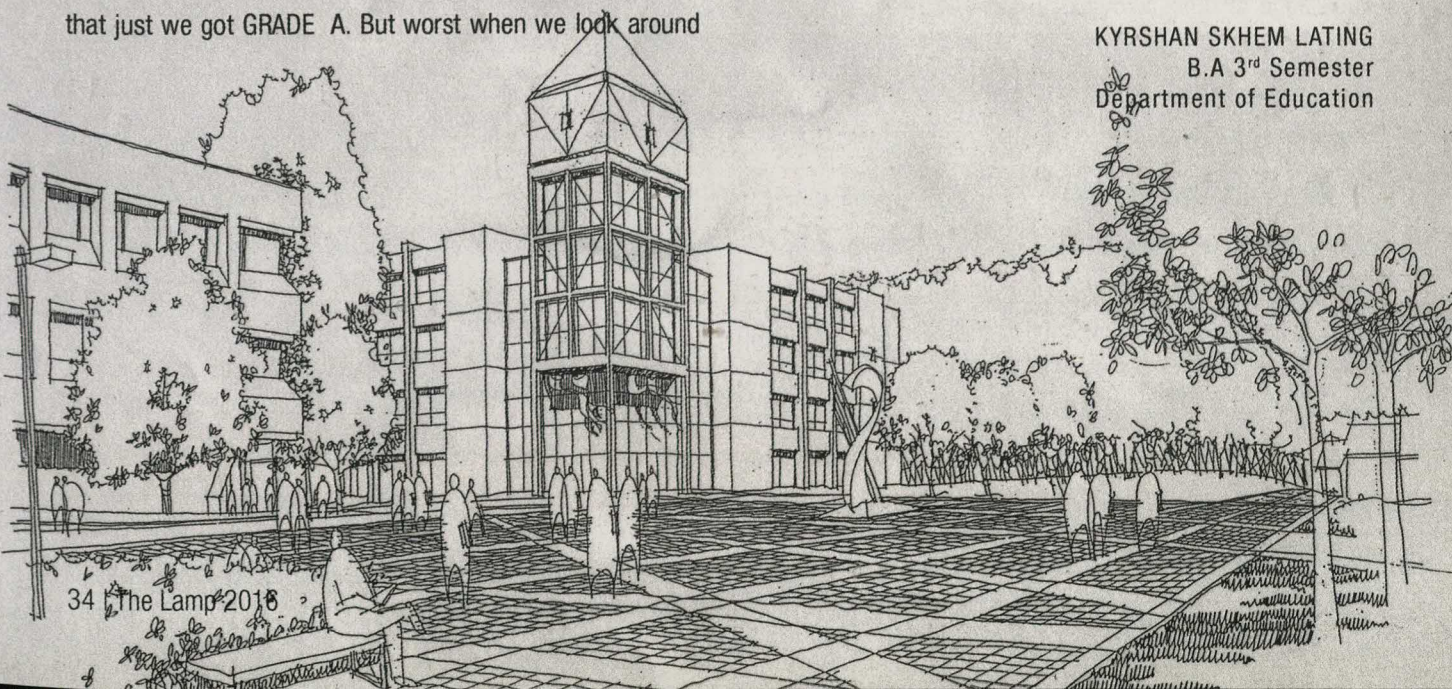
the college campus. Red marks everywhere that the students intentionally SPIT anywhere-everywhere they feel like. Inside the classroom, corridors, footpath, canteen, toilet-everywhere. Its ashame thing to see that on the roadside on that long blue wall, red spitting mark all over it. They would have tea inside the buildings and dirty all over the place. Some Brainless student who took lunch inside the classroom, they would simply left the scraps and junk food items inside the classroom. It is really disgusting.

I guest most of the students are spineless. Why? Because they would bend over the wall and put their dirty shoes on the wall and left it dirty. Unavoidable we have to bear the smelling nature of the toilet. But on top of that one has to hold his breath in the toilet because of the smoke combine with the smell it's really unbearable. Certainly all of you who read these lines have seen all these. If not, I would suggest that you better got your eyes fixed.

To sum up, I call upon all my mates. Let us be up to date and to make our college clean and pleasant place to learn. A home to interact, love and respect one another. Then only we can PURSUE WITH PERSEVERANCE.

I LOVE SHILLONG COLLEGE*** SHINE SHILLONG COLLEGE

KYRSHAN SKHEM LATING
B.A 3rd Semester
Department of Education



Love

Love can be defined as an emotion, a feeling which bonds hearts together. Love is such a huge topic, it includes so many aspects and a normal person definitely experiences at least one of its forms. Love knows no boundaries. It is a passion; a person in love can cross any obstacle in the path towards his destiny. He somehow manages to find ways to get near to his love. His dedication makes the hardships, a bliss. Love has many kinds. Some people have love for knowledge, love for humanity, love for country, and love for his family (which every person experiences).

Some people love their aims and decide to shake Heaven and Earth in order to achieve their goal. For example if someone wants to be the president of his country, he will surpass each and every restraint on his way to win the hearts of his people through his skills. If someone wants to get higher education to excel in the race of life, he would surely face all the hardships with courage in order to make his dreams come true. If we talk about love for knowledge, this makes a person devote his life towards gaining and spreading of knowledge. He can write literature which gives him pleasure and the satisfaction of imparting his experiences, philosophies, opinion and knowledge to other knowledge seekers. These benefit the learners a lot. Charity homes are the best example of love for mankind. The NGOs work for the betterment of poor, sick, unemployed, handicapped, displaced people. These NGOs are the hope of life for orphans and runaway children.

Now we talk about the love for family. This kind of love is experienced by every member of the family. This kind of love influences a person to keep his family delighted. The head of the family prefers to provide his family members a smart life. This is the secret of a blissful life. Love for your country is another aspect. Patriots devote their lives in contributing towards the progress of their country. Army men serve by preventing evil forces from dominating their land and their

people and never allowing compromise over law and order. And then there comes the most interesting kind of love. Yes it is the kind love which is the most colourful of all, teenage love or may be a secret crush. A person in love feels like flying high in the skies all the time, he has a reason to be happy and life becomes beautiful like never before. It urges you to "live your life" in its true sense. Love lightens up your life positively. It encourages you to 'live' for your loved one, do only what he/she likes, get dressed up for him/her. In short mould your lifestyle the way your loved one likes. This love does not last longer if it is only one-sided. It is obvious that a lover wants this feeling to be reciprocated in the same way otherwise he/she gets disappointed. If both persons in a love relationship reciprocate each other's feelings then such relationships not only become the reason to live but prove to be nutrition for the soul and these last forever and ever. ■

ABHIJEET PAUL
B.Com 3rd year



Golden Gun Blasts Cancer Cells



Gene gun that fires DNA-coated gold pellets has successfully treated cancer in animals for the first time by the doctors at the University of Wisconsin, Madison (USA). Such treatment could halt the growth of tumours in mice. In some cases it has even destroyed the cancer cells.

The genes are prepared using conventional cloning techniques. They are then precipitated onto beads of gold about one micrometer in diameter. These are fired into the target tissue at point blank range by a pulse of compressed helium. By firing just a few pellets, using gas at a pressure of almost 35 atms, the genes can be targeted in a tightly focussed dose to the deepest regions of the tumour. By reducing the pulse pressure and increasing the number of pellets, it can deliver the gene-carrying shots to a wider area and a shallower target.

Wenn Sun, William Ershier and Ning-Sun Yong used the gun to attack tumours under the skin of mice. Once inside the tumour cells, the new gene stimulate them to produce molecules called Cytokines. These alert the body's immune system to produce white blood cells that attack the tumour. These scientists focussed on the "cytokines gene, including interleukin-2, tumour necrosis factor alpha and interferon gamma". They could see major anti-tumour activity. They claim that some animals became tumour free.

These researchers say that shot-gun method of gene transfer is easier than using viruses and liposomes. Preparing genes for the gene gun is much faster and the sheer force of the shot blasts genes straight through the cell's defences at near supersonic speeds. The cells repair the rapture within minutes. ■

LASOLANG I. JONES RYMBAI
Bsc 3rd year
Department of Zoology

Funny Science Facts



- Rabbits and Parrots can see behind themselves without even moving their heads!
- Butterflies taste food by standing on top of it! Their taste receptors are in their feet unlike humans who have most of their receptors on their tongue.
- Most of the dust in your home is actually dead skin! Yuck!
- Although the Stegosaurus dinosaur was over 9 metres long, its brain was only the size of a walnut.
- Humans get a little taller in space because there is no gravity pulling down on them.
- Because of the unusual shape of their legs, Kangaroos and Emus struggle to walk backwards.
- A Hippopotamus may seem huge but it can still run faster than a man.
- Even if an analog clock is broken, at least it shows the correct time twice a day.
- Sneezing with your eyes open is impossible.
- The trickiest tongue twister in the English language is apparently "Sixth sick sheik's sixth sheep's sick" Give it a try and see for yourself. ■

KIM BIAK CHING
BSc 3rd Semester
Department of Chemistry

PERSEVERANCE won't make you SUCCESSFUL (BUT WITHOUT IT YOU WON'T GET ANYWHERE)

Perseverance is about pursuing a higher goal and developing an ability to deal with setbacks and failure on the way. Persevering is a combination of mindset and habit. Mechanically it's about having the stamina to actually keep going and doing the right things. Mentally it's about knowing where to go and how to deal with setbacks. Perseverance alone will not make you successful, but without it you will never get anywhere, and with it you can go further than most people.

Persevering is about setting the right goal, having the right mindset and doing the right things habitually.

- Set a goal

Most people fail to persevere because they have no larger goal in life. Choose one because keeping going without knowing where to go obviously won't work. Setting a larger goal, not for our start up or occupation, but in general, is where perseverance starts. It is the single most important thing to persevering - the larger the goal the smaller the challenges will seem on the way.

Once you have your goal in mind, just set a target that will get you closer and start walking. Stop constantly questioning the future and the alternatives. Just pick something and do it and, even if you're wrong, chances are that on the way you'll unearth very good alternatives, better ones than if you had done nothing or something small. Quit stalling and start moving towards your goal.

- Persevere Mentally-Thinking Right

If you want to persevere you need a certain mindset and perspective on things to make it through the tough spots. Thinking "right" sometimes means thinking what no one else is thinking-the kind of thoughts that seem odd to other people or are obviously contrarian. Sometimes perseverance involves taking a stance that you might occupy on your own for awhile.

People that persevere expect obstacles and are also contrarian in the sense that they even love and seek them because overcoming them helps them grow. It's an attitude towards challenges that equates to an opportunity that makes you better once you've dealt with it. One of the inspiring quotes by Arnold Schwarzenegger "I hear this all the time. As a matter of fact, I love it when someone says that no one has ever done this before, because then when I do it that means that I'm the first one that has done it".

In the face of what feels like extreme challenges (opportunities) you need an unshakeable foundation- self confidence paired with an unquestioned belief that you will make it through anything. Importantly, self confidence is a result of skill, not ego. Erich Fromm makes an amazing point in "To have or to be" when he states that ego is what most people groom their entire life; it's what can be destroyed. Skill on the other hand can't be taken away from you. People that persevere don't tend to care much about setbacks or dwell on them. They just tick them off their "to-do-list", learn and move on. Setbacks barely even compute. It's just the starting point and it's within your power to master them. There literally are no crises-just minor bumps on the road that you learn from. If you want to persevere take ownership of everything. There is no fate or luck. You alone are fully responsible and you own up to and sort things out immediately. It doesn't mean beating yourself up, it just means you can't delegate responsibility to achieve or improve. You control everything - especially yourself that is mind over body. You shape your environment and not the other way round. When things get you down remind yourself that perspective changes everything.

"GOD HELPS THOSE WHO PERSEVERE".

CYNTHIA BAKOR PDE
BSc 3rd Semester
Department of Chemistry



I'M SERIOUS & YOU CAN CALL AN AMBULANCE.....



1. A dozen ways to differentiate School and College

- In school, you do homework. In college, you study.
- In school, you wear backpack on one shoulder; in college, on both.
- In college the professors can tell you the answer without looking at the teacher's guide.
- In school, you're told what classes to take. In college, you get to choose; that is, as long as the classes don't conflict and you have the pre-requisites and the classes aren't closed and you've paid your tuition.
- In school, if you mess up you can sweet-talk your way out of it. In college, you're lucky to ever talk with the professor.
- In school, when the teacher said, "Good morning" you mumbled back. In college, when the professor says, "Good morning" you write it down.
- In college, weekends start on Thursday.
- In college, it's much more difficult to figure out the course schedule of the woman/man you have a crush on, in order to figure out he/she will be walking around campus in order to "just happen to bump into him/her".
- In College, there's no one to tell you not to eat pizza three meals a day.
- College women are legal.
- In school, you can't go out to lunch because it's not allowed. In college, you can't go out to lunch because you can't afford it.
- In college, you can blow off studying by writing lists like this.

2. They say it.....and meant it too

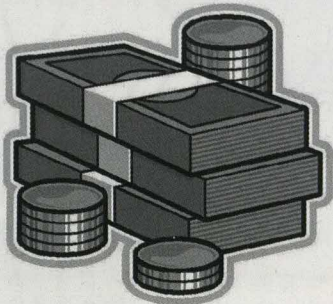
Sense of humour is not something that is easily found in people. It requires a refinement of intellect that in most cases comes naturally to a person. Of course it is possible to acquire a sense of humour just as it is possible to master an art form through diligence and dedication. It is a special ability to see things in a different light and also to see things lightly, as the case maybe.

Following are lists of statements that are almost as famous as the personality that uttered it. The moods are different and so are the flavours. See if you can identify your favourite brand of humour:

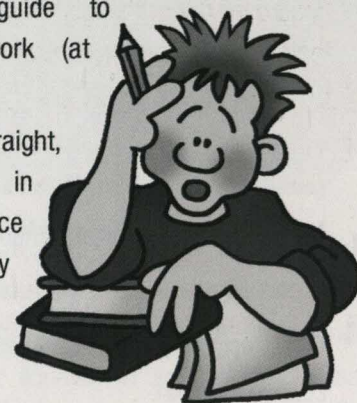
- A celebrity is a person who works hard all his life to become well known, then wears dark glasses to avoid being recognized.
- Just because nobody complains doesn't mean all parachutes are perfect.



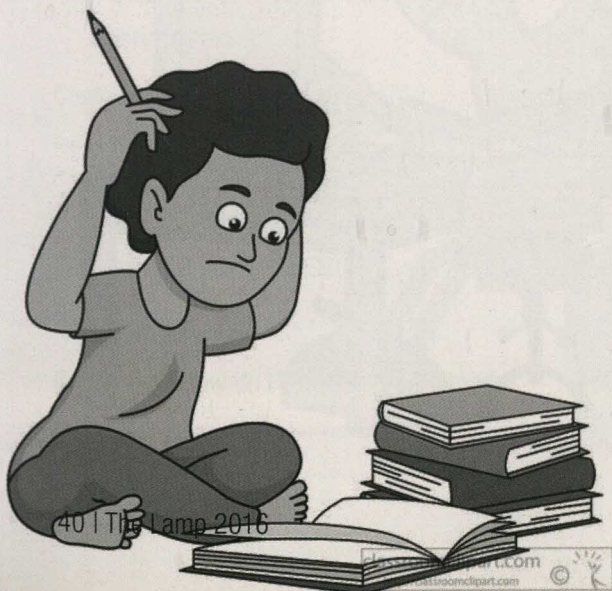
- A compromise is an agreement whereby both parties get what neither of them wanted.
- After all, what is your host's purpose in having a party? Surely not for you to enjoy yourself; if that were their sole purpose, they'd have simply sent champagne and women to your place by taxi.
- A gentleman is a man who can play the accordion but doesn't.
- A little sincerity is a dangerous thing, and a great deal of it is absolutely fatal.
- Lead me not into temptation; I can find the way myself.
- You know, somebody actually compliment me on m driving today. They left a little note on the windscreen; it said "Parking Fine".
- Maybe this world is another planet's hell.
- I am ready to meet my Maker. Whether my Maker is prepared for the ordeal of meeting me is another matter.
- This suspense is terrible. I hope it will last.
- Don't worry about the world coming to an end today. It is already tomorrow in Australia.
- A signature always reveals a man's character – and sometimes even his name.
- When choosing between two evils, I always like to try the one I've never tried before.
- The remarkable thing about Shakespeare is that he really is very good, in spite of all the people who say he is very good.
- If you think MONEY doesn't brings HAPPINESS..... Then you can t



3. A step-by-step guide to completing homework (at hostel)
 - i. Sit in a straight, comfortable chair in a well-lighted place with plenty of freshly sharpened pencils.
 - ii. Read over the assignment carefully, to make certain you understand it.
 - iii. Walk down to the vending machines and buy some coffee to help you concentrate.
 - iv. Stop off at another floor, on the way back and visit with your friend from class. If your friend hasn't started the paper yet either, you can both walk to the nearby cafe and buy a hamburger to help you concentrate. If your friend shows you his paper, typed, doubled-spaced, and bounce in one of those irritating see-through plastic folders, drop him.
 - v. When you get back to your room, sit straight, comfortable chair in a clean, well-lighted place with plenty freshly sharpened pencils.
 - vi. Read over the assignment again to make absolutely certain you understand it.
 - vii. You know, you haven't written to that kid you met at camp since fourth grade. You'd better write that letter now and get it out of the way so you can concentrate.
 - viii. Go look at your teeth in the bathroom mirror.
 - ix. Listen to one side of your favourite tape and that's it- I mean it! As soon as it's over you are going to start that paper.
 - x. Listen to the other side.
 - xi. Rearrange all of your CDs into alphabetical order.
 - xii. Phone your friend on the other floor and ask if he's started writing yet. Exchange derogatory remarks about your teacher, the course, the university, and the world at large.
 - xiii. Sit in a straight, comfortable chair in a clean, well-lighted place with plenty of freshly sharpened pencils.



- xiv. Read over the assignment again; roll the words across the tongue; savour its special flavour.
- xv. Check the newspaper listings to make sure you aren't missing something truly worthwhile on TV. NOTE: When you have a paper due in less than 12 hours; anything on TV from 'Rahul Dulhania Le Jayenge' to every Zee or Sony soap is truly worthwhile.
- xvi. Phone your friend on third floor to see if he was watching. Discuss the finer points of the plot.
- xvii. Go look at your tongue in the bathroom mirror.
- xviii. Look through your roommate's book of pictures from home. Ask who everyone is.
- xix. Sit down and do some serious thinking about your plans for the future.
- xx. Open your door and check to see if there are any mysterious, trench-coated strangers lurking in the hall.
- xxi. Sit in a straight, comfortable chair in a clean, well-lighted place with plenty of freshly sharpened pencils.
- xxii. Read over the assignment one more time, just for the heck of it.
- xxiii. Scoot your chair across the room to the window and watch the sunrise.
- xxiv. Lie face down on the floor and scream at the top of your lungs.
- xxv. Leap up and write the paper.
- xxvi. Type the paper.
- xxvii. Complain to everyone that you didn't get any sleep because you had to write the paper.



4. Call centre – ppl @ work

Call centre jobs: people are wonder why they are paid so much.....for just being on the phone. Take a look:

Tech support: "I need you to right-click on the open Desktop"

Customer: "OK"

Tech support: "Did you get pop-up menu?"

Customer: "No"

Tech support: "OK. Right click again. Do you see a pop-up menu?"

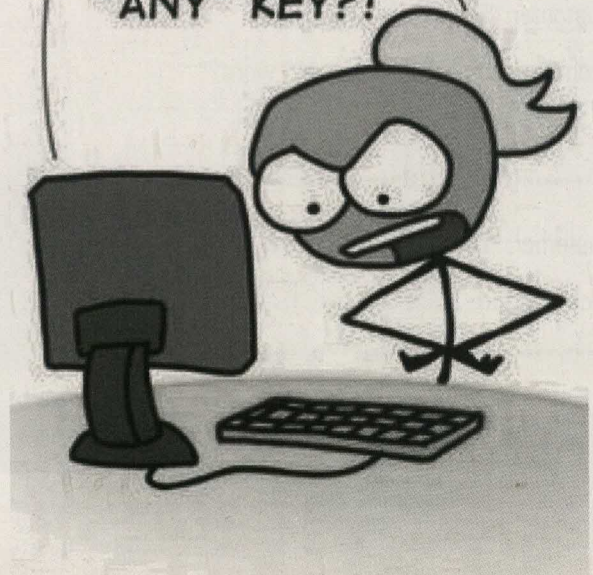
Customer: "No"

Tech support: "OK, Sir. Can you tell me what you have done up until this point?"

Customer: "Sure, you told me to write 'click' and I wrote 'click'."

Press Any Key
To Start.

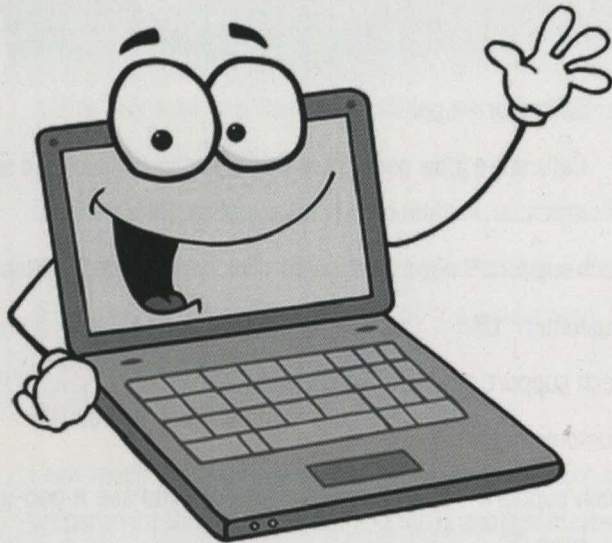
WHERE IS THE
"ANY" KEY?!



Customer: "I receive the software update you sent, but i am still getting the same error message"

Tech support: "Did you install the update?"

Customer: "No. Ooooh, am i supposed to install it to get it to work?"



Customer: "I'm having trouble installing Microsoft Word."

Tech Support: "Tell me what you've done."

Customer: "I typed 'A: SETUP'."

Tech Support: "Ma'am, remove the disk and tell me what it says."

Customer: "It says '[PC manufacturer] Restore and Recovery disk'."

Tech Support: "Insert the MS Word setup disk."

Customer: "What?"

Tech Support: "Did you buy MS word?"

Customer: "No..."

Customer: "Do I need a computer to use your software?"

Tech Support: "?!%#\$"

Tech Support: "Ok, in the bottom left hand side of the screen, can you see the 'OK' button displayed?"

Customer: "Wow. How can you see my screen from there?"

Tech Support: "What type of computer do you have?"

Customer: "A white one."

Tech Support: "Type 'A:' at the prompt."

Customer: "How do you spell that?"

Tech Support: "Is your computer on a separate telephone line?"

Customer: "No." (Clicks the button to log on to our service)

Tech Support: "Well then we can't-"

Customer: "It says 'no dial tone'."

Tech Support: "That's because you're on the line with me right now. You need to-"

Customer: "No, that's not it. It does this all the time. I just have to try a few times, and it will let me through."

Tech Support: "No, ma'am. It's not even trying to dial right now because you're on the phone with me."



Customer: "It must be busy. I'll try again later."

Tech Support: "What's on your screen right now?"

Customer: "A stuffed animal that my boyfriend got me at the grocery store."

Tech Support: "What operating system are you running?"

Customer: "Pentium."

Customer: "My computer's telling me I performed an illegal abortion."

Customer: "I have Microsoft Exploder."

Customer: "How do I print my voicemail?"

Customer: "You've got to fix my computer. I urgently need to print document, but the computer won't boot properly."

Tech Support: "What does it say?"

Customer: "Something about an error and non-system disk."

Tech Support: "Look at your machine. Is there a floppy inside?"

Customer: "No, but there's a sticker saying there's an Intel inside"

Tech Support: "Just call us back if there's a problem. We're open 24 hours."

Customer: "Is that Eastern time?"

Tech Support: "What does the screen say now?"

Customer: "It says, 'Hit ENTERS when ready'."

Tech Support: "Well?"

Customer: "How do I know when it's ready?"

5. My and LOVELY (ek chand ka tukda), You are my TVS SCOOTY (first love) and my AIWA (pure passion). I always BPL (believe in the best) and you are SANSUI (better than the best). You are DOMINO'S PIZZA (delivering million smiles) for me. This is COLGATE ENERGY GEL (seriously fresh) feeling for me. I want you to be my life partner but I think you are worried about your mother who is KAWASAKI BAJAJ CALIBER (the unshakable) and my mother who is CEAT (born tough), but don't worry as I am also FORD ICON (the josh machine) and rests of our family are pretty KELVINATORS (the coolest ones). If our mother say no, we will run away and marry, and PHILIPS (let's make things better).

They will feel MIRINDA (zor ka jhatka dhire se lage) but I believe in COCA-COLA (jo chahe ho jaye). Trust in GOD who's always NOKIA (connecting people) who love each other. And do not forget that we are WILLS (made for each other). Now that HYUNDAI (we are listening) the song of love, you must know that love is DAIRY MILK (real taste of life), SATYAM ONLINE? (Fun fast easy) and PARX (always comfortable). So never forget me.

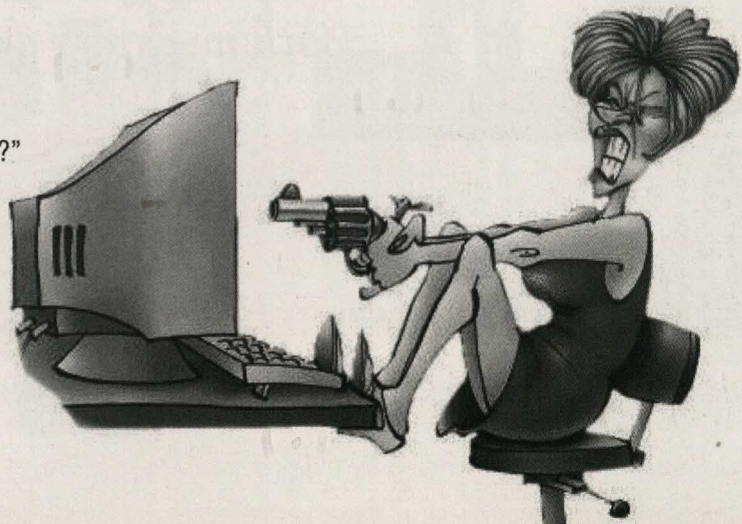
OK Bye!

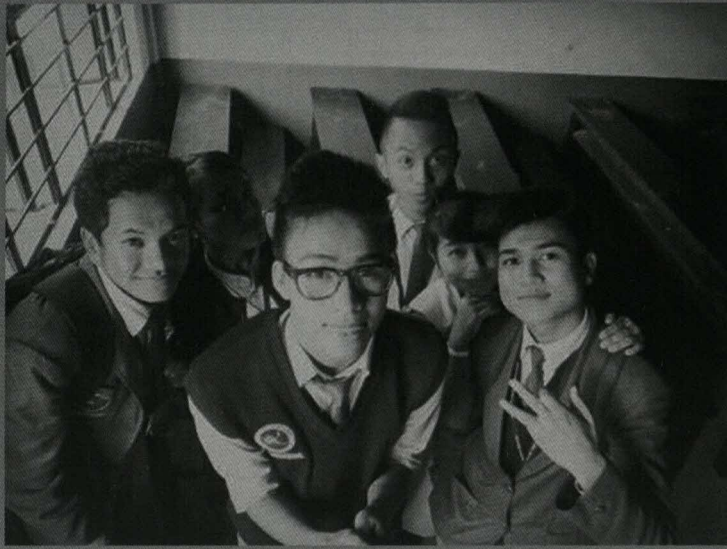
I wrote little but actually PEPSI (yeh dil mange more)

Yours,

LG (digitally yours).

ANDY ROBERT KHONGSNI
Class XII (Science)





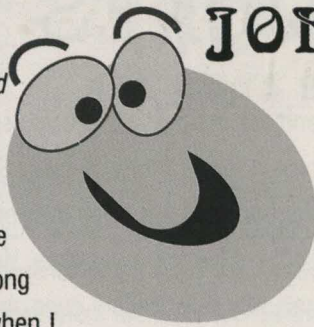
F · R · I · E · N · D · S · H · I · P

*FRIENDSHIP is a Gift
Shared by people
Connected by hearts
Bonded by love
Tied by invisible strings
Preserved through trust
Friendship is made
No one can hate
Friendship is a passion
You find in your mate
Friendship may happen early or late
It is a medicine
With no expiry date.*

JOKES!!!!

Why He Had Never Married

The French foreign minister Robert Schuman was once asked why he had never married. "A long time ago", he replied, "when I was travelling on the underground once, I happened to step on a lady's foot. Before I could apologize she screeched: "Idiot, can't you look where you're putting your big foot!" Then she glance at me, went red and cried: "Oh please forgive me, I thought it was my husband."



Mummy Why....?

"Mummy, why don't you play with me?" Asked seven-year-old Danny.

"Because I don't have time."

"Why you don't have time?"

"Because I'm working."

"Why are you working?"

"To earn money,"

"Why do you earn money."

"To get you something to eat,"

"Ohh, Mummy but I'm not hungry!"



Passing the Buck.

This is the story about four peoples named EVERYBODY, SOMEBODY, ANYBODY and NOBODY. There was an important job to be done. Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did it. Then Somebody got angry about that, because it was Everybody's job. But Everybody thought that Anybody could do it. It ended up that Everybody blamed Somebody when Nobody did it what Anybody could have done it.

WINNERS and LOSERS

The Winner is always part of the answer.

The Loser always part of the problems.

The Winner always has programs.

The Loser always has an excuse.

The Winner says: "Let me do it for you".

The Loser says: "that's not my job".

The winner sees an answer to every problem.

The Loser sees a problem to every answer.

Who are you then? LOSER or WINNER.

Stop Being a Worrywart

It is difficult or impossible to stop worrying completely. The easiest way out is to try to worry about one thing at a time .That way you don't get mixed up and start worrying about the thing you're really not worried about. When you have too many worries on your on your mind at one time, you get confused, and then you've really got something to worry about!



KYRSHAN SKHEM LATING
B.A 3rd Semester
Department of Education



SCIENCE JOKES

Two atoms are walking along .One of them says....."Oh, no, I think I lost an electron".

"Are you sure,?"? Yes I am positive.

2) Biology is the only science in which multiplication is the Same as division

3) What is the name of the molecule CH₂O.

Ans: sea water

4) Two chemists walk into a bar. The first one says "I will have H₂O". The second one says " I will have H₂O too." The second one dies.

5) I was reading a book of anti gravity I found it difficult t put down.

6) Which doctor is the worse seen by his patient.

Ans: ophthalmologist.

7) A proton, neutron and helium walk into a bar and order three beers. The bartenders appear with three beers

and ask the proton, "are you sure you are over 21?" The proton reply, "I am positive". So the bartender gives him the first beer. He gives the second beers to the neutron and say, for you no charge. He throws the third beer to helium's face. Helium does not react.

8) When a third grader to cite Newton's 1st law of motion she said "body in motion remain in motion and body at rest stay in bed unless their mother call them to get up"

9) Science teacher: oxygen is a must for breathing a for life. It was discovered in 1773

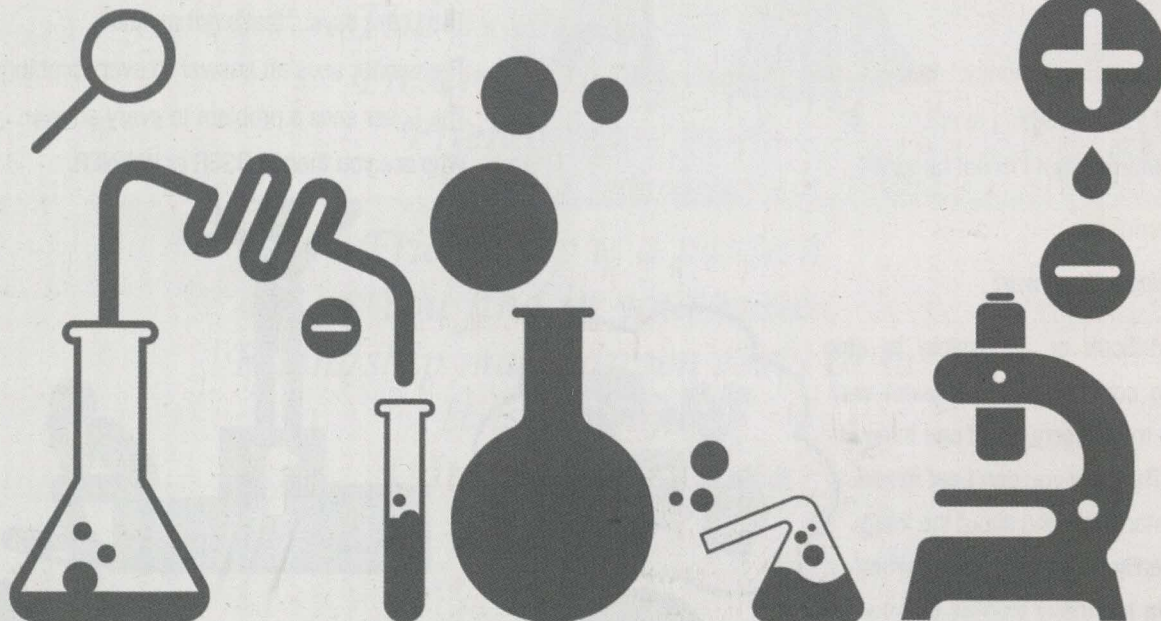
Student: Thank God! I am born after 1773. Otherwise I would have been died without it.

10) A month before exam, we prefer book foreign authors.

A week before exam, we prefer of local author

A day before exam, we try to read our own notes

On a day of exam, we become authors.



INDAKERRI KHARBULI
Bsc 3rd year
Department of Zoology



10 FACTS

ALL BOYS SHOULD KNOW!!!!

Many a times my friends would complain about their relationship with their girlfriend. When I dig the cause it's because they lack ideas. Here there are some points that all boys should know for maintaining a healthy relationship.

Part A - The Do's. All the DO'S that you must follow to make your girlfriend feel special and loved.

1. While she talks- Be a good listener. She will talk and talk simply because you are her boyfriend. Girls are talkative to a guy they love because they want your attention and to feel close to you. You need to listen just to show you are interested in her and her stories. There is only one correct respond to " I love you", and that is "" I love you too".
2. Best actions you need to perform- When you go and drop her after a kiss in the forehead remember to open a cardoor for her and latch it. When travelling together let her enter first. Make sure it is clean when you take your own car and remember to open the door for her. Buy her flowers or chocolates on every date or anytime. When she's sick take with you something and do have time to visit her. Call her surprisingly (like early in the morning, afternoon, times that she doesn't expect you to do it) and tell her that you miss her (this will make her think that she is your top priority and that you always think of her). Find an excuse to write her love notes expressing in your own words how you feel about her. Be truthful as to avoid confusion.

Hold her hand while you are walking together. Of course these may seem minor things but they matter a lot.

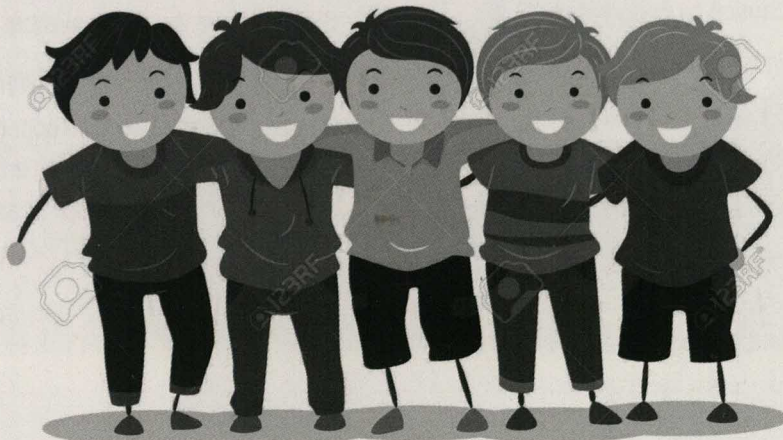
3. Have time for her
Accompany her while she goes

shopping. Ask her out for a date and while you are together learn to crack jokes. Be a gentleman. Reach on time. Treat her with dignity. Stay in touch both physically and emotionally. Encourage and support her. Pay attention to what she wants. Put on clean clothes and be tidy. You are a MAN, you've got to be confident. Be yourself.

4. Mark up her important and favourite- Like her Birthday, favourite colour, flowers, place to be with you. Compliment her often but at the right time like " I love you", "good job", "you are wonderful", "I appreciate all the things you do for me", "I love to see your eyes sparkle when you smile", "I trust you", "You make me feel good", " I can't imagine life without you", "I'm sorry", " I was wrong", "You are so special", "What can I do to help you", "thanks for loving me". She will certainly feel special and loved.
5. While dealing with difficult times- Learn to know that something is wrong. Talk about the issue with your girlfriend and reach a compromise. Seek to understand not to agree. Be honest when you feel hurt and say " I feel hurt by....". Be patient and do make your apology count. In any occasion she rejects and pushes you off, pull her back and hug her tightly. That is what she really wants.

Part B: The DON'TS. Keep in mind these DON'TS that you should not do.

1. Don't ask boring questions like "How was your day?" at the end of the day. Generally that boring question will yield a boring answer like "Fine, how was yours?" This can end the conversation.



Instead ask her "What made you smile today?" or "What was the most challenging part of your day?" Be a good listener. Don't ever give advice when she doesn't ask for it. It will help you to maintain conversation continuously.

2. Don't bring up the past. No matter how brutal the fight, you should never bring back events of what happened in the past. Never ever follow up "I Love you", with "Do you love me". If she does she will say it immediately and if she doesn't, she will be forced to say "Gee. Ump I guess so". Your dignity will be demolished.
3. Don't cheat. Don't avoid important conversation. Don't abuse her. Don't hide anything from her. Don't take her for granted. Don't invade her privacy; you need to give her some space.
4. Don't give hurtful comments. Don't tell her what to do. Don't be aloof, be responsive when she calls, texts and when she seems emotionally disturbed. Don't act as if you know everything.
5. Don't nag too much. Don't ever say these lines because

it will hurt her feelings. "I told you", "It's your fault", "What's wrong with you", "you're always complaining", "Why don't you listen to me", "I can do whatever I like", "do you always have to be right", "what's your problem", "that was really stupid", "I can't do anything to please you", "if you don't like it you can just leave", "you get what you deserve".

Guys, I bet you would have more ideas than me. Whatsoever, if your ideas and mine do not work, learn to accept the facts that break up happens in real life. Accept the pain and feel it. Pain will makes us stronger. As for me it is only in painful situations that I climb a bit higher in life. The more I feel the pain the more I go forth. Wish you all a **HAPPY RELATIONSHIP.** ■

KYRSHAN SKHEM LATING
B.A. 3rd Semester
Education



Science's True Facts

* *Dogs do have sweat glands.*

Dogs do sweat although not as much as humans. They do not sweat profusely and visibly the way humans do, they definitely have sweat glands that secrete sweat in response to heat.

* *How does the water kept in an earthen pot remain cool in summer?*

In an earthen pot, water gets evaporated quickly through the pores. Cooling is caused by evaporation.

* *Why don't we feel pain while cutting hair or nails?*

Your hair and nails are made up of dead cells. They have no nerve cells and therefore cannot feel pain.

* *Why planets do not twinkle at night?*

Planets are very close to the earth as compared to the stars. So the intensity of light we receive from planets is very large. Therefore the variation in the brightness of planets is not detected. Hence planets do not twinkle at night.

* Every cigarette you smoke reduces your expected life span by 11 minutes.

* People who laugh more are able to tolerate pain better, both physically and emotionally.

* A sloth takes two weeks to digest the food he has eaten.

* Studying for 20 to 50 minutes at a time, with 10 minute breaks in between, is the best way to improve your retention.

* Giraffes have the same number of teeth as humans.

* *Why are raindrops spherical in shape?*

Raindrops start to form in spherical structure due to the surface tension of water. It is this surface tension, "skin" of a body of water, which makes the molecules stick together. ■

SENGSIME G. MOMIN
Class XII Science

My Best Friend

Dedicated to my dearest friend

ANDY ROBERT KHONGSNI

Dear best friend,
Even though we disagree sometimes,
We fight sometimes, yell at one another
May even hurt or make each other cry,
Yet you never hate me.
You never get tired of being with me,
Always love me.
When I'm sad, you are always there to make sure I'm okay.
Thank you so much bestie for always being there with me.

Bestie have you ever thought why we are friends?
According to me we are friends:
We are friends not because we love the same songs.
We are friends not because you stay in Motinagar
And I am Moti in nature.
We are friends not because we love Mughlaiparatha.
We are friends not because we love our botany teacher.
We are friends because your hair is straight
And mine is curly.
We are friends because when we met
We touched each other's hearts.
And since that special moment
There's been nothing that could change
What two caring souls were able to start.
Because we opened ourselves up to accept and receive.
We were blessed with a beautiful friendship so few achieve,
I am proud to call you my dearest friend.

Dear best friend, did I ever tell you
How important you make me feel.
For all the times you made me smile

You are a friend that's truly real.
For all the times that you spent
Showing just how much you care,
There are no words to thank you
For always being there.

I pray that God will always bless you
With peace and joy that never parts.
May all the love you give away
Return to fill your heart.
Friendship isn't about who you've known the longest.
It's about who walked into your life and said, "I'm here for you"
And proves it.

Friends are angels who lift us up when we believe our wings
have forgotten to fly.
My dear best friend, you are not only my best buddy who
understands me but also a brother who always tries to
protect me.
I love you so much bestie,
I will always be there for you. ■

SENGSIME G. MOMIN
Class XII Science



JOKES



* I asked God for a bike,
But I know God doesn't work
That way. So I stole a bike
And asked for forgiveness.

* Can a kangaroo jump higher than a house?
Of course, a house doesn't jump at all.

* I heard Apple is designing a new automobile car.
But they're having trouble installing windows.

* "Grandpa why don't you have any life insurance?"
"So you can all be really sad when I die."

* Money doesn't buy you happiness but it can buy you a jet-ski.

It is impossible to be sad when you're riding on the jet-ski.

* I've decided to run a marathon for charity, I didn't want to do it at first, but apparently it's for blind and disabled kids so I think I've got a good chance of winning.

* Q: What is blue and smells like red paint?
A: Blue paint.

* When I see lovers' names carved in a tree, I don't think it's sweet. I just think it's surprising how many people bring a knife on a date.

* For those people who say tomorrow never comes;
Life always offers you a second chance called tomorrow.

* When we talk about handwriting
Then
In the last 10 minutes of the examination every student gets
Possessed by the spirit of a doctor.

* Do you know the difference between poisonous and venomous snakes?

It is surprisingly simple. If you bite the snake and you die, the snake was poisonous. If the snake bites you and you die, the snake was venomous.

* A woman in a bikini reveals about 90% of her body.....
and yet most men are so polite, they only look at the covered parts.

* "Do you know how to make a dumb person curious?"
"No. How?"
"I'll tell you tomorrow."

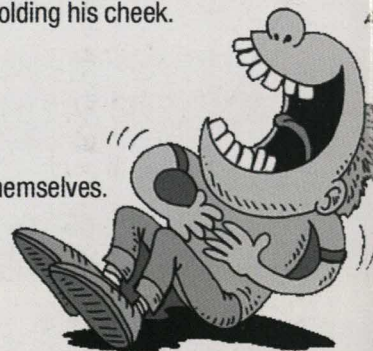
* I saw a poster today, somebody was asking, "Have you seen my cat?" So I called the number and said that I hadn't. I like to help where I can.

* Fantastic exercise that really helps you to lose weight: Turn your head to the left. Good. Turn your head to the right. Very good. Repeat this exercise whenever you are offered any food.

* A man asks a man near a field, "Sorry Sir, Would you mind if I crossed your field instead of going around it? You see, I have to catch the 4:23 train?"
The farmer says, "Sure go right ahead. And if my bull sees you, you'll even catch the 4:11 one."

* A student at a management school came up to a party girl and hugged her without any warning. The surprised girl said, "What was that?"
The guy smiled at her, "Direct marketing!"
The girl slapped him soundly.
"What was that?" said the boy, holding his cheek.
"Customer feedback."

* Andy: I like jokes.
Sesie: Because everyone loves themselves.



SENGSIME G. MOMIN
Class XII Science

Time Never Comes Back

*It is a year
Which will be gone forever-
It will never utter,
"I will come again another day".*

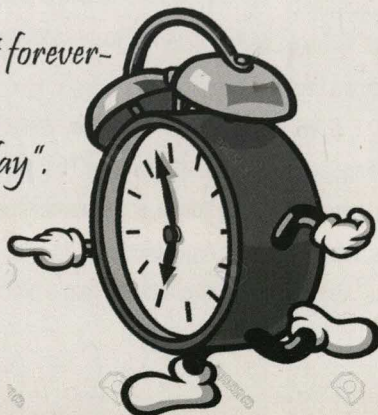
*It is a week
Which has flown by so quick-
It will never speak,
"I will come again another day".*

*It is a day
Which has passed away-
It will never say,
"I will come again another day".*

*It is an hour
Which has lost its colour-
It will never declare
"I will come again another day".*

*It is a minute
Which has left this planet-
It will never promise
"I will come again another day".*

*It is a second
Which has departed and left forever-
It will never say,
"I will come again another day".*



WINNING

*Friends! Wake up soon,
Get ready soon
Time is going,
Going fast like a moving river.*

*It's time to work hard
Working for a bright future.
Spread your wings, fly high
And reach the ultimate height.*

*Winner never quit!
Quitters never win.
So believe it
Yes we can and we will.*

The World of Today

*The world we live in today
I feel very sad to say,
Is full of sorrow and misery
All because Man is greedy.*

*All 'round me, I often see
Hunger, pollution and misery,
Healthy trees are mercilessly cut down
No one cares, no one frowns.*

*I wish we could all live
With kindness, concern and care,
Toward all of God's creations
And with them, His bounties
Let us share.*

THOMAS JONES

The Father of the Khasi Alphabet

Before the year 1840 A.D., the Khasis had no alphabet and no literature of their own. It was only till Thomas Jones and Mrs Jones, the first missionaries from Wales, came to India by ship, starting from Liverpool on the 25th of November, 1840 and arriving at Calcutta five months later, that the Khasi people witnessed a change both in terms of religion as well as literature. They were welcomed by Dr. Duff and many other missionaries. Unfortunately Mrs Jones had been ill since the time they boarded the ship. After two days of their stay in Calcutta, Mrs Jones gave birth to a child but it did not survive. Due to the illness of Mrs Jones, Thomas Jones could not reach Sohra earlier than 22nd of July, 1841.

Besides the many difficulties they met with on their way to India, Thomas Jones and his wife faced even more problems when they arrived at Sohra. Sohra being the place with the highest rainfall in the world, Thomas Jones had to spend a lot of time keeping their belongings from getting wet as well as drying them. But luckily they were invited by Captain Lewis to stay with him at Saitsohpen, being the Military Headquarter of the British East India Company at the time.

We can imagine the first days of Thomas Jones at Sohra. According to Rai Bahadur D. Ropmay in the book "Centenary History of the Presbyterian Church" the Khasis came to him every day and requested him to teach them the English language. They felt that if they knew English they could earn their living anywhere." Our forefathers had a vision of the sweet outcome of knowing the English language like the prophets who saw the Promised Land outflow with milk and honey. According to him Thomas Jones was tall, physically strong and a very intelligent man. He could show his strength by breaking an iron rod (lyngka) of 20mm.

Before Thomas Jones came to Sohra, Dr. William Carey and Mr Lish who were in Calcutta tried to introduce the Bangla alphabet for the Khasis but failed. Thomas Jones was determined to use the victorious Roman alphabet to construct Sohra language as the central language of Khasi literature. He constructed A B K D E G NG H I I J L M N N O P R S T U W Y which are phonetic to Khasi language and he used it with his Welsh 'Y' whenever necessary. He was greatly encouraged by Dr. Duff, Tomlin and some other missionaries. We are greatly indebted to the hard work and dedication of Thomas Jones.

We accept with gratitude the contribution of this great man to our language and literature. Thomas Jones has become the Father of the Khasi alphabet and founder of Khasi literature. This foreigner from overseas has redeemed our Khasi tribe from disgrace had we had no literature of our own. By giving us the alphabet he has brought us at par with other elite nations of the world. Thomas Jones had an extraordinary power over language for in a few months he could speak and understand the Khasi language while other Englishmen who had been in the Khasi hills for years could not even speak a word of the language. There were two men who assisted him in his work, Mr. Durwan Rai and Mr. Jungkha. These two men had been taught the English language by Alexander Lish when he was at Sohra a few years back. Unfortunately Alexander Lish could not witness the fruits of his labour as he had to return to Calcutta though he was the one who had sown the seeds. It was only till the arrival of Thomas Jones on Khasi soil that the Khasi language was able to grow and develop. It was Thomas Jones' wise thinking that it would be useless to preach the Gospel unless the people could read and understand the Word of God. So his first step was to call some young people to his house and teach them. These young people trained under him could teach others later. In order to help schools he prepared the book "A,B" or also called Ka Kitab Nyngkong (First Khasi Primer) and this book remained for many years which served as a reminder of the founder of the Khasi alphabet. Besides this Thomas Jones had translated a book from Welsh Rhodd Mam (Mother's Gift) which is based on the doctrine of Christianity. The first school was inaugurated at Mawsmal and a young man named Lurshai was appointed as a teacher. Then another school at Mawmluh was opened and Nissing was appointed as a teacher. After a few weeks another school at Sohra was inaugurated and Mr. Jom was the teacher.

In the spring of 1842 Thomas Jones, Captain Lewis and Youle went to Jaintia Hills to find a place to open a school. Here Thomas Jones got a chance to preach the Gospel and the people heeded to the Word of God.

In the year 1843 Rev William Lewis and Dr. Owen Richards came to Sohra, at this time Thomas Jones wanted a place to construct their own house, so he approached Suba Singh Syiem, the Syiem of Sohra and requested him to allot a plot of land. In due course the Syiem of Sohra allotted him a place at Nongsawlia where the missionaries

built a bungalow, a church and a school building. Later on William Lewis and Mrs. Lewis took charge of the school administration and Thomas Jones had the opportunity to translate the Word of God. In the summer of 1843 Thomas Jones translated some chapters from the New Testament and nine chapters of the book "Kot Nongialam."

Unfortunately when the work of the missionaries had progressed, Mrs Thomas Jones passed away. She died on 22nd August 1845. After that the health of Thomas Jones deteriorated, the doctor advised him to take a vacation to Calcutta. Here Thomas Jones got the opportunity to print the entire Gospel of Matthew in Khasi and

the remaining part of "Ka Kot Laiphew." He completed these two books in the year 1846. While Thomas Jones was in Calcutta two missionaries Daniel Jones and Mrs Jones came to Sohra. In the spring of 1846 Daniel Jones was attacked by malaria and died after two days. Captain Lewis was also attacked by the same disease and died while they were searching for a place at Ri Pnar. It may be due to these sad events that Thomas Jones resigned his missionary work in the year 1847 and joined business in Calcutta. He died on September 1849 at the age of 38. ■

KYNSAIBOR KHARSOHTUN
Class XI Arts (Morning)

WHAT DID THEY SAY

I am thankful to all those who said NO to me.

It is because of them I did it myself.

– Einstein

I always feel happy, you know why?

Because I don't expect anything from anyone.

Expectations always hurt. ... Life is short, so love your life.

Be happy...and keep smiling.

Just live for yourself and before you speak, listen.

Before you pray, forgive.

Before you hurt, feel.

Before you hate, love.

Before you quit, try.

Before you die, live.

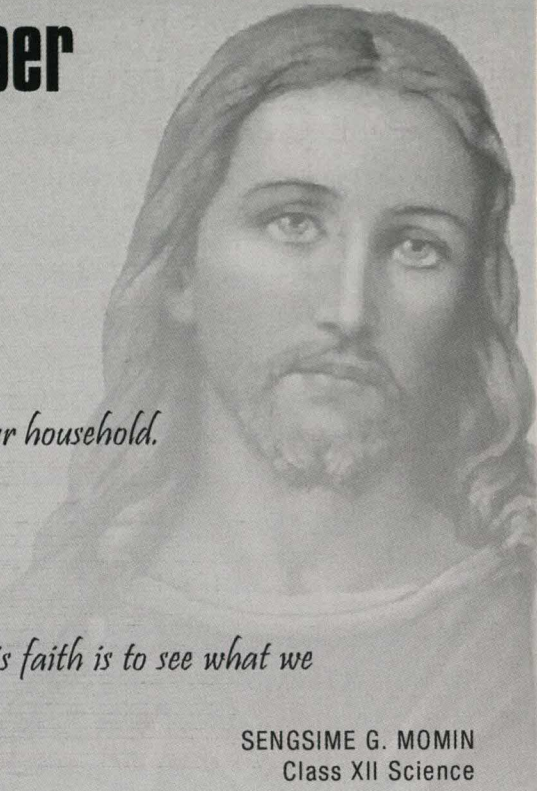
– Shakespeare

*The world suffers a lot not because of the violence of bad people
but because of the silence of good people.*

– Napoleon

SENGSIME G. MOMIN
Class XII Science

Always Remember

- 
- * *Jesus Christ is the answer to every problem in your life.*
 - * *God can make a way even when it seems there is no way.*
 - * *Christianity is not a religion, it is a relationship.*
 - * *God always gives us what we need, not what we want.*
 - * *Believe in the Lord Jesus, and you will be saved – you and your household.*
 - * *He rewards those who earnestly seek Him.*
 - * *I will fear no evil for my God is with me.*
- And if my God is with me whom then shall I fear?*
- * *Faith is to believe what we do not see. And the reward of this faith is to see what we believe.*
 - * *When people hurt you, love them. That's what Jesus did.*

SENGSIME G. MOMIN
Class XII Science

FOR METAL HEADS METAL PEOPLE

- * **DON'T ALWAYS WEAR BLACK**
 - * **DON'T WORSHIP SATAN**
 - * **ARE NOT EVIL**
 - * **DO NOT HATE EVERYBODY**
 - * **ARE NOT ALWAYS DEPRESSED**
 - * **ARE NOT ONLY DULL BUT CAN BE CUTE TOO**
 - * **ARE USUALLY NICE PEOPLE**
 - * **ARE NORMAL PEOPLE**
 - * **LIKE PEACE, JUST LIKE YOU**
- BUT LOVE TRUE MUSIC**

New Experience of Studying in IIT MADRAS

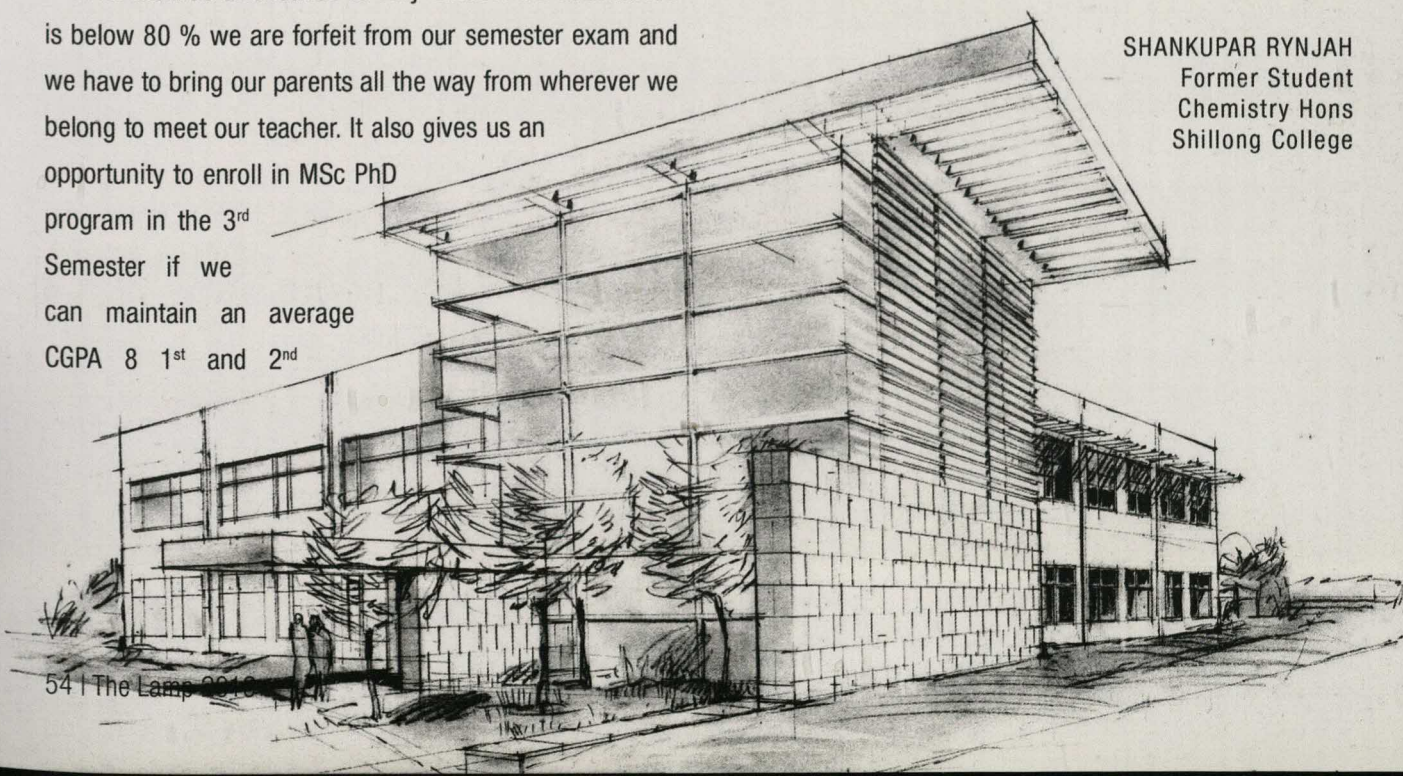
As it is well known to many Indians and even the foreign countries about IIT, I am really fortunate to join one of the most prestigious institute, IIT Madras. It has a huge campus having 2.5 sq km of land with flora and fauna, with deers and black bucks roaming freely inside the campus with lot of people around, it also has very good infrastructure with good facilities in every area of sports and education. The Department of Chemistry which I joined for 2 year MSc program has a lot of opportunities. When I first came to IIT madras i was admitted in one hostel "Narmada". The hostel facilities are very good, and in every 10 rooms (1 wing of each floor) washing machine is provided, in every room three students are allotted and so I have to share my room with two people which later became very good friends of mine and both of them are from West Bengal. At first when classes began i was unable to understand anything as i was not accustomed to the teachers' accent here, it took me a while but now slowly I start to improve. Now anyway my journey has began yet there's still a lot to learn and a lot to go through.

In IIT Madras attendance is very strict if the attendance is below 80 % we are forfeit from our semester exam and we have to bring our parents all the way from wherever we belong to meet our teacher. It also gives us an opportunity to enroll in MSc PhD program in the 3rd Semester if we can maintain an average CGPA 8 1st and 2nd

Semester. A symposium is held every two or three months through which we can catch a glimpse of currently ongoing research in different field of Chemistry in the country and also various opportunity in summer project and placement through GATE inside and outside India.

After admission an LDAP (mail account) is given to each student. All the study materials are uploaded there, if we have any questions we can post it there and the teacher will answer and so the teaching process is not confined only in the class room. Every student in IIT is provided with a LAN connection in his room so student can learn library facilities outside class room and into the world through unlimited internet connection. Our library opens from 9 am till 12 am midnight and it is fully equipped with AC which remind me of Shillong climate every time I study there. Each person can take as many books as he likes with time frame of 1 month. There used to be three Exams, quiz 1 quiz 2 and semester exam. In quiz 1 and quiz 2 classes will be going on and the teacher will tell us only 5 days before the exam so there is no gap. To work hard everyday is thus the only option left. ■

SHANKUPAR RYNJAH
Former Student
Chemistry Hons
Shillong College



PRIME MINISTER

Narendra Modi

MAIDEN VISIT TO Shillong



It all started on the 26th of May when I along with the rest of the members of the Bharat Scout and Guide, Rangers/Rovers were directed to report to the headquarters. We were told that Prime Minister Narendra Modi was to make a visit to Shillong on the 27th and 28th of May 2016. On the 27th, Prime Minister Modi would be attending a plenary session of the NEC (North Eastern Council) at the State Convention Centre at around 10.00 A.M. He would then take part in an hour – long public reception at Polo Ground Number 5 in which we were called upon; to help out and provide out services for the smooth functioning of the programme. Our duty and role however would be assigned on reaching the auditorium/venue.

So the following day, we all gathered at the state headquarters at around 11.00 A.M with our full uniform. Our group mainly comprise of Scouts and Guides, Rovers and Rangers from other institutions including our scout master and guide leaders and three senior rovers. We were then given an ID Card. Later at around 12 noon we all went to Polo Ground.

Since there was no vehicle and no traffic that day, it took us just a few minutes to reach Polo Ground. There were a lot of reporters and journalists present there and many people including those from other districts and states. They all came to witness the event. We and the rest of the people then proceeded to the auditorium. All the people were asked to stand in a queue. Since we had our ID batch with us, we did not have to wait like the rest of the people. On the entering the premises we were inspected by the Security Guard. We were not allowed to carry any item like umbrellas, bags water bottles or any food item. Once we were done we were allowed to enter the auditorium which was nicely built and decorated with the colour red and white. Multiple television screen were placed at the side where the audience would be able to see what was happening. There were two entrances, one for the ordinary citizens and the other meant for V.I.Ps only.

Once we were seated, we were informed of our duties and what we were assigned to do. Our main job that day was mainly to usher the guests to their seat. About 10 members were assigned to show the guest to their seat. Six of us including me, were assigned to escort the V.I.Ps to their seat. There were MLAs, BJPs Leaders, different social and party groups including students, teachers, officers and many other dignitaries. There were many police officers stationed everywhere. The roads and street were crowded. They all came to witness the event.

After a while it started raining, we were then directed to stand outside and to help the security guard to control the crowd who were pushing and forcibly broke the barricades, pushing their way through. Police Officers immediately swung into action. We were asked to carry extra chairs so that everyone could be accommodated. This was a tiring task, one chair after another, but anyway, we did our duty.

At around 12.50, Prime Minister arrived with the Chief Minister of Meghalaya Dr. Mukul Sangma. The crowd gave him a warm and hearty welcome, cheering as he made his way to the pandal erected in his honour. There were many speakers. During his speech the Prime Minister spoke on many issues.

Finally, at around 2.00 p.m the function came to a close. The rain stopped and the crowd started to disperse. It was time for us to relax. Refreshments was served to all the volunteer. After sometime, it was our duty to keep back the chairs and started clearing and cleaning the place.

After completing our services (seva) we were on our way home. ■

RIKRAK .D. SANGMA
B.A. 3rd Pol.Sc (Hons)

Memorable EXPERIENCE

My Camping experience was really amazing and unforgettable. Camping was the time when we were all thrilled and excited. The Camp was held on 26th to 30th of July, 2016, at the State Headquarters. The Camp was based on Regional level Co-ordinator Workshop on Waggs global Advocacy Project. There were different states like Sikkim, Arunachal Pradesh, Assam, Manipur, Tripura, Mizoram, Nagaland, NF Railway and including Meghalaya who all the way to participate in the Camp.

On 26th moving when I reached the Camp, I was totally blank but at the same time I was excited and I was accompanied by Miss. R. Pyngrope. Before our programmes started we were divided into different groups with people from different states. Initially I did not like my group but I was wrong about it, because they were all very nice.

On the 26th of July, Mr. F. Kharkongor (I.A.S) who is the Chief Commissioner, Government of Meghalaya, was our chief guest. The workshop was organised by the National Co-dominator she was the National Co-ordinator of WAGGGS Global Projects. She took many session on many topics. One Session was on Free Being Me and the other topic was how to stop the violence against children and women. From this

Workshop we learn that we should not underestimate women and also to be a messenger of love and peace in society. We should also learn how to accept and appreciate ourselves.

On the 28th of July, it was a special day, we all went for sight seeing to Cherrapunjee we visited the Mawsmi Cave and Noh Kalikai falls. These place were wonderful and breath taking. According to me, the best part was Mawsmi Cave. It was so mysterious and we were all so curious to know what was inside the Cave and while exploring the cave we had so much fun and excitement.

On the 29th of July the State Chief Commissioner of Scouts was our Chief Guest. On this day we had lots of activities which was based on the 'Surf Smart'. We all had a great time participating in all these activities. At night we had Campfire. Everyone had dressed in their costumes and performed their respective traditional dances and songs. On the last day, we all bid good bye, hoping to meet our friends in the next Camp. Again, it was so great and everything ended so well.

I am so thankful to Miss. R. Pyngrope for encouraging me and through her I was able to attend the Workshop and I have learnt many things and experience lot of new things. ■

ELISHA NONGRUM
B.A. 3rd Semester



Rovers & Rangers performing in the Durbal Hall, Raj Bhavan



The Governor of Meghalaya interacting with the S.C.R.R.C.



Shillong College Rover & Rangers Participating in the State Function at Raj Bhavan, 7th September 2016



Shillong College Rover & Rangers with the Hon'ble Governor of Meghalaya



Regional Level Co-Ordinator Workshop
on
WAGGS GLOBAL ADOCACY PROJECT
for Youth of N.E. Region
26th - 30th July, 2016



State Headquarters, Shillong



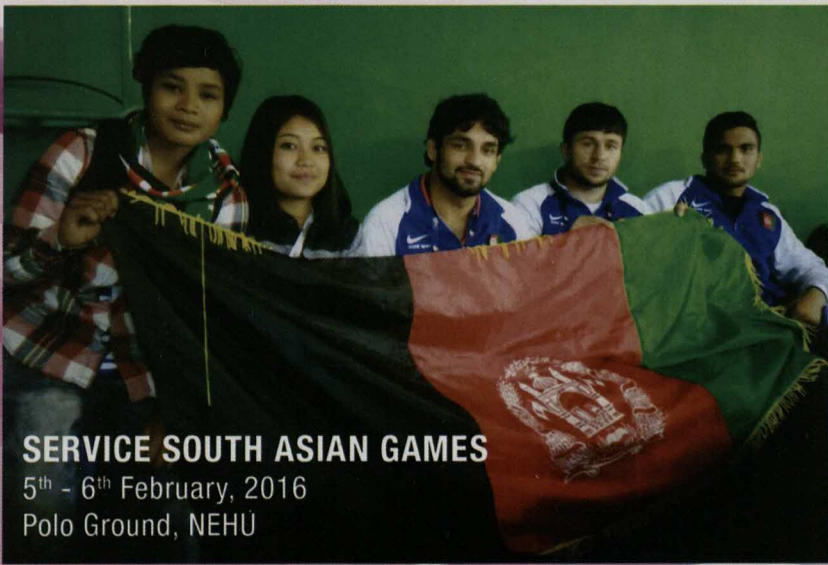
Environment Day, 4th June, 2016
at State Headquarters



Systematic Voters Education and Electoral Participation (SVEEP) at State Central Library, Shillong, 13-08-2016



THINKING DAY
22nd February, 2016
State Headquarters



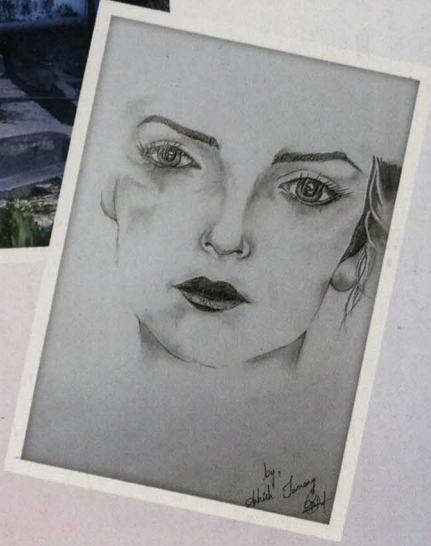
SERVICE SOUTH ASIAN GAMES
5th - 6th February, 2016
Polo Ground, NEHU



TREKKING PROGRAMME
15th December, 2015, Mawshbuit



REPUBLIC DAY PARADE
26th January, 2016

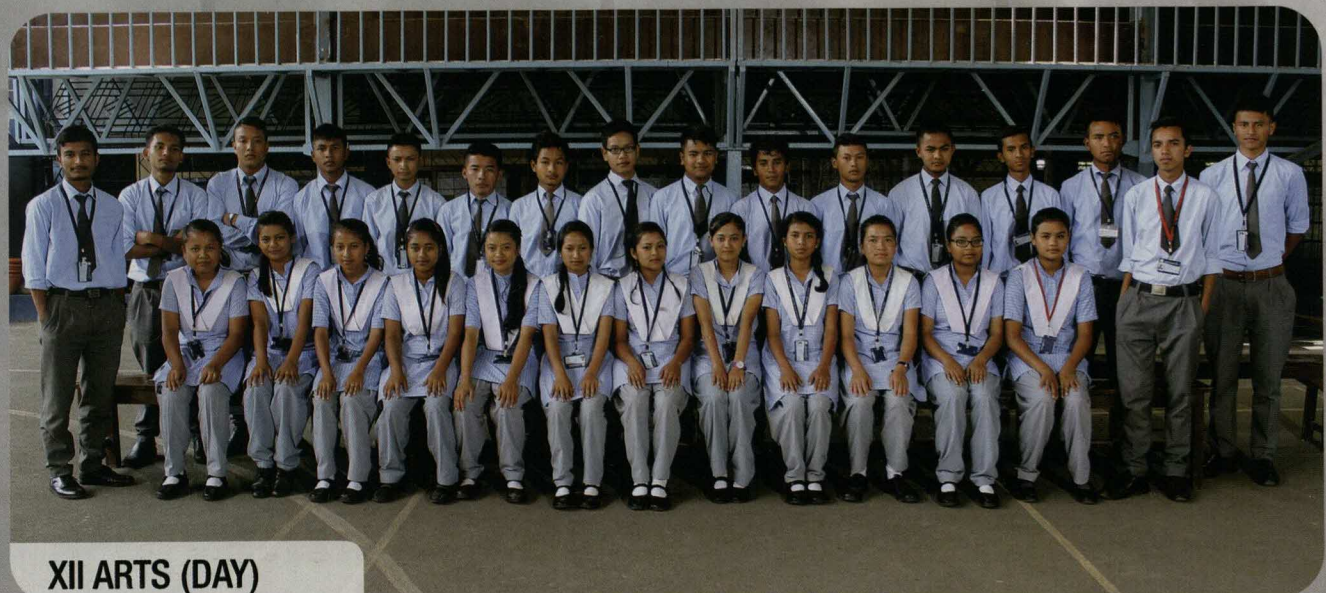




XI ARTS (DAY)



XI ARTS (MORNING)



XII ARTS (DAY)



XII ARTS (MORNING)



BA IIND SEM (DAY)



BA IIND SEM (MORNING)



BA IIIRD YEAR (DAY)



BA IVTH SEM (DAY)



XI COMMERCE (DAY)



XI COMMERCE (MORNING)



XII COMMERCE (DAY)



XII COMMERCE (MORNING)



B COM 2ND SEM (DAY)



B COM 2ND SEM (MORNING)



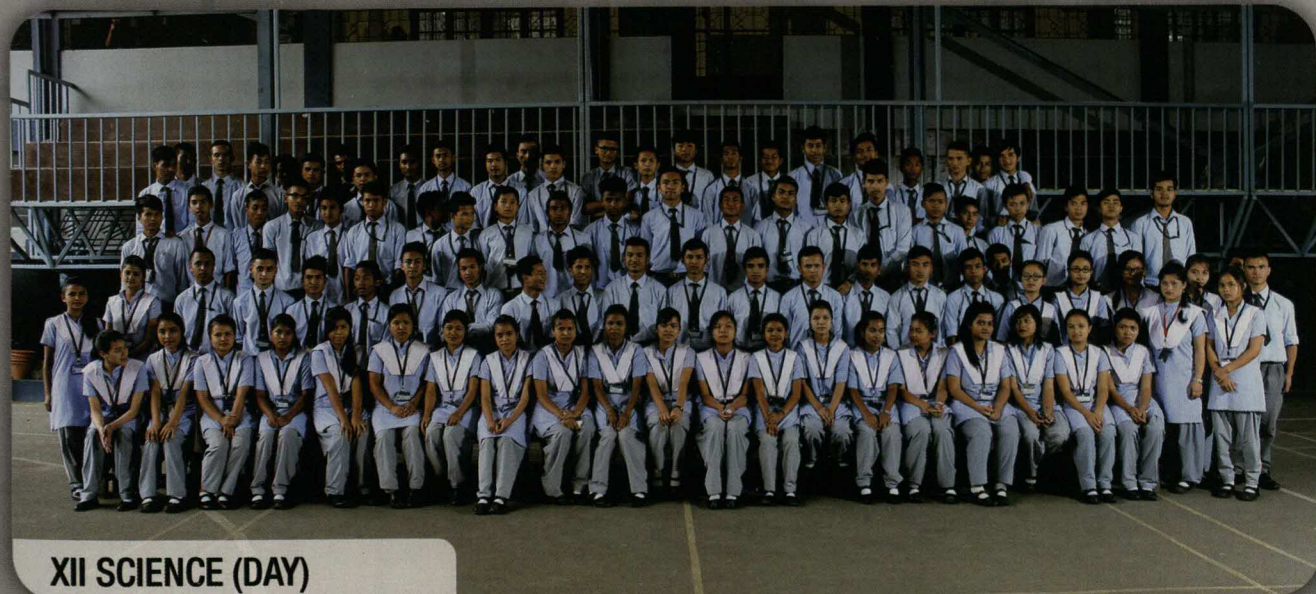
B COM 3RD YEAR (DAY)



B COM 4TH SEM (DAY)



XI SCIENCE (MORNING)



XII SCIENCE (DAY)



B SC. 2ND SEM



B SC. 3RD YEAR



B SC. 4TH SEM



BCA 2ND SEM



BCA 3RD YEAR



BCA 4TH SEM



BBA 4TH SEM

Classes Photograph by:
MELAM RANGAD

Beyond Me

When I joined the Rovers and Rangers cell, I did not have any idea what it was all about. I only saw some scouts in uniform and I thought it's something like N.C.C. but when I was recruited, I realized that it was different. It was founded by Robert Stephenson Smyth Baden Powell. He was born in London on the 22nd February 1857. His main objective was to help young boys contribute to the society and country in a more meaningful way. His wife, Lady Baden Powell was also born on the 22nd February 1889 by Scouts and Guides as 'Thinking Day' all over the world.

On the 22nd February 2016, we attended this function at our state headquarters with the other Rovers and Rangers. I was thinking what it would be like, as I found it quite strange.

In the hall, when the Chief Guest arrived the programme started. It was the 'All Faiths Prayer'. All the scouts and guides, Rovers and Rangers, leaders, scout masters etc sang Bhajans and other religious song in hindi. Different

religious leaders read their own respective scriptures. It was really nice as we felt that we all have the same God and that there were no differences. When we read or listen to the news we only read about lot of killings and hatred in the name of religion.

After the first part, Mrs. Amelia Swer who is our State Secretary and also the conductor of that programme called upon all the members present to think and pray for all the people who are poor and suffering, people suffering in Syria and the Middle-East, people suffering because of natural calamities etc. It was very solemn. After some kind of sermon by some religious leaders, we all sang the song, "We shall overcome someday", after which the State Secretary proposed a vote of thanks to all present. It reminded me that at least I should remember to pray for our fellow human beings particularly those who are suffering. ■

SLANSTAR NONGRUM
B.A. 3rd Semester

Our trip to Mercy Home

On the 15th of December, 2015 all the Rovers and Rangers along with our teachers and Senior scouts, we visited Mercy Home at Demthring. We reached there around 9.00 a.m. It was established by the Sisters of Charity. The Sister-in-charge received us and after introducing, she took us to some of the wards. Most of the old people were having tea/breakfast. While our teachers interacted with them, sister lead us to the garden. A truck had just left after unloading lots and lots of firewood. Our work is to carry all of it into the store-house. It took us nearly three hours to complete the job. When the work was done the sisters thanked us and offered us tea with some snacks.

After tea, the sisters took us around to interact with the grandpa's and grandmas. Some of them share a room, some of them four in one room, and some of them who seem to be old and sick in another room. We chatted with these old people. At that time there were about 20 female and

10 male senior citizens. They said that we should try to be good citizens, to be obedient to our parents and to look after them when they grow old and that we should not forget the sacrifice made by our parents. Some of them have children but were so busy, so they kept their parents in this Home, some of them have on one else, they have children but all died in a tragic way. Anyway, but they were very pleased to meet us. They all look so happy and thank us for visiting them.

Looking after these senior citizens was not an easy job. Some of them were so weak and could no longer help themselves. These sisters have a big heart and had sacrificed to join this mission. We took a group photograph with some of them. Once again they thanked all of us and bade us goodbye. ■

WANPHRANG POHSHNA
B.A. 3rd Pol.science (Hons)

MY EXPERIENCE AT RAJ BHAVAN



On the 07th September 2016, we had the opportunity to enter the Raj Bhavan, the official residence of the Governor of Meghalaya. Being a rover of the Shillong College Unit, I was so excited and happy to get a chance to go to Raj Bhavan. I pass by it when going to Police Bazaar or Wards Lake. It was well guarded with tight security and one cannot even stand in front of the gate of the Raj Bhavan. When we were told that we have been selected to perform there, all of us were so thrilled. Miss R. Pyngrope, our Ranger/Leader taught us the song that we have to sing. We practice regularly because we wanted to give our best.

On reaching Raj Bhavan along with the other rangers and rovers and also with the other teachers-in-charge, it felt really good to see its sprawling compound which was well maintained. It brought back memories of the British time where it was the residence of British Officers and also the Governor's House of undivided Assam and today the residence of our governor. It was just so beautiful and so clean.

We arrived here at 10.00 a.m the officer-in-charge asked us to proceed to the Durbar Hall. We went in and sat down. What an experience it was. We were so excited to be inside there, looking all around. There were big portraits of our father of the nation Mahatma Gandhi, Indian leaders big paintings etc. Dignitaries, guests started coming in. After sometime the governor came along with his security and was escorted to his seat. At 11.00 am sharp the function started. There

was the welcome speech followed by the ceremony for the induction of the Chief Secretary of Meghalaya, Shri. K.S. Kropcha IAS as the president of the Meghalaya Bharat Scouts and Guides. It was then our turn to perform. We went up to the stage in a much disciplined manner. I was nervous because it was the first time for me to sing in the presence of the governor. I use to sing only on small function. The song that we sang was really a meaningful patriotic song. Three rovers from Commerce Stream accompanied us as they played the guitar, ksing and ka bom (nakra). It all blended so well. After we had performed we were given a big round of applause. The Governor, the other dignitaries and every body appreciated our song because we sang it so well. We all felt so proud.

The honourable governor also gave away the prizes to the scouts and guides who won the essay competition.

The vote of thanks was delivered by our commissioner and finally the programme ended with the singing of the National Anthem.

Its not over yet, there was lunch and we all enjoyed it. Most importantly, the governor inspite of being busy spared his time to take snaps with us and also interact with us. It was unbelievable. It was the best day of my life and can never forget the 07th of September 2016. ■

MORNINGSTAR LAPASAM
XII Science

Camp Life

Regional Level Youth Development Cum Leadership Training at MAJHITAR, RANGPO, SIKKIM

4th – 9th JULY 2016.

On 2nd July, 2016, we left Shillong at 1. P.M and arrived at Kamakhya Railway Station at 4:30 P.M. We were on our way to Sikkim to attend the regional Camp at Rangpo We arrived at the Himalayan home, Rangpo, East Sikkim at 12:30 P.M on the 3rd of July.

On 4th July 2016, the first day of the Camp, we had to register. Altogether there were 85 participants (ie) Rovers & rangers, Scouts and guides from Meghalaya, Assam, Mizoram, Manipur, Tripura, Arunachal Pradesh & Sikkim. At 10:30 A.M. we assembled for hosting of the flag and inspection. After lunch, the 1st session started. After dinner, there was the Campfire, where we all actively participated. It was real fun where we got to see the traditional dance of different states, their costumes and traditional attire.

On the following day, we have to get up at 6 A.M. We have to go to the field and do B.P. exercises and we got our breakfast at 7:30 A.M After breakfast, we had to get ready for inspection. Session again began at 9:00 A.M. till 6:00 P.M. and this was our routine in the Camp.

When we were in the Camp, we learned a lot. Different Scout Masters and resource persons took these sessions. We were taught to be pure in our thoughts, to shun violence and to be responsible citizens. We should have a brotherhood feeling irrespective of our differences.

We understood that Scout and guide movement was for young people, open to all without any distinction of origin or race or creed or religion.

We had group discussions and were taught to interact with each other in the Camp in order to learn each other's culture and way of life. A session on leadership was also taken. In this session, a lecture was given on how to be self confident, to be sensible, character education, attitude and behaviour etc.

From all the session, what we liked most was the session on 'Free being Me'. Its an educational programme for young boys and girls of 5 to 18 years. The purpose was to live in a world free from pressure, appearance related anxiety emotions, free from bad thinking and to develop skill in activities which we enjoy doing. Further, emphasis was laid on how to shun violence amongst people and be an instrument to stop violence against girls, young children and women.

Camp life also helped and trained us to be disciplined and resourceful.

Apart from above, The Camp organisers took us for hiking near Ranpo city which we enjoyed so much. We also went for sight-seeing to Rumtek, Ganeshtok, Gangtok and other villages.

Finally, on the last day of the Camp. We attend the closing ceremony after which we said good bye to each other and to all our fellow-campers. Although it was for few days, we all felt like brothers and sisters. We left Rangpo on the 9th July at 11:30 A.M. we reached Guwahati the next day at 5:00 A.M. and proceeded to Shillong the same day. It was our first camp and we hope that we will get selected again to participate in such camps. ■

JOHN KITMIKI. L. NONGLAIT, HEILANDSTARWELL SOHTUN
LEDONKI LAWAI AND RIBAHUN KHARPRAN
B.A. 3rd year (Pol. Science)
Shillong College Rover and Ranger Crew



Student's
CORNER
KHASI SECTION

Akor Khasi

Naduh munshuwa akor Khasi,
Ishongnia, Ishongdur;
B'la seng lyngba U Kpa u Kñi,
Ban ioh ki Kha ki Kur;
Hynrei U Khun Khasi mynta,
Dap tang jingisnei;
Katba nangmih ki sngi ki ia,
Akor la nang duh ei.

Hei ho! Kyndit bynriew ko ri
Akor ai ba kan par;
Ymdei tang ha ka ri jong ngi,
Ha pyrthei salonsar;
Akor Khasi ai kan nym pra,
Kan nang iaishkem tylli;
Pynpaw ryngkat ki kam babha,
Akor babha shakri.

A! ri Khasi, A! ri Khasi
Pha riewspah ha akor;
Akor babha kid a iohi,
Man ka sngi, man ka por;
Haba la ioh akor babha,
Da sumar bad da ri;
Wat nym leh bieit ne leh ruma
Namar ioh ki kdew kti.

Ban peit ha kip or ba hyndai
Akor shisha ka iar;
Ym kum mynta ka juk thymmai,
Akor la jan khuid phar;
Da kynmaw ia longdien longshuwa,
Akor ha ki kyrhai;
Jingim lade ruh da pynbha,
Wat klet akor tynrai.

Ko ri baieid ko ri Khasi
Jingieid U Blei ka her;
Pynphriang akor manla ka sngi,
U Blei un da un ker;
Ha pyrthei ka akor babha,
Kaba ngin don mangi;
Lada ngim don ka long kynsha,
Bad duh ka ri ban jingi.

UBlei u ieit shisha ia ngi,
U pynpaw ki akor;
Kylleng sawa akor Khasi,
Ha nongkyndong, ha sor;
Ko khun Khasi, Ko khun Khara,
Ko khun baieit U Blei;
Klet noh jingbieit pynphriang jingbha,
Akor babha to sei.

Ban klet akor ban klet riti,
Ban klet la ka dustur;
Long lehnohei u Khun Khasi,
Akor lanang jynsur;
Baroh na ngi, ki Kur ki Kha,
Akor babha pyni;
Hynrei u khun Khasi Khara
Akor babha u die.

Watla longheh ne shongshuki,
Mapha te ba kordor;
Lada ia pha nyngkong yn plie,
Sawdong paw khlemakor;
Akor babha dei tang mapha,
Bad a burom ia ngi;
Watla u Syiem ne u Patsha,
Khlem don mapha ijli.

Sa shisien pat ko khun ka Ri,
To pynsyiang la ki sur;
Namar ki khun pateng jong jong ngi,
la Ri kin pynwandur;
Ko khun Khasi, Ko khun Samla,
Akor wat pynsep ei;
Namar ngi paw lyngba jong ka,
Kum Thawlang ka lawbei.

Mynta u khun Khasi jong ngi,
U sdang ban shem jynjar;
Sa tang jingisynei bapli,
la u kiba synshar;
Namar jingsniew ha u suda,
la u ki la ringsti;
Ula leh klet akoe paka,
Kan jah burom ka Ri.

Akor babha wanpaw ha ngi,
la lawei ngin saindur;
Wan paw noh kloï h'u khun ka Ri,
Jingim ba kan wandur;
Wat u bieit duh, ba bieit shisha,
Khlemdon mapha isynei;
Wanpaw ha ngi, wanpaw mynta,
Jingthaw ha ka pyrthei.

Ha sngap baroh ko para ri,
Shaphrang shaphrang ngin tur;
Jingsniew kin wan ngin nym aili,
Ngin beh kum Iyer bajur;
Namar kin sah akor babha,
Shilynter ha lynti;
Ai ba kin long kum por mynshuwa,
Kin neh lynter ki sngi.

La thoh da
U STEVENSON TANGSONG
Class XI (Science)

I Mei Jong Nga

I mei jong nga, I mei jong nga
Nga ieit eh ia I mei;
I mei ba kha, I mei ba pun,
Tang I te ha pyrthei.

Phi trei ki kam phi kit phi bah,
Tng ban pynbiang ia nga;
Ka sngi, ka lyer, u slap, u phria ki shoh,
Ka suk to phim juh ioh.

I mei jong nga, I mei jioing nga,
Haba nga shitom ne, pang;
Baroh shimiet phi ap ia nga,
Ban thiah ruh te phim nang.

Bunsien ia nga phi sneng phi khraw,
Khun! Ha sla pyrthei ba tang shipor;
Kumno ban im kumno ban trei,
Ban ioh iaroh na u briew u Blei.

I mei jong nga, I mei jong nga,
Ngan trei shitom katba nga lah
Wat la nga long u khun ba duk,
Khnanng ba lawei ngan ioh jingsuk.

Ko mei jong nga, ko mei jong nga,
Daei iaphi ngan siew kylliang;
Tang ba phin suk tang ba phin kmen,
Ngan minot katba lah.

Jingsneng, jingkhraw jong phi ngan ym lyndet,
Katba nga dang im ngan ym klet;
Dienjat jongphi te mei ngan bud,
Ngan kynmaw sah shirta na khuiñ dohnud.

U Tiew Lai Phew Rong

Shiteng ka riat te ba me shong,
Ko tiew phyla ba laiphew rong;
Ban khmied ka khmat sha me shisha,
Katno nga I sarong.

Ka sngi U phria U slap Me shah,
Khlem khmium khlem da pyrta;
Jai Jai Me sei la U syntiew,
Ban sei pyrthei la jingbhabriew.

Kumne shisha ko tiew bunrong,
Jynjar ban shew ban lap;
Ban buddien ia ki dienjat jong me,
Shisha kaba sohsat.

A! ko tiew ba laiphewrong,
Laiphew na ar jingmut;
Ja me baroh kin khmied ban peit,
Ja me baroh kiin kwah ban kheit.

Mem kwah shong iing paki dulan,
Raieh rai dam me shong;
Jing long sngewrit me dap me shlei,
Ko tiew phyla ba la theh sei.



Student's
CORNER

GARO SECTION

Mandeni Ka·tongko Poraiani

READING THE HEART OF A MAN

North Americani damsao diltubegipa notice ge·sa dongachim. Ua noticeora indake seachim, “ Duk ong·enggipa mandena ka·sae dakaniara hajal tangkarangko on·anaba bata... aro ka·dingsmitaniara baditaba mile ong·pile chel·gipa ka·namgijagipa mandeni ka·tongko sepangona salbana man·a.”

Ua notice boardara sanabade namen dakchakbeani ong·achim aro uko nkgipa sakantian poraigija dongnan man·jachim. A·gilsako an·ching mande ong·e janggi tangenon sakantian guala gri janggi tangna man·ja, beben an·ching sakantion gualanide dongtelaia aro gualanichisa je daka rikanikoba skie ra·na man·bata. Indiba basakobade an·ching an·tangtangni gualanirangko ma·sichakja, un baksanaba an·tangkode ong·e nikrongaia; uani a·selan an·chingara basakobade mikkana ong·atako man·e mikandalaona ba andalgipa kamrangona dilangako man·ronga. Indake ong·ahaon mandeni kamara goka ong·ana agre chol dongjaha.

An·ching mande sakantian North Americani song damsao tape donggipa notice gita chacha ong·a. An·chingara saksa

sakgipinni notice ong·a. An·chingni kam cholon daka rika pilakkon saksa sakgipinsa uina altubata. Ua kamko uanian an·chingko sakgipinni poraiani ong·a. maina mandeni janggi tanganiode saksa sakgipinko altuae niksengna man·a. Uni giminsa an·chingara dal·begipa noticeboard gita chacha ong·a. An·chingkoba uigrikgipa saksa sakgipin ba ripengskarang agana ba golpoe roa; Ua agana ba golpoe roanian an·chingko poraiani ong·a. Uni giminsa an·ching an·tangtangko simsakbee nama kamrangko dakna ja·ku ga·na aro saksa sakgipinna ba an·tangni u·igipa manderangna an·tangko nama bewal, kam cholon, pilak daka rikani gimin an·tangko poraichina on·giparang ong·na nanga. Angni ba nang·ni kam namjaode maikai sakgipinrang nama ine poraigen, namgijagipa kamkode namja inen poraiako man·aigen, namgipa kam ong·osa nama ine poraiako man·gen. Uni giminsa an·chingara an·tangna ba saksa sakgipinrangna namgipa noticeboardko tapna ba mesokgiparang ong·na nanga. ■

GAMSENG N SANGMA
B A IVth semester
Garo Honours



A'ANMA

THE MOTHER EARTH

totsamangmango,
Dongtogipa ma'an kurio,
Chengon atchu ambiba,
Songdonge re-angjok,
Jelbra jelsutokjok,
Chasong bilsirango,
Manden songdongramo;
Janggirang ia Edeno.

Donjok nang bimango,
Dimdakan janggirangko,
Duk sukkoba cha-totrima.
On-ku dedrangna ka-saniko;
Kariantin mittange kurio,
On-e ching' nangarangko;
Skiku ring-na knatoa gitko,
Ka-srokatbo ching' ka-tongko.

Mitteltok Un' on-arango,
Dongja gipin nambatgipa;
Dikdik neng-takna a-sako,
Dakgipa Rugipani on-asa.
Janggin wate re-pilaona;
Man-e Un' ka-saaniko,
Dandankuna nang-on,
Man-kugen basakona?

Tangsekgilgil simdikgil,
Nitoe dakgimin a-ako,
Burung a-ba o-bajok,
Rama jal-ang kabajok.
Silang a-kuangoba,
Dimchang pangsrang;
Songnokan seng-srang,
A-chu a-patal a-kaweo.

A-anmao suake dongako,
Ba-bran' on-skaaoniko,
Gamchata gamrang;
Nangarang pilakkon.
Sual pattie dontokjok;
Mande daria u'rangko,
A-anmani gam jino dan-dane;
Indiba chu-ongnikjaha.

Ang' song aman' song,
A-chik a-song A-chik jatna,
Hajal chansokgijana bata.
Dongoba a-sak apalbata,
Niksokgijao chansokgija,
Chubeao damgipin biaprang;
Indiba nang-osan man-aia,
A-anma dongtobata nang-on.

Chiring chibimarang,
Dal-ang suang jokangku,
Aima-ditemaona tom-tom.
Nikjachong nang' ong-siako;
Kongtok a-chang galako,
Nisia manden' jakmako.
Ang' dedrangna on-kubo,
Nang' nitoo gunrangko.

Mikboke jegrik dakgrika,
Mitchie mikneng beria,
Aman mittangako u-ija;
Cha-u ra-seka, gro bota,
Bobil dinga nisigrika.
Ma-drang jat basegrika;
A-kangtoka ari sala,
A-anmani ki-tikbrioni.

RIKRAK. J. SANGMA
BA IVth Semester
Garo Honours



Oh Bida

OH EDUCATION

Oh bida na·a bao?
Bano dongnue dongenga na·a?
Noksik nokbak am·genoba
Nikna man·ja nang' bimangko,

Oh bida, bimang dongode na·a
Sal nabaoni sal napaona,
Am·pagenchim do·o gita ga·briteba nang·ko
Maina mikkim rasongan nang·osa.

Oh bida nang·ko man·jaode,
Mikkiman dongpaja bimang silbeoba.
"Cha·a Raja cha·genchim ong·oba,
Donga Raja donggenchim ong·oba"

Oh bida na·a ang' mikkangonchim
Man·ja indioba dangtapna nang' bimangko
Gisik neng·bee lekka porachisa
Man·paa da·nang darangan nang·ko

Oh bida anga nang·ko man·ahaode,
Maiko nangkua angna ia a·gilsakode,
Maina pilak bobilrangko warachakna,
Mil·am sepl ong·a na·an angna.

Oh bida, nang·ni nitoana mikboke,
Gari gora tangka palsa aro noka jama,
Ripeng baju aro gun gnanggipa me·chikba
Sandibala skatangan nang baksa dongna.

Oh bida, na·a Mandeni rasongko de·doa,
Ding·ol gramchlaoniko na·an chel·chaka,
Oh anga da·osa ma·sia nang' gamchatako
Jotton ka·kugen nang·ko man·gijade
pangnajolnaba

Oh! angni ka·sara A·chik chadamberang,
Bidara maidakgipa bimang uko sandichengna,
Bida maina gamchata uko ma·sichengna;
Bidaan nang·ko, angko aro A·chik jatko
niksengatna ama. ■

THONOBATH ARENGH
B A IInd semester
Garo Honours



Student's
CORNER
HINDI SECTION

तुम चलते जाना

लक्ष्य दूर, विश्राम न करना,
ऐ राही ! तुम चलते जाना।

पाप-पुण्य के गहरे तल में
जो भी उतरा मोती लाया,
युगों-युगों से यही रीति है,
जिसने खोया उसने पाया,
बंधन को क्यों बंधन माना,
ऐ राही ! तुम चलते जाना।

कहती है सरिता की धारा,
गति-विहीन जग सूना सारा,

पास न जिनके सावन आया
पतझड़ लगता उनको प्यारा

सच कहते हो कठिन डगर है
लहर-लहर में लहर-लहर है,
साहस से पर्वत भी झुकता
सूर्य बिना कब प्रथम प्रहर है
कांटों का भी तुम गुण गाना
ऐ राही ! तुम चलते जाना

दिव्या ओझा
बी.ए., प्रथम सेमेस्टर

ऐसा क्यों बचपन

खिल रही है कली की तरह
मेरे दिल में एक अभिलाषा
कि कोई बच्चा न रह जाए
भूखा प्यासा।

न जाने क्यों मैं जान न पाती
कि सुबह-सुबह यह बच्चा
उठकर कहाँ जाता
न वह स्कूल जाता, न वह खाना खाता
अपना दर्द वह खुद ही में छुपाता।।

जब भी वह थक हार कर
कुछ कमा कर लाता
तब भी वह आधे पेट ही रह जाता
रोज के रोज वह रात गुजारने का आसरा तलाशता
कभी पेड़ के नीचे, कभी दुकान के आगे

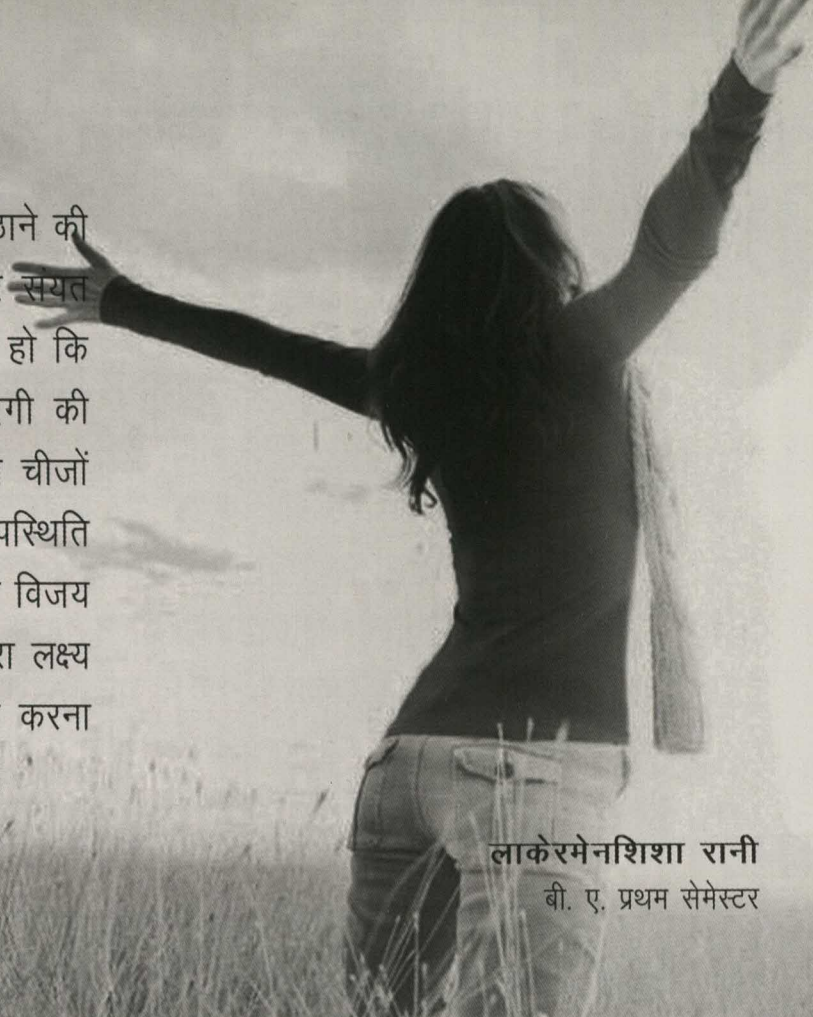
इंसान होते हुए भी वह जानवरों
की जिन्दगी बिताता।
वह रोजाना जब काम पर जाता
अन्य बच्चों को स्कूल जाते देख
उसका दिल भी वहाँ जाने को ललचाता

न कोई होता है इनकी कद्र करने वाला
न कोई होता है इनकी मदद करने वाला
और जिन्दगी की होड़ में
वह पीछे रह जाता और वह इसी प्रकार
अपनी बदकिस्मत जिंदगी बिताता।।

दिव्या ओझा
बी.ए., प्रथम सेमेस्टर

साहस

साहस का अर्थ है – निडरता, जोखिम उठाने की तत्परता, लड़कर हारने पर भी शांत और संयत रहने की क्षमता, भले ही हमको मालूम न हो कि हमारा अंजाम क्या होगा। वैसे, यह जिंदगी की एक सच्चाई है कि हम पहले से ही सभी चीजों को नहीं जान सकते। साहस डर की अनुपस्थिति नहीं है, यह तो डर पर नियंत्रण है, डर पर विजय है। जिंदगी में सफलता प्राप्त करना हमारा लक्ष्य है। इसलिए हमें साहसी बनने का प्रयत्न करना चाहिए क्योंकि जीत हमारी ही होगी।



लाकेरमेनशिशारानी
बी. ए. प्रथम सेमेस्टर

जिंदगी

जिंदगी फूलों की सेज नहीं,
यह तो कांटों का ताज है।
जब तक शरीर जीवित है
तब तक भरा है रास्ता कांटों से।
परम कर्तव्य है हमारा चलना इस पर
दिखाना है बुराई जीत कर
यदि हम चलना सीखें,
होगी प्राप्ति ज्ञान-भंडार की।
जब होगी प्राप्ति क्षय की
तब चमकेगा जीवन सूरज-सा।

आगे-पीछे देखकर चलना सीखो विद्वानों
से
कभी न सीखों घबराना अनजानों से
यदि कांटों की नोकों को सहना सीखो
तो मिलेगी तुम्हें फूलों की खुशबू।
साहस लेकर सामना करो मुसीबतों का
हटो ना पीछे कभी कठिनाइयों से।
इंसान होकर खोज करो ज्ञान-भंडार और सच्चाई की,
तब जिन्दगी फैलाएगी खुशबू चारों दिशाओं में।

संगीता लकड़ा
बी. ए. प्रथम सेमेस्टर

मजेदार जानकारियाँ - 9

1. सानमारिनो विश्व का ऐसा देश है जहाँ दो राष्ट्रपति हैं।
2. रविवार की छुट्टी 1843 से शुरू हुई।
3. विश्व में खट्टा शहद ब्राजील के जंगलों में मिलता है।
4. विश्व में कुल 2722 भाषाएं बोली जाती हैं।
5. विश्व में स्पेन ऐसा देश है जहाँ कपड़ों पर अखबार छपता है।
6. विश्व की प्रथम महिला प्रधानमंत्री श्रीमती भंडार नायके हैं।
7. विश्व का पहला रिबॉल्वर कोल्ट अमेरिका ने 1835 में बनाया था।
8. विश्व में बिजली का अविष्कार 1672 में वान गुएरिके ने किया था।
9. विश्व का रूस ऐसा देश है जिसके एक भाग में शाम और एक भाग में सुबह होता है।
10. चीन विश्व का ऐसा देश है जिसकी सीमा को तेरह देशों ने घेर रखा है।

मजेदार जानकारियाँ - 2

1. अगर आप शरमा रहे हों या शर्मिंदगी महसूस कर रहे हों तो आपके पेट के अंदर का रंग लाल हो जाता है।
2. लड़कियाँ लड़कों की तुलना में भाषा जल्दी सीखती हैं और अधिक कठिन शब्दों का प्रयोग करती हैं।
3. अगर आप कम सोते हैं तो आपका वजन बढ़ने की संभावना बढ़ जाती है।
4. तेज ध्वनि पर संगीत सुनने से आँखों की देखने की क्षमता प्रभावित होती है। यही वजह है कि लोग दूर की चीज देखने के लिए ईयरफोन निकाल लेते हैं।
5. आपके मोजों में से बदबू आ रही है तो उन्हें एक रात फ्रिजर में रख दीजिए। ठंडक से बैक्टीरिया मर जाएंगे और बदबू आना बंद हो जाएगा।
6. अगर आप म्यूजिक सुनते हैं तो इससे ब्रेन द्यूमर का खतरा कम हो जाता है।

उज्वल डे

बी. ए. तृतीय सेमेस्टर

वक्त

हमारी जिंदगी में वक्त दो तरह से चलता है
एक तेजी से और दूसरा धीरे से
जब हमारे सामने मुश्किल समय आता है
ते जैसे वक्त थम सा गया लगता है.....
लेकिन जब खुशियों का समय आता है
तो जैसे वक्त रफ्तार पकड़ लेता है.....
मुश्किलों का समय हो या खुशियों का.....
हम अपनी जिंदगी में वक्त को तेज या
धीरे करने का उपाय ढूँढते रहते हैं।
वक्त यह हमारी मुश्किलों या खुशियों का समय नहीं देखता।
वक्त हमारे लिए नहीं रुकता.....
वक्त जब तक है हमें अपनी जिम्मेदारी निभाते रहना है.....
वक्त जब तक है, समय तो आता रहेगा.....
क्योंकि वक्त ही हमारी जिंदगी है।

सोसाद, गोविन्द
वी. ए. प्रथम सेमेस्टर

शिक्षा का महत्व

शिक्षा से अभिप्राय सर्वश्रेष्ठ गुणों का प्रकटीकरण है, जो बालक और मनुष्य के शरीर, मस्तिष्क और आत्मा में विद्यमान है। शिक्षा को कठिन परिश्रम करने वाले लोग ही पूर्ण रूप से पा सकते हैं। पहले जमाने के छात्र एवं छात्राएं शिक्षा प्राप्त करने के लिए अधिक मेहनत, पूरी लगन, गुरुओं की सेवा तथा शिष्टाचार को व्यवहार में लाते थे। लेकिन आजकल के छात्रों को इसे करने में लज्जा आती है। लेकिन मनोरंजन की ऐसी वस्तुएं तैयार की हैं जो कि इनके लिए प्रोत्साहन देने वाली होती हैं, जैसे टेलीविजन, फेसबुक, वाकमैन इत्यादि। पुराने समय में लोग दुःख झेलकर अपनी शिक्षा पूरी करते थे। विद्या को धन से तौला नहीं जा सकता है। विद्या ईमानदारी कहलाती है। जिसके पास सच्ची शिक्षा होती है उसे

कहीं भी सफलता प्राप्त हो जाती है।

मनुष्य अपने भाग्य का निर्माता स्वयं होता है। आज का व्यक्ति अपने स्वार्थ के लिए पैसा कमाता है और उसका गलत कार्यों में उपयोग करता है। जैसा - पैसा देकर अपने बच्चे को पास करा देता है। मानव कुछ प्रवृत्तियाँ लेकर इस विश्व में प्रवेश करता है। जिसके परिणाम स्वरूप वह सामाजिक प्राणी बनता है।

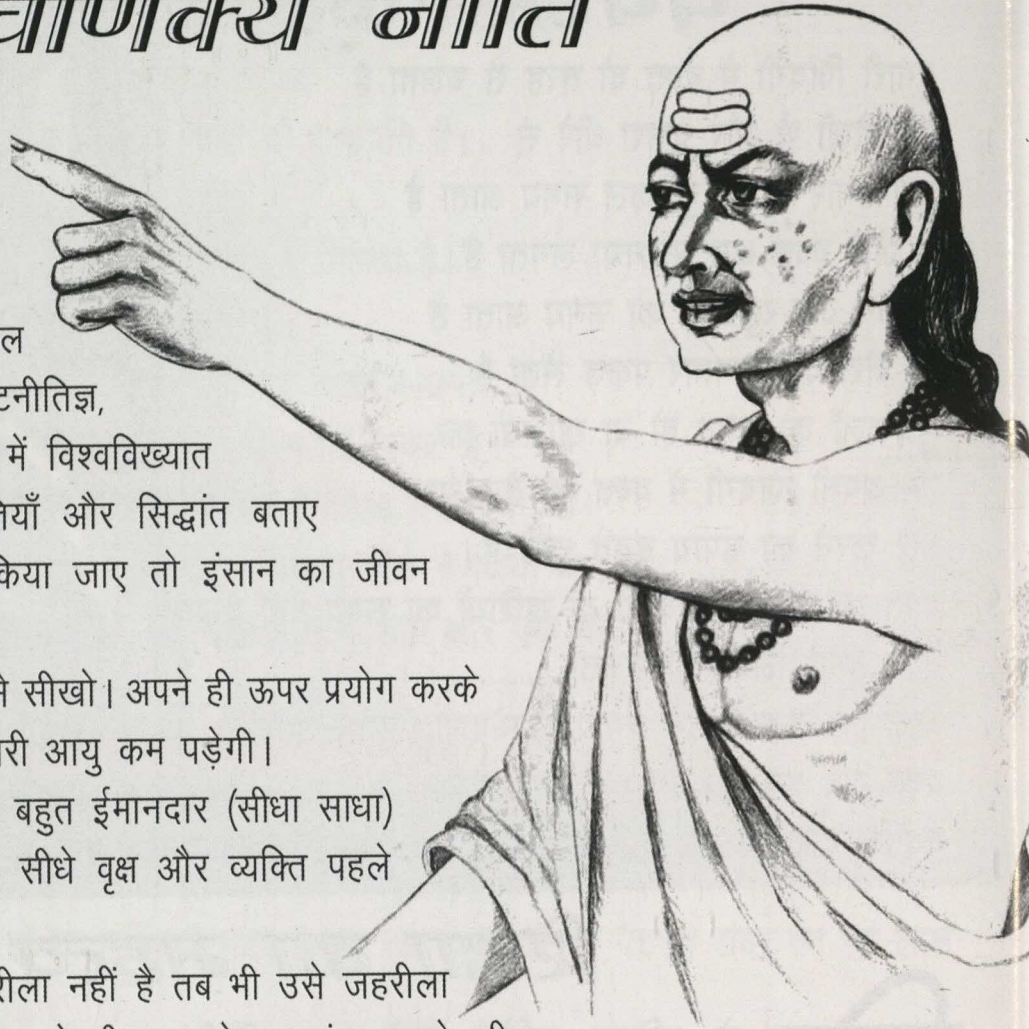
जिज्ञासु मस्तिष्क, अन्तर्ज्ञानी हृदय, चिंतनशील आत्मा और प्रौद्योगिकी के इस युग में यह स्मरण रखना चाहिए कि जीवन का वृत्त लोहे के ढांचे से बिल्कुल अलग है। इसलिए पहले के छात्रों को आदर्श मानते हुए आगे बढ़ना चाहिए तथा पुरानी संस्कृति को फिर से अपनाना चाहिए।

हाबाडा फिला खारजाना
प्रवक्ता, हिन्दी विभाग

चाणक्य नीति

चाणक्य भारत के महान विद्वानों में से एक माने जाते हैं। मौर्य साम्राज्य के संस्थापक चाणक्य कुशल राजनीतिज्ञ, चतुर कूटनीतिज्ञ, प्रकांड अर्थशास्त्री के रूप में विश्वविख्यात हुए। चाणक्य ने जो नीतियाँ और सिद्धांत बताए हैं अगर उन पर अमल किया जाए तो इंसान का जीवन बेहतरीन बन सकता है।

1. दूसरो की गलतियों से सीखो। अपने ही ऊपर प्रयोग करके सीखने के लिए तुम्हारी आयु कम पड़ेगी।
2. किसी भी व्यक्ति को बहुत ईमानदार (सीधा साधा) नहीं होना चाहिए – सीधे वृक्ष और व्यक्ति पहले काटे जाते हैं।
3. अगर कोई सर्प जहरीला नहीं है तब भी उसे जहरीला दिखना चाहिए। डंस भले ही न सके पर डंस सकने की क्षमता का दूसरों को अहसास करवाते रहना चाहिए।
4. हर मित्रता के पीछे कोई स्वार्थ जरूर होता है – यह कडुआ सच है।
5. कोई भी काम शुरू करने के पहले तीन सवाल अपने आपसे पूछें – मैं ऐसा क्यों करने जा रहा हूँ ? इसका क्या परिणाम होगा ? क्या मैं सफल रहूँगा ?
6. भय को नजदीक न आने दो। अगर यह नजदीक आये इस पर हमला कर दो, यानी भय से भागों मत इसका सामना करो।
7. दुनिया की सबसे बड़ी ताकत पुरुष का विवेक और महिला की सुन्दरता है।
8. काम का निष्पादन करो, परिणाम से मत डरो।
9. सुगंध का प्रसार हवा के रुख का मोहताज होता है पर अच्छाई सभी दिशाओं में फैलती है।
10. ईश्वर चित्र में नहीं चरित्र में बसता है, अपनी आत्मा को मंदिर बनाओ।
11. व्यक्ति अपने आचरण से महान होता है, जन्म से नहीं।



Report from Entrepreneurship Development Cell (EDC), Shillong College.

MRS. I S KHYRIEM
EDC Member

The Entrepreneurship Development Cell, Shillong College which continuously strives to enhance the entrepreneurial competence and skills of the educated youths has conducted a number of activities for the academic year 2015-2016. These are as follows:

- **SEMINAR ON NATIONAL SKILL DEVELOPMENT CERTIFICATION**

The Entrepreneurship Development Cell, Shillong College in collaboration with National Institute of Information Technology, Shillong (Letter dated 25th July, 2015) conducted a one day Seminar on National Skill Development Certification on the 19th August, 2015 in the Conference Hall of the College. The target groups include II & III Years Students from Arts, Commerce & Management Streams. The seminar was attended by more than 115 participants including faculty members.

- **SETTING UP OF A STALL ON NATIONAL SKILL DEVELOPMENT CERTIFICATION**

As a follow-up to this seminar, the Cell facilitated NIIT in setting up a stall for two days on the 10th & 11th September, 2015, in the college campus. This exercise enabled better communication, information and interaction amongst students and resource persons on the opportunities and significance of National Skill Development Certification.

- **INTERACTIVE PROGRAMME ENTITLED "FROM GARBAGE TO GOLD"**

An interactive programme entitled "From Garbage to Gold", was organized by the Cell on 28th September, 2015. The resource person for this programme was Shri P. Lokho, Community Development Expert, Design Supervision Management Consultancy (DSMC), Mott Mac Donald, Pvt. Ltd & Consultant, Department of Urban affairs, Government of Meghalaya, Shillong. The main

objective of the programme was to create awareness about the vast business opportunities of waste management.

- **FACULTY & STUDENTS' DEVELOPMENT PROGRAMME -- A CONTINUOUS PROCESS**

On 16th and 17th November, 2015, a group of fifteen students of B.Com Third Year along with faculty coordinator Smt. P.Khonglah, Department of Commerce attended a Two Days Program of the North East Connectivity Summit, organized by FICCI and KPMG at the State Convention Centre. The Summit was sponsored by the North Eastern Council, Ministry of DONER and the State Government, Meghalaya.

- **THE UGC SPONSORED THREE MONTHS CERTIFICATE COURSE IN ENTREPRENEURSHIP DEVELOPMENT - Batch of 2015**

❖ The numbers of participants enrolled in 2015 were 25 and the course commenced from 1st July, 2015. The field visits that were arranged for the participants are:

1. Hands-On Training on Food Processing, Kara Food Products, Pohkseh, Shillong on 21st August, 2015. The faculty members who accompanied the participants were Dr. (Mrs) E Kharkongor; Dr. S Khyriemujat; Department of Sociology and Smti. I Diengdoh, Department of Management.
2. The Export Promotion Industrial Park; Byrnihat on 11th September, 2015. The participants were accompanied by Dr. (Mrs) E. Kharkongor & Shri S Lyngskor.
3. Two Day's Residential Workshop at the Rural Resource Training Centre; Umran on 17th – 18th September, 2015. The participants were accompanied by Dr. (Mrs) E Kharkongor; Dr. S Khyriemujat; Shri T Warjri & Shri E Suting; Recourse Person; Entrepreneurship Development Cell; Shillong College.

4. All the successful participants of the certificate course were facilitated on 7th October, 2015 in the Principal's Conference Room.
 5. It is noteworthy that the Meghalaya Institute of Entrepreneurship has sponsored and financed a number of budding entrepreneurs to attend the mentioned Course.
2. Mr Dondor N. Kharmalki has set up a Men's Salon named SLICK SALON at Mawlai, Mawroh, East Khasi Hills District, Shillong, after the completion of the training. The salon was inaugurated on 28th June, 2016. This event was attended by Dr. (Mrs) E. Kharkongor, Course Co-ordinator and Smti. I. S. Khyriem, Department of Statistics, Shillong College & member, EDC.

❖ **SUCCESS STORIES OF EDC PARTICIPANTS, 2015 BATCH**

1. Miss Shonmipem Hongray, has set up a family business in Fashion Clothing Retail Shops. At present she has set up stores in seven locations in the state and plans to expand to other states in the North Eastern Region.

ONGOING PROGRAMMES

The Cell is conducting the fourth batch of the UGC Sponsored Three Months Certificate Course in Entrepreneurship which commenced on 15th July, 2016. The Meghalaya Institute of Entrepreneurship has also sponsored a number of budding entrepreneurs to attend the mentioned Course.

KUDOS TO ENTREPRENEURSHIP DEVELOPMENT CELL (EDC)!!!

The contribution of EDC has been reflected in the NAAC Peer Team Report, (23rd April, 2016), on Institutional 3rd Cycle Re-Accreditation of Shillong College, Meghalaya-793003 (Dates of Visit – 21st – 23rd April, 2016) in the following parameters:

2.2 Teaching-Learning and Evaluation

2.2.6: Student Performance and Learning Outcome – “..... Entrepreneurial expertise encouraged among students.”

2.5 Student Support and Progression

2.5.1: Student mentoring and Support – “EDC conducts UGC Sponsored Three Month's Certificate Entrepreneurship every year to provide competencies and skills to students.”

2.7: Innovations and Best Practices:

2.7.2: Innovations: ---- “Entrepreneurship Development Cell constituted.

Source: NAAC Peer Team Report, dated:

Study Tour cum Excursion 2016

BARIKUPAR PASWETT
Department of Botany

It all started as a blur. The news that we would be taken on a study tour at the end of the year was quite exciting. Of course we had to pay a minimal fee along with some support from the college but the thought of being given a chance to go to the beaches and historical churches of Goa was exciting enough.

We left on the morning of 26th December, 2015 at about 08:30 a.m. As excited as we were, it was quite a tiresome morning as we were obviously all quite exhausted from staying up the previous night as it was Christmas.

Finally, we left the college premises. There were 40 of us and we left on five TATA Sumos. At about 10:45 a.m. we reached Nongpoh where we made our first stop. Had our lunch and without wasting much time, we were on our way again to Guwahati Railway Station, Guwahati. We reached quite early at the station, so we had to wait. Finally when the train arrived we rushed towards the train and we were on our way! GOA here we come!!!!

It was a first time for most of us in a train so again that in itself was quite an experience. We were nervous, scared too (if you know what I mean) and so excited. In fact we were so excited that I don't think most of us slept that night. Nor the night

that followed. So we had fun, we chatted, talked and planned about what we'd do when we finally get there. However before we got to Goa we had to make a stop in Mumbai from where we had to take another train to Goa, and hence we reached Mumbai on 28th December, 2016 and I've got to say, we were not really that much into Mumbai, something about the place just didn't give us the 'feel's. Anyways, we reached Mumbai that night. We got down and had to travel to CST station by a local train, which we did and we finally reached CST station from where we would take a train to Goa.

The next morning after hours of delayed time, the train finally came and we left at around 07:15 a.m. from the station. I have to point out, this trip was different. It was more pleasant, the train was cleaner and the food was great. Along the way we had to pass through so many tunnels, which were just awesome, and I kind of miss them.

A few hours after midnight we finally reached Goa!! We were thrilled. A bus from the hotel that we were supposed to stay in was waiting for us outside the station. We got on it and reached the hotel. It was almost dawn. We reached our rooms and first thing we did was take a bath and for the first time since we left Shillong, we slept so peacefully. The next



morning we woke up and started our week-long tour of the place. The first outing was to Calanguite after which we went to take our lunch back in the hotel. Then we left for the beach. Colva beach!!! I can still remember the moment we got there. I remember the excitement. I knew all of my friends were very excited, maybe even more excited than I. We ran, played in the water, slept and rolled about in the sand. We were little children again. We took pictures, lots and lots of them. We shouted and laughed. We just didn't want to leave the place. But eventually we had to, for the day of course.

The next few days in Goa we visited almost all the beaches and the churches. The churches were huge and incredible. They were centuries old, and the architectural masterpieces of these churches were just magnificent. We went shopping as well. Goa was just everything and so much better than what we had anticipated. The last beach we visited was Palolem Beach. There was something different about this beach. It was crowded with foreign tourists. It was cleaner and there was more than just sand and water here. We knew this was our last day here, we knew from the next day we will probably not be seeing these beaches again for a very long time, so we enjoyed our hearts out that day. It had a certain class and standard to it. Some of us went on a boat ride to 'Dolphin Island', and got a chance to see the magnificent creatures in abundance in and around the island.

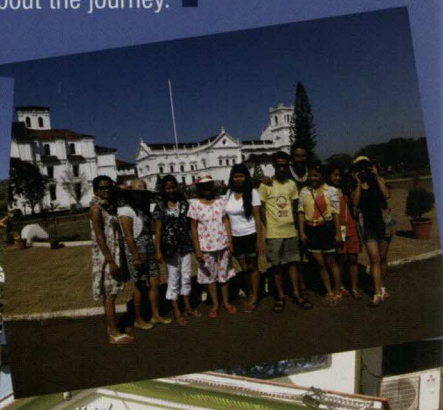
On the last day, we woke up. We hadn't left but we were already missing the place. Our train was scheduled to leave in the evening so we were taken sightseeing for the last time

on the study tour. We were taken on a boat ride before we had our lunch and left for the station. I guess it's true when they say people who go down to Goa just don't stop having fun because we didn't either. I can still remember all of us dancing throughout the boat ride. On the boat!! Who would've have thought that one could groove to a U.N. Sun number in Goa. We did!! And that's how we ended our tour of Goa.

On our way home we stopped in Mumbai again. Went for a little sightseeing but none of us liked it I guess. It was just not Goa. We were so keen on leaving it.

But however the excursion was not over yet. We made our final stop in Kolkata before coming back home to Shillong. And Kolkata was a different taste all together. We went shopping mostly all the time we were there. But it was fun. We roamed about all on our own. Our teacher let us so we would be familiar with the place. I remember we were always staring at the little screens of our mobile phones with google maps showing us the direction as we were scared we'd get lost. One thing I'll cherish about Kolkata is the visit to Victoria memorial. Its magnificence is just astounding.

After three days, we left Kolkata and came back home. It was a fun trip. A great trip actually. We made memories and most importantly we made new friends. The trip bonded us in ways that we would never have had we had never gone there. I shall always be thankful to our teachers who took us there. I'll cherish this for a very long time. And as they say it's not about the destination it's all about the journey. ■



*Report of the State Level Seminar on Understanding Seismic Activity organized
by Departments of Chemistry and Environmental Studies Shillong College on
9th September 2016 in the College Hall*

Department of Chemistry & Department of
Environmental Studies
Shillong College

Earthquakes of huge magnitudes are disastrous as they can cause extensive damage to life and property. It is imperative to be fully aware as to the nature and cause of an earthquake as well as to equip oneself with preparedness and alertness if such a calamity were to occur in North East India which is identified as Seismic Zone 5. The Seminar on the theme "Understanding Seismic Activity" was organized with the objective to provide a platform for Experts in the subject as well as the authorities in the Government and the Government Representatives, to share and exchange ideas so as to dissipate useful information to all participants in Understanding Seismic Activity. The Departments of Chemistry and Environmental Studies of Shillong College organized a State Level Seminar on the Theme , "Understanding Seismic Activity" where experts from NEHU, IMD, SDMA and DDMA, Meghalaya had come to share their expertise on the subject.

The Seminar started off with the Inaugural programme at 11 AM where the Minister of PWD Buildings, Information Technology, Government of Meghalaya was the Chief Guest. Before her speech, the Head, Department of Environmental Studies, NEHU, Prof D.Walia, gave a keynote address on the theme. He shared his experience in this field and related project where he had been to different states in India and abroad and he made a comparison of what the developed countries were ready with new technologies and systems to prepare in the event of earthquake but not so much in India and particularly our State, Meghalaya. The Chief Guest delivered the inaugural speech where she expressed her

views of the experience while she was taking care of Urban Affairs where the entire MUDA debate revolved round the topic of safe, secure buildings and there had been urgency and recognition of urgency in the last two years on this matter. In the course of her speech she stressed on the necessity to have regulations, not regulations of expression of authority of the government but regulations with one fact in mind that will ensure safe and secure houses for the residents of the State.

The sessions followed after the Inaugural programme and the first Session started with the Subtheme – Pre and Post Seismic Activity which was deliberated by Prof D. Walia, Head, Department of Environmental Studies, NEHU who deliberated on his vast experience in the field of seismology etc .The second session followed with the Subtheme – Environmental Impact which was deliberated by Dr Andrew C. Lyngdoh, Director, IMD Shillong. He stressed on the sources, effects and impact of seismic activity on the environment. The third Session on the subtheme – Mitigation Measures was jointly deliberated by Shri S.Bordoloi, Consultant State Disaster Management Authority, Meghalaya and Smt K.Wanniang, Asstt. District Planning Officer, District Disaster Management Authority, Meghalaya. They stressed on the plans, strategies, measures taken by the government at the National and State Level. The outcome of the deliberations of the Seminar is the need to have a Disaster Management Committee that will look into the safety of the people in particular and the buildings in general. ■

*Report of the One Day Programme on “Adolescent Rights: A Critical Agenda”
organized by the Department of Sociology and NCC Unit, Shillong College, on the
15th March 2016 and Sponsored by National Human Rights Commission,
New Delhi*

DR. (MRS) S. KHYRIEMMUJAT &
MS. A. BASIAWMOIT
Joint Conveners

This One-Day Programme was organized by the Department of Sociology and NCC Unit Shillong College and funded by the National Human Rights Commission, New Delhi on the 15th March, 2016 in the Conference Hall of the College.

The Inaugural programme was graced by Shri. P.S Dkhar, IAS, Deputy Commissioner, East Khasi Hills District, Government of Meghalaya. The other prominent dignitaries and resource persons include Dr K.D Ramsiej, Principal, Shillong College, the Vice Principal(Professional Courses) Shri K.D Roy, Dr M.N. Bhattacharjee, IQAC Coordinator, Smti M. Kharkongor, Chairperson, State Commission for Protection of Child Rights, Government of Meghalaya, Smti I Rapthap, Programme Manager, SCPS, Department of Social Welfare, Government of Meghalaya, Smti Clarabell Malngiang, Legal-Cum Probation Officer, East Khasi District Child Protection Unit, East Khasi Hills, Shillong, Shri Vivek Syiem, Superintendent of Police, Shillong City, Shillong and a host of others including students' participants and faculty from within and outside the state.

The inaugural function commenced with the felicitation of the chief guest followed by the welcome address from Dr S. Khyriemmuajat, Head, Department of Sociology, Shillong College. While warmly welcoming the gathering she highlighted on pertinent issues of human rights as laid down in the Constitution of India for all sections of the people. She then pointed out that the stage of adolescence is full of many changes and challenges which have a lifelong impact on the life of an individual. This brings out the importance of organizing such programmes in order to create awareness and develop responsible adolescents who are aware of their rights and responsibilities thus enabling them to contribute towards the development of the nation.

This was followed by an address from Dr K.D Ramsiej, Principal, Shillong College. While expressing his happiness and pride over the role played by Shillong College in ensuring an egalitarian environment, he highlighted that the college has played a vital role in uplifting the welfare of students from all backgrounds. He also pointed out that the college ensures that there is equal opportunities for both the girls and boys students in all activities. Hence, gender equality and justice is encouraged in the institution. The principal then wishes the programme a grand success.

Dr M.N Bhattacharjee, Coordinator IQAC, then address the gathering. He pointed out that there are many issues and concerns of human rights for which people have to be educated and made aware of. He emphasized that the adolescence period is most crucial because whatever is learnt during this time becomes permanent in the life of a person. Hence the graduation period of an adolescent is the most critical stage because the knowledge on various issues and concerns of society are acquired during this time. He congratulated the Department of Sociology and NCC Unit of Shillong College for organizing the programme.

The Chief Guest while delivering the inaugural address emphasized that Human Rights including adolescent rights are crucial issues such that the state and all stakeholders should take up the challenges in initiating various programmes that would create awareness about them especially in the rural areas. He pointed out that human rights issues are being discussed and debated all over and this is also evident in our State. He dwelt on the changes that had taken place in dealing with adolescents by illustrating the fact that in the past the adolescents usually followed and obeyed the wishes of adults. However, this is no longer true in the present day. The society

is presently encountering many barriers, imbalances and problems arising out of varied issues of adolescence. These issues have become so complicated that even tradition and elders are not able to tackle them. Hence, the organizations of such programme on human rights are the need of the hour so as to create the much needed awareness and to build an enlightened and responsible adolescent. The dignitary congratulated the organizers and wishes the programme a grand success.

Finally the inaugural function concluded with the vote of thanks delivered by Dr B.P.Tripathy, NCC Unit, Shillong College.

The Business Sessions were divided into five sessions as follows:

Session I: The Business Session 1 started at 11.00 AM and the sub theme of the session was Basic Rights of Children: Focus on Adolescent Children. Smti. M. Kharkongor, Chairperson for the State Commission for Protection of Child Rights, Government of Meghalaya spoke about the different rights of a Child. She emphasized that India has made remarkable progress in several areas of human development since Independence, yet the country continues to face enormous challenges with respect to children. Further she pointed out that the convention on the rights of the child is a landmark for human progress.

Session II: The second session began at 12.30 PM and in this session a Role Play was presented by the students from the Department of Social Work, Martin Luther Christian University, Shillong. The sub theme of the Role Play was on Children and Adolescent Rights. The message of the role play was that every adolescent child is an individual with basic rights. Every child should be made aware of their rights and it is the responsibility of adults to ensure that children rights are enforced.

The Role play was followed by a brief talk by Shri Banri Leslie Kharmalki, Project Manager Manbha Foundation. In his speech he shares his experiences, problems that he had encountered. He exhorted the students participants to always keep in mind about whatever choices they make, not to give in to peer pressure, but to seek adult help and to have the courage to say 'No' to what is not right.

Session III: The third technical session began at 1.00 PM and the sub theme of this session was The Juvenile Justice (Care and Protection of Children) Act, 2015 and the resource person was Smti. Rapphap, Programme Manager SCPS, Department of Social Welfare, Government of Meghalaya. In her participant centric presentation she informed that the Juvenile Justice Act, 2015 was passed by the Lok Sabha on 7th May 2015 and came into effect from 15th January 2016. In her presentation she further highlighted on the UN Convention and the Rights of the Child to Survival, Protection, Development and Participation. This session which was activity based saw the interaction and involvement of all the participants.

Session IV: This fourth session of the day was entitled 'The Protection of Children from Sexual Offences (POCSO) Act 2015'. The resource person Smti. Clarabel Malngiang, Legal-Cum Probation Officer, District Child Protection Unit, East Khasi Hills, Shillong delivered a very informative presentation. In this session which started at 2.00 pm, the resource person highlighted on the salient features of the POCSO Act, the various procedures for reporting the offences. Further, she informed that violence like rape, sexual harassment, murder and trafficking is on the increase in the North Eastern Region and such programmes to create awareness on such rights is the need of the hour.

Session V: The last session entitled 'Missing People' was presented by Shri. Vivek Syiem, S.P City, Shillong. The session began at 3.00 pm. The resource person enlightened about the various factors which cause children to run away and engaged into crimes. In his presentation he shared his experiences, problems he had encountered when dealing with various cases on crimes. He also highlighted on the important roles that parents play and emphasized that they should spend quality time with their children thereby enabling them to avoid bad habits that later, may cause harm to the society.

The Technical session which was attended by nearly 132 participants from colleges within and outside the state was highly participatory. The resource persons thoroughly dwelt on the various prospects of Human Rights focusing on Adolescence Rights and evoked enthusiastic responses amongst all the participants. Taking note of the varied suggestions and recommendations that were given by all

the resource persons, it is heartening to note that all the students' participants have benefitted a lot from the One Day Programme.

Valedictory Function: 15th March, 2016 at 4:00 PM.

The workshop which was attended by 132 participants from within and outside the State besides other prominent dignitaries, experts and resource persons ended with a valedictory function on the 15th of March, 2016.

The valedictory function was graced by the Principal Dr K.D Ramsiej who lauded the initiatives of the Department of Sociology and NCC Unit Shillong College in organizing the awareness programmes on relevant issues. This was followed

by feedback from a participant who pointed out that such awareness programmes is really the need of the hour. The participant also expressed that the programme should have been of a longer duration so as to incorporate other relevant topics. This was followed by distribution of Certificates by the Principal of the College and the Resource Person, Shri Vivek Syiem, S.P. City, Shillong.

The valedictory function then concluded with the Vote of thanks delivered by Smt A. Basaiawmoit, NCC Unit Shillong College, Shillong. ■

Report on the SCTechZest '16, a two day programme organized by Department of Computer Science and Applications, Shillong College

Report on the SCTechZest '16, a two day programme organized by Department of Computer Science and Applications, Shillong College

Smt Aiom Mitri, HOD, by Department of Computer Science and Applications

The Department of Computer Science and Applications, Shillong College, organized a two day programme SCTechZest '16 on the 3rd and 10th September, 2016 as part of the Diamond Jubilee Celebration of the College. Three inter college competitions, namely, Code Debugging and Optimization, Android App Development and Debate competitions, and a talk on "Computer Fraud and Cyber Security" were organized during SCTechZest '16 .

The table below summarizes the events that were held.

Competitions on the 3 rd September 2016	No. of participants	No. of Colleges
Code Debugging and Optimization	14	7
Debate	16	8
Android App Development	8	4
<i>Programme on the 10th September 2016</i>		
Prize Distribution		
Talk on "Computer Fraud and Cyber Security		

The following lists the winners of respective Competitions:

- Code Debugging and Optimization :
 - 1st Prize – Miss Narola Dhar, Shillong College
 - 2nd Prize – Mr. Paukhanlun Khuptong, Martin Luther Christian University
 - 3rd Prize – Mr. Robert Reuben Phanbuh, Martin Luther Christian University
- Android App Development :
 - 1st Prize – Mr. Mac Donald Kharsohnoh, Shillong College
 - 2nd Prize – Mr. Michael Syiemlieh, St. Anthony's College and Mr. Iainehborlang M Nongsiej, St. Edmund's College
 - 3rd Prize – Mr. Jonathan Kharmawlong, Martin Luther Christian University
- Debate :
 - 1st Prize – Miss Anindita Das Choudhury, St. Edmund's College
 - 2nd Prize – Miss Rosabel Marngar, St. Anthony's College
 - 3rd Prize – Miss Shawni Bhattacharjee, St. Anthony's College ■

SWACHH BHARAT-SWASTH BHARAT COMMITTEE

Shillong College

INTRODUCTION:

Swachh Bharat Abhiyan is a national campaign by the Government of India covering 4,041 statutory cities and towns, to clean the streets, roads and infrastructure of the country. The campaign was officially launched on 2nd October 2014 at Rajghat, New Delhi, where Prime Minister Narendra Modi himself cleaned the road. It was performed in remembrance of Mahatma Gandhi's words. It is India's biggest ever cleanliness drive and 3 million government employees and school and college students of India participated in this event.

Shillong College as one of the educational institutional of the region has always been in the forefront collaborating with the District Administration and various other agencies in taking forward not just the Prime Ministers Vision of a Clean India but also the Chief Minister vision of A Clean and Green Meghalaya. It is in this context that the college took the task of constituting this Committee in the College, following a directive from the UGC vide letter no.D.O.F-16-22/2014(CU) Dated 29th September, 2014 and Letter no. D.O-87-1/2014(SU-1) Dated 30th December 2014 and a subsequent direction from the Director CDC,NEHU vide letter no. CDC/C/Misc/2014/III/3255 Dated 19th January,2015.

AIM:

The aim of the college in creating this committee was to build an awareness among students and instill the idea through 4Cs (Clean Mind, Clean body, Clean Environment and Clean Society) amongst college students. For successful implementation of this Scheme and to initiate actions and organise programmes, the College formed a Committee consisting of members drawn from the different extension programmes running in the college with the idea that the student volunteers of the various extension cells contribute towards the community. The Committee thereafter should submit and report the activities to the concerned authorities on a monthly basis.

CONVENERS:

1. Dr. (Mrs.) S. Khyriemujat, Assistant Professor, Department of Sociology.
2. Smti. A. B. Basaiawmoit, Assistant Professor, Department of English.



3. Shri G. R. Rumnong, Assistant Professor, Department of English.
4. Smti K. Lartang, Assistant Professor, Department of Philosophy.

MEMBERS: Shri M. W. Synrem, Shri S. Kharrymba, Smti A. Marbaniang, Dr B. P. Tripathi, Smti A. Diengdoh, Smti B. Wanswet, Shri M. Rynjah, Shri D. Syiem, Shri A. Dkhar, Shri B. Nongbri, Smti R. Gidon, Dr. C. Marsharing, Smti D. Lyngdoh, Smti. A. Lyngdoh, Smti, M. Diengdoh, Shri T. Teibor, Shri D. Thabah, Smti. Sun, Shri S. Lato, Dr. S. Khongwir, Dr. L.M. Jyrwa, Shri K. Umdor, Shri P. Shabong, Smti. B. Kharchandy, Smti. I. Kharkhrang, Smti. L. Pathaw, Shri. B. Dohling, Shri. R. Hoojon, Shri. E. Niang, Shri. P. Nongrum, Smti. B. Marpna, Smti. C. Nongneng, Smti. P. Lyngdoh

ACTIVITIES CONDUCTED (2015-2016):

1. As part of the Swachh Bharat- Swasth Bharat Campaign the Shillong College has implemented the Scheme by instilling the idea through the 4Cs (Clean Mind, Clean body, Clean Environment and Clean Society) firstly by cultivating the idea of "Cleanliness is next to Godliness" amongst the students of the College by organising a Cleaning Drive on the 8th August 2015 at the College premises. This programme was jointly organised with the extension Activities of the college, namely, NSS, NCC and YRC. The one day programme saw the enthusiastic participation of the student volunteers guided by their teachers. The student started the programme at 9 am and the cleaning drive of the old and new building was completed at 12 noon. It was observed that the cleaning drive had instilled in the students the sense that the college infrastructure set up was for them and it is their duty to maintain cleanliness. This also resulted in the

change attitude of the students who now took more interest in the maintenance of the general cleanliness of the college.

2. A people's awareness programme was also organised by Shillong College and D.S.M.C. Mott MACDONALD, S.I.T.M.I.U. Deptt of Urban Affairs, Government of Meghalaya in collaboration with NSS, NCC, YRC and Rovers and Rangers, Shillong College Unit on the 17th September 2015.

The programme started at 11am in the Indoor Sports facility with a welcome address given by Dr. S. Khyriemujat, HOD Dept of Sociology. This was followed by a speech by the Vice-Principal, Dr. M. Dey, Shri. L. Rymbai, State manager MHIS spoke on Meghalaya Health Insurance Scheme, an initiative of the Govt. of India. He informed the gathering about the benefits of the scheme in the state of Meghalaya. Having clarified the myths and doubts surrounding this scheme, he urged the people to come forward and make the best use of the scheme.

Smti. L. Pathaw, compeer of the programme then called upon the Principal Dr. K. D. Ramsiej to deliver his speech. The Principal spoke strongly about the degeneration of civil sensibilities among the student community today. He highlighted the need to reform one's mindset as a fundamental step in order to change ignorant views and to initiate positive action towards clean mind, clean body, clean environment and clean city.

This was followed by a speech by the resource person Shri. P. Lokho, Community Development Specialist at DSMC Mott Macdonald, SITMIU, Dept. of Urban Affairs, Govt. of Meghalaya. The resource person informed the gathering that India is the highest producer of waste in the world. In saying so he brought into awareness the crisis situation that the country is facing in managing this enormous amount of waste the nation produces each day. In addition he also presented a very grim picture of the situation in Shillong where he informed that about 180 metric tonnes of waste is produced every day.

Smti. G. Lamare of the Dept. of Urban Affairs gave a PowerPoint presentation on waste management which was then followed by a street play presented by the students of BSW of MLCU. The street play focussed on the theme of health and the benefits of MHIS. The programme came to an end with a vote of thanks from Smti. K. Lartang, Dept. of Philosophy.

3. Two members of the Swachh Bharat-Swasth Bharat committee Smti A. B Basaiawmoit and Shri G.R.Rumnong attended the Meeting on the Discussion about Clean and Green Shillong held on the 16th October 2015 at the Art & Culture Hall, State Central Library, Shillong. The meeting was chaired by Shri P. S Dkhar, IAS, Deputy Commissioner, East Khasi Hills.

➤ Minutes of the Discussion about Clean and Green Shillong held on the 16th October 2015 at the Arts and Culture Hall, State Central Library at 02:00 Pm.

In the Agenda, the following decisions were made-

- 29th October 2015 is fixed for cleaning drive by schools and colleges of Shillong City for cleaning their schools and colleges premises and outside their compound and surroundings on this day. Time to start the cleaning drive will be decided by the schools and colleges whichever is concerned.
- The schools and colleges who cannot conduct the cleaning drive on the same date are advised by Deputy Commissioner to conduct at a convenient date but before the 30th October 2015.
- Schools and colleges are to send one representative to coordinate with district administration before the 29th October 2015.
- Business houses of Shillong city are to organize cleaning drive at Police Bazaar and other commercial areas on the 1st November 2015.
- Graphiti paintings on the walls on the theme clean and green Shillong would also be organized with the participation of Schools and Colleges.
- To make cleaning drive an annual event.

The meeting ended with a vote of thanks from Research Officer, District Planning Office, East Khasi Hills, Shillong.

4. Cleaning Drive Report.

The Swachh Bharat Committee Shillong College in accordance with the directives from the Office of the District Commissioner, East Khasi Hills, conducted a cleaning drive on the 29th October 2015. This event was the outcome of prior meeting of Heads of Educational institutions with the District Administration, whereby a collaborative initiative was drawn to involve educational institutions in the Clean Shillong Campaign. As one of the action plans discussed in the meeting, it was proposed

that a cleaning drive of all educational institutions in Shillong would be conducted on 29th October 2015, which would also serve as one of the preparatory by measures to the to be hosted e well awaited ITM (International Terra Madre) to be hosted by the Capital city.

The cleaning drive started at 8 am from the college campus. Volunteers from NCC, NSS, YRC, Rovers and Rangers of the college came forward to take part in the programme. As many as 100 student participants took the task and went about their work diligently, even as there was shortage of proper tools and implements for the specific purpose. The area covered on this day was the entire boundary stretch of college from PGT up to St Mary's College for Teacher's Education. The programme ended at 12 pm and light refreshment was served to all the volunteers. However, it was unfortunate that due to communication glitch, there was no truck provided by the District Administration for the picking up and disposal of the rubbish collected from the cleaning drive. The college had to arrange on its own the disposal of the rubbish.

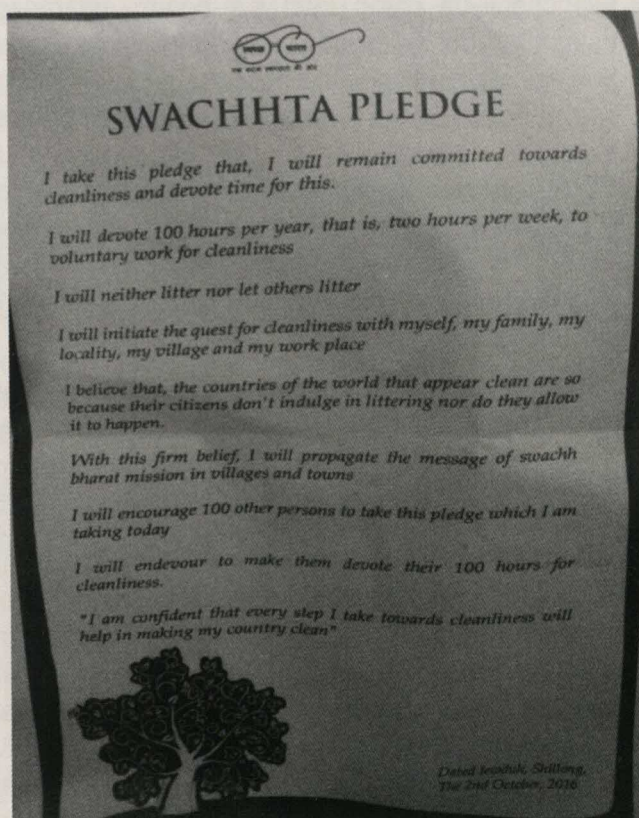
Overall, it can be said that the programme was a success and lapses have been noted in order to make future endeavours more effective. Some of the areas that need immediate redressal are:

- to provide proper tools and implements for such purposes
- to set up a core ambassador team in the college to inspire others to volunteer for this good cause
- to make sure that monthly programmes are conducted from the college and volunteering work to be done on a rotation basis to ensure equal and fair participation of each and every class
- to make sure the concerned governmental bodies are given prior information and that they vouch to pick up and dispose the rubbish collected after each cleaning drive.

5. Keeping in mind the objectives of the Swachh Bharat Campaign for a Clean Society, the College Swachh Bharat Committee which comprises of the various Extension Programme Cells (NSS,NCC,YRC and Rovers and Rangers) had conducted another cleaning drive of the College Campus on the 13th and 19th April 2016. As many as 100 student participants took the task and went about their work diligently and it was noticed that the students took more interest in the maintenance of

the general cleanliness of the college.

6. Around 20 Student Volunteers from the College participated in the Awareness Programme on Sanitation and Open Defecation under Swachh Bharat Mission on the 19th April 2016 at Lumsohra and Mawbah, Shillong. This awareness programme was organised by the Department of Urban Affairs, Government of Meghalaya.
7. As part of the Swachh Bharat Campaign with the rest of the country , Swachh Bharat volunteers as well as NSS volunteers, Shillong College participated in the Abhiyan Cum-Cleaning Drive at lewduh (Khlieh lew) organised by the Office of the Deputy Commissioner- East Khasi Hills, shillong under the Chief Minister's Youth for Green Campaign on the 2nd October 2016. ■



A BRIEF REPORT OF THE ACTIVITIES OF THE YOUTH RED CROSS, SHILLONG COLLEGE UNIT FOR THE YEAR 2015-2016

The Youth Red Cross Society in Shillong College was approved by the Principal, Shillong College Shillong on May 16, 2012. Its primary aim is to develop among the students the spirit of humanitarian and social service through active and direct involvement in Red Cross activities. Some of the activities of the Youth Red Cross, Shillong college unit for the year 2015-2016 are:

The Pledge-taking Ceremony: This was held on the 12th September, 2015. Altogether 43 newly recruited members (40 students and 3 teachers) took their pledge in this ceremony.

Eye check-up camp cum eye-health awareness campaign: The Youth Red Cross (YRC), Shillong College Unit in collaboration with Bansara Eye Care, Shillong had organized an Eye Check-up Camp cum Eye-Health Awareness Campaign on the 16th September, 2015. The programme started with an awareness talk on Eye health which was delivered by Dr. J. Basaiawmoit, Director of Bansara Eye Care, Shillong. This was followed by Eye check-up for both teachers and students of Shillong College.

Adventure trip cum first aid training to David Scott road (Mawphlang): On the 16th December, 2015, the Youth Red Cross (YRC), Shillong College Unit set out for an adventure trip to David Scott road (Mawphlang) with the objective to train and educate the students in the first aid measures and technique while outdoor.

Republic day celebration, 2016: Five students and three teachers from the Youth Red Cross (YRC), Shillong College Unit participated in the Republic day celebration on the 26th January 2016

Visit to the SOS village: On the 5th March 2016, a visit to the SOS village was organised by the IRCS. In this event, twenty students and two teachers Smt K. Lartang and Smt A. Diengdoh from the college participated in this programme.

First Aid & Disaster Training Course: Ten YRC students and two Programme Officers attended the First Aid & Disaster Training Course organised by the IRCS, Meghalaya Branch, Shillong on the 27th & 28th June, 2016.

Awareness programme: The Youth Red Cross (YRC), Shillong College Unit in collaboration with the State branch organised an awareness programme on AIDS and Blood Donation in the college on the 8th July, 2016. Smt Ariva from MACs was the resource person for the programme.

Mock Drill: Ten YRC students of Shillong College Unit participated in the mock drill organised by the office of the Deputy Commissioner, East Khasi Hills, Meghalaya on the 9th July, 2016 at State Central Library Shillong.

REPORT ON THE ACTIVITIES OF THE SHILLONG COLLEGE ROVER AND RANGER CREW

Rovering and Rangering is a way of life based on the guide/scout Law and promise. The training and programme are based on the fundamental principles of the movement to enrich the quality of life of the individual. It provides opportunities for further development by acquiring skills and knowledge to serve the society.

On the 15th December, 2015. The Shillong College Rovers and Rangers visited the Sisters of Charity, Mercy Home at Demthring, Sawlad, Shillong. In the present world when love and care are becoming meager, the Mercy Old Age Home is taking care of many senior citizens. The Rovers and Rangers interacted with them. Sometimes it was touching to hear their stories and experiences but at the same time we also learn from them that amidst the strife and raging storms of life that they had to endure, they had a strong faith in God and could still smile and joke with each other. As a unit, we then proceeded to the backyard where the boys and girls rendered their services. They carried firewood from the garden to the store-house and other garden work. The sisters of charity served us tea after which we bid goodbye.

In the evening, we reached the breathe-taking sweet falls. Away from the hustle and bustle of the ever-growing and ever-congested city, we would admire this beautiful waterfall and its lush greenery all around it.

On our way back, we visited the "Ever Living Museum", Mawshibuit a museum owned by Mr. Kyntiewbor War. It is a living testimony of one's love for nature, culture and traditions etc, the museum had different sections, each section displaying different things like fossils, minerals, raw and beautiful crystals, stone-age tools, magnetic ores, sea shells etc.

Shillong College Rover & Rangers actively participated in the 67th Republic Day Celebration 2016 at Polo Ground along with the different Military Contingents, schools, NCC and tableau from different government departments. Due to the ongoing exams only 2 Rangers and 2 Rovers of BA 2nd Year Semester were able to assist as volunteers in the 12th South Asian Games from 5th – 16th February 2016, at Polo Ground, Shillong. It was indeed a good experience for them to get the opportunity to meet contingents from 8 nations.

22nd February is celebrated as 'Thinking Day' by Scouts/Guides, Rovers/Rangers all over the world. It is the birthday of Lord and Lady Baden Powell. It is also remembered as the foundation day of our movement.

Since it was during the exams only two Rangers and three Rovers from the unit participated (Peter Nongsiej, Slanstar Nongrum, Morningstar Labasam, Elisha Nongrum and Naphisabet Marbaniang). The function was held at the State/Headquarter, Shillong, where our State Chief Commissioner Mr. F. R. Kharkongor I.A.S was the Chief Guest. All present took part in the "All Faiths Prayer" and it concluded with the song 'We Shall Overcome'.

On the 27th May 2016, all the Rovers and Rangers of the unit along with other scouts and guides, rovers and rangers from other units were directed by the State Headquarters to assist the state authorities during the maiden visit of Prime Minister Narendra Modi to Shillong. We could get a glimpse of our dynamic prime Minister. His visit not only gave a boost to tourism but also had a deep impact on the people of Shillong.

The world celebrated 'Environment Day' on the 5th of June. The unit celebrated environment day on the 4th June 2016 at the State headquarters. (5th Being Sunday). We all started the cleaning early morning, tree saplings were planted and pamphlets were distributed to the public.

We were glad that members of the unit (i.e., Heiland Sohtun, John Lyngdoh Nongbri, Ledonki lawai and Ribasuk Kharpran (BA 3rd Year) attended the Regional Level youth Development and Leadership Training Programme North East Region at Rongpo, Sikkim from the 4th – 8th July 2016. The camp had different sessions dealing with the youth. It included many activities which equipped the participants with the knowledge and skills, building body confidence and self esteem, ending violence against young girls and women, and other important youth related activity.

The Regional Level Co-coordinator Workshop on WAGGS Global Advocacy Project for Youth of N.E. Region was held at the State Headquarter Shillong from all the states of N.E. Region and from all the districts of Meghalaya attended the workshop. Only One Ranger – Elisha Nongrum 3rd Sem BA and one Ranger leader were selected from the college unit.

All the Rangers and Rovers of the unit took part in the programme 'Systematic Voters Education and Electoral participation (SVEEP) of the Election Commission of India, held on the 13th of August 2016, at State Central Library. Shri F. R. Kharkongor IAS who is the Chief Electoral Officer, Meghalaya spoke on the occasion. The main objective of the programme was to educate student electors on the purpose and objectives of NERP (National Electoral Roles purification) Programme and also to motivate students to contribute towards bringing a total error free and authenticated electoral Rolls (ERs)

A memorable event for our unit was the 7th of September 2016. The Shillong College Rovers and Rangers Crew was selected to present a patriotic song (in Khasi, Jaintia and Garo) at a function held at Raj Bhavan. The function was the 'Induction of the President of Meghalaya Bharat Scouts & Guides, Shri K.S Kropha, IAS, Chief Secretary of Meghalaya'. The Honourable Governor of Meghalaya Shri V. Shanmuganathan was the Chief Guest. For most of us, it was the first time to

set foot on the lawns of Raj Bhavan and to perform in the Durbar Hall. It was really a privilege to be part of such a function. While singing the song with a deep sense of patriotism, we were reminded of the sacrifice of our heroes Tiroit Sing Syiem, Kiang Nongbah and Pa Togan Sangma (the Song was composed by a Khasi Poet and Shrimati. L. D Marak and Shrimati N. Lytan helped us with the Garo and Jaintia Version respectively)

The Governor also felicitated the scout/guide winners of the '3 heroes Essay Competition'. The function ended with the singing of the National Anthem.

After the function, Lunch was served after which the honourable governor interacted with the rovers and rangers. We left the Raj Bhavan at 2:00PM but sweet memories of the day will linger on for a long long time.

We hope that the Shillong College Rovers and Rangers Crew will from strength to strength in the year to come.

SWACHH BHARAT SWASTH BHARAT	17-09-15	SHILLONG COLLEGE
INVESTITURE CEREMONY	18-11-15	SHILLONG COLLEGE
SERVICE PROGRAMME AT MERCY HOME	15-12-15	MERCY HOME HOLY CHILD SAWLAD
TREKKING PROGRAMME	15-12-15	MAWSHBUIT
'FUND FAIR'	21-08-15	STATE HEAD QUARTERS
PLATINUM JUBILEE STATE TRAINING CENTRE	26-08-15	STATE TRAINING, UMTYNGNGAR
RAJYA PURASKAR RALLY	07-11-15	RAJ BHAWAN
REPUBLIC DAY PARADE	22-01-16	POLO GROUND
THINKING DAY	22-02-16	STATE HEADQUARTERS
ENVIRONMENT DAY, 4 TH JUNE	04-05-16	STATE HEADQUARTERS
SERVICE PRIME MINISTER MODI		
VISIT TO SHILLONG	27-05-16	SHILLONG
SHILLONG COLLEGE ROVERS & RANGERS PARTICIPATING IN THE STATE FUNCTION AT RAJ BHAWAN-7 TH SEPTEMBER 2016		
SHILLONG COLLEGE ROVERS & RANGERS WITH THE HONOURABLE GOVERNOR OF MEGHALAYA, SHRI. V. SHAN MUGHANATHAN.		
REGIONAL LEVEL YOUTH DEVELOPMENT & LEADERSHIP TRAINING PROGRAMME N.E. REGION	4 TH - 8 TH JULY 2016-10-28	RONGPO, SIKKIM
REGIONAL LEVEL CO-ORDINATOR WORKSHOP ON WAGGS GLOBAL ADOCACY PROJECT FOR YOUTH OF N.E. REGION	26 to 30-07-16	STATE HEADQUARTERS SHILLONG
SERVICE SOUTH ASIAN GAMES	5 TH - 6 TH FEB, 2016-10-28	POLO GROUND N.E.H.U AS DIRECTED BY STATE HEADQUARTERS
CAMPUS AMBASSADORS WITH THE ELECTION COMMISSION OF INDIA ON SYSTEMATIC VOTERS EDUCATION AND ELECTORIAL PARTICIPATION (SVEEP)	1 YEAR DURATION WITH EFFECT FROM JUNE, 2016	

SMT. R. PYNGROPE
Associate Professor
Department of Political Science

FOURTH S. C. DATTA MEMORIAL LECTURE: A REPORT

SHRI A. DKHAR
Assistant Professor
Department of Physics

Prof. Sudhindra Ch. Datta was born on the first day of the Bengali month of Jaistha which is mid-June; however no knowledge can be obtained regarding his exact birth-year, the official birth year considered as 1911. He was born in his ancestral village, Lakhai, in the Habigunge Sub-division, in the erstwhile East Bengal. He was the eldest of three siblings born to Jogesh Chandra Datta and Saralabala Datta. His younger brother's name was Sailendra Chandra Datta and the youngest sister's name was Jyotshna Datta. He did his schooling from the Arai-hajar School near Dhaka where his father was the Headmaster. He graduated from M.C. College, Sylhet with Honours in Maths, and then did his Post-Graduate from Dhaka University, where he secured the First Class First position and was awarded the Gold Medal.

After his post-graduation he came to Shillong and joined St. Anthony's College as a faculty member in the Mathematics Department and later became the Head of the Department. Driven by his vision to provide inexpensive higher education to the poor middle class of the region and guided by his clairvoyance, he left St. Anthony's College in the nineteen-fifties to establish Shillong College, along with other like-minded, selfless and dedicated individuals, prominent amongst whom were Sri. Benode Ghosh, Sri. Benoy K. Datta Roy, Sri. Sunirmal Datta, Sri. Satyen Kr. Kar, Sri. Subhash Chatterjee and Sri. Rajendra Nath Choudhury. Together they strived hard against all odds with selfless dedication to establish this premier institution as it stands today, starting from a very humble beginning.

The formal inauguration of Shillong College took place on 15th August, 1956 and the College initially functioned at Jail Road Boys' High School, Jail Road with Intermediate Arts and Intermediate Commerce classes starting from 16th August, 1956 only in the morning session. The college started with only about 35 students (15 girls + 20 boys) and Sri. Sudhindra Chandra Datta was appointed as

the Secretary-cum-honorary part-time Principal of the College. At the initial stage there were only two full-time teachers and half a dozen part time teachers besides S.C. Dutta himself who offered their valuable time to teach at the college. However, despite all odds, their sincerity and devotion attracted more students and the roll strength soon rises to 50 and then the enrolment increases with every new session. Today, Shillong College boasts itself of a total of nearly 4000 students enrolling themselves in the various courses offered by the college. But as the situation demands, Prof. Dutta finally resigned from his regular post at St. Anthony's College in 1958 and joined Shillong College fully as its Founder principal on a meagre salary which was not even half of what he was getting at St. Anthony's college.

At the beginning, the college thrived mainly on voluntary donations and subscriptions from friends and well wishers who are really interested in the growth and development of the college as an institution which caters to the need of the society. The present campus on which Shillong College stands today was obtained at a modest price, a result of benevolence from the family of Shri. Maham Singh who also served the college as the Secretary of the first Governing Body formed in 1958 with Shri. Dharmananda Das, the then Chief Secretary Assam as its President. Shillong College was shifted to its present campus in the year 1962.

Prof. Dutta's treasure for knowledge and his enthusiasm for knowledge sharing led him to author a number of text books for mathematics. His book on Calculus was hugely popular amongst college students in Assam and saw a number of reprinted editions. He also owned a bookshop, 'Datta Brothers', in Police Bazar which, however, he gave up due to increasing workload when he joined Shillong College. His 'Intermediate Calculus' was published by Datta Brothers while most of his other books were published by Blackie and Sons, Kolkata.

Prof. Datta was married to Bina Datta and had three children, two elder daughters, Nandita Lala and Sunanda Basu and one son, Prof. Subir Datta who is also the youngest.

Prof. Datta was a person who was totally dedicated to his work and he had worked with great earnest during his tenure as the Principal to help the College progress and develop in all spheres, and to establish itself as one of the premier institutions of the state. This can be understood and deciphered from the very words of his son, who said, "All I remember about him was that he was a workaholic". This completely reflects the kind of sincere dedication that this person had towards the upliftment and development of the college.

After his retirement on 31st August, 1970 Prof. Datta went and settled down in Kolkatta. However, he did not engage himself in any other activity post his retirement. Nevertheless, this great College which stands tall, which has withstood the test of times and proven itself worthy, is the hallmark of success of this great soul who, along with others, had dared to dream and realized it, achieved their goal and also became the blessings for many generations.

At the initiative of the IQAC of the College and also to pay homage to the memory of the visionary academician (Late) Sri Sudhindra Chandra Datta, the College has started "S C Memorial Lecture" series in 2014 with two lectures to be arranged every year and to be organised by different departments in a sequential manner. The first S. C. Datta Memorial lecture was organised by Mathematics department in 2014 and the speaker was Prof. Himadri Mukerjee, the then Head of the department of Mathematics, North Eastern Hill University. The Second Memorial lecture was organised by the Political Science department and the lecture was delivered by Shri Toki Blah, a well known social activist of Shillong. However, there was only one such lecture organised in 2015 due to unavoidable circumstances. The third Memorial lecture was organised by the English Department where Prof. Sumit Chakraborty, Head, Department of English, Presidency University, Kolkata delivered the lecture. It was a historic occasion for the college as Prof. Subir Datta,

the worthy son of Prof. S. C. Datta and former Professor of English in Rabindra Bharati University, Kolkata, and also an alumnus of Shillong College was also present despite his physical ailments. The occasion was a memorable one as it marked the re-union of old friends and members of the Shillong College family.

The fourth S. C. Dutta memorial lecture was entrusted upon the Department of Physics to organize the same and give a befitting tribute to the great but noble soul who had contributed immensely towards the very existence of the College. As the Department organized the memorial lecture on the theme "Frontiers of Physics", it was intended, through the venture, to cherish and acknowledge all those noble souls who had played their part and contributed in making this college, as it stands today, one of the premiere institutions of the State. It was also hoped to inculcate in the tender and fertile minds of the students the spirit of love for fellow beings and encourage them to set their goals right so as to be able to contribute towards the development of the society and thus have a meaningful life. As we are living in a world and age with an ever increasing inclination towards materialism, the values such humanity, philanthropy and altruism are constantly eluding us day by day, and we are constantly being alienated from these basic human values. However, a reflection on the lives of these great individuals, who are no short of pioneers themselves, may hopefully instil in everyone the right spirit to work in right earnest with selfless dedication and sincerity in whatever we do small or big, and may we be reminded that, 'the very purpose of life is a life of purpose'.

The Physics Department organized the 4th S. C. Dutta memorial lecture with two beautiful lectures delivered by two prominent persons in the field of Physics. The first lecture was delivered by Prof. M. C. Mahato, Professor North Eastern Hill University, Shillong who presented a simple but nonetheless very interesting lecture on Ohm's law and other related problems. The lecture was mainly aimed at attracting the young minds on the importance of simple laws in Physics, such as the famous Ohm's law, in

applications such as studying ballistic transport phenomena etc., and thus highlights its applicability in higher learning and research. It was a very though provoking lecture and the students listened and paid all attention to the lecture given.

The second lecture was presented by Dr. Monojyoti Dey, Scientist SE at the Centre of Plasma Physics-Institute for Plasma Research, Assam who gave an insight into the possibility of producing nuclear fusion and the important role played by India in one of the largest nuclear fusion reactor of the world at ITER. ITER (International Thermonuclear Experimental Reactor, which is also the Latin word for "the way") is an international nuclear fusion research and engineering megaproject, which will be the world's largest magnetic confinement plasma physics experiment. It is an experimental tokamak nuclear fusion reactor that is being built next to the Cadarache facility in Saint-Paul-lès-Durance, south of France.

The ITER project aims to make the long-awaited transition from experimental studies of plasma physics to full-scale electricity-producing fusion power stations. The ITER fusion reactor has been designed to produce 500 megawatts

of output power for several seconds while needing 50 megawatts to operate. Thereby the machine aims to demonstrate the principle of producing more energy from the fusion process than is used to initiate it, something that has not yet been achieved in any fusion reactor.

The students were completely awe inspired by this wonderful project of which they were never aware before and they are greatly motivated by the idea that one day they may be part of such a magnificent project.

The lecture was attended by Physics students and teachers of almost all the colleges of Shillong having Science Stream and also from Mairang Science College. The programme was graced by the Principal of the College, Dr. K. D. Ramsiej, Vice Principal Professional Courses, Sri K. D. Roy, Vice Principal Higher Secondary Section, Dr. M. N. Bhattacharjee and other teaching staffs of the college. The programme organized was a grand success and everyone who attended thoroughly enjoyed the lectures and is also greatly benefitted from the lectures. ■

ARISE TO GET ASSESSED, ACT TO IMPROVE MORE, ACHIEVE THE GOAL

The theme of the College Magazine 2015, 'Arise, Act, Achieve' seems to be appropriate for the year by trying to fit into the three cycles of NAAC visit in the College, the first and second cycles have already taken place and the third cycle is yet to come in October 2015. Shillong College had completed its 50 years of existence in 2006. Just 3 years before that it took courage and showed keenness to get assessed by the National Assessment and Accreditation Council (NAAC), Bangalore for the first time in 2003 so as to know its strength and weakness.

Arise : First cycle of Assessment : The College made its decision to come forward to send the details of its activities in its strive to get assessed. In the event of the NAAC visit in August 2003, several observations/suggestions were made by the team of peers from the NAAC. In the overall analysis the NAAC team considered a number of features that the College is approaching to quality assurance. They had stressed on the need to introduce local need based academic programmes, professional and vocational courses, research activities, faculty improvements, and that teachers are to take up minor/major research projects, attend short term training programmes, participate in extension work. They also stressed on improving the canteen, to have sports facility, auditorium etc. The NAAC team explored the potential and possibilities of the college to improve more and the outcome of the assessment and accreditation is a Grade B (Score 70-75)

Act : Second Cycle of Assessment : In August 2010, the second cycle of NAAC visit took place as the college showed keenness to get assessed for the second time, and had indeed acted on the various suggestions made by the NAAC in 2003. The NAAC modified the grading system from 2007 onwards based on the Cumulative Grade Point Averaging (CGPA) earned in the assessment process, and ultimately colleges will be graded as A,B,C or D. This time the College had started self-financing courses, need based courses, short term training courses and even took courage to develop a multi gym facility, girls' hostel and the sports indoor stadium. The college also made attempt to acquire

a bigger plot of land in the outskirts of Shillong to develop a sports complex, swimming pool and boys' hostel. The college even showed improvement in research activity that from the year 2009 onwards the teachers and students alike are involved in projects sponsored by the UGC and also by the College. The academic performance of the students in the recent years seems to be improving compared to the previous years. The report of the NAAC was no doubt a commendable one but not without new demands and requirements like establishing Post Graduate units etc. The outcome of the assessment and accreditation is a letter Grade B with CGPA 2.92, college missed the Grade A by 0.09 as the Grade A starts from CGPA 3.01 onwards.

Achieve : Third Cycle of Assessment : The year 2015 seems to be a race against time as the third cycle of NAAC visit is going to take place in October, lots of preparations were going on in full swing and the much awaited grade may or may not come its way yet the college is on its journey to quality enhancement in many ways. Nevertheless, the fact is that the college may reach some level of excellence and will find that on reaching that level there still remains something more to achieve, and so the journey to excellence will be a never ending one. No doubt, the College will be graded for the third cycle and may even climb the ladder of success only to find that on reaching that point, there is still another ladder to climb and achieve some more.

What lies next after the NAAC visit 2015 no one knows but one thing is sure, the college will have to move with the changing times, whether one likes or dislikes, the change is inevitable and there seems to be an urge to adapt to the changing system whatsoever.

"You can't stop the future, you can't rewind the past, the only way to learn the secretis to press play."

..... JAY ASHER

DR D.L.BUAM
HOD, Department of
Chemistry



ACHIEVE HIGHER GOALS – PURSUE WITH PERSEVERANCE

(A REPORT OF THE 3RD CYCLE OF ACCREDITATION OF THE COLLEGE BY NAAC)



DR. MALAY DEY
Vice Principal
Shillong College



DR. M.N. BHATTACHARJEE
Former Coordinator, IQAC,
Shillong College

Higher education system in India is the second largest in the world, with about 300 universities and university level institutions and about 15,000 colleges. The numbers are not sufficient in comparison to the number aspirant learners and also accessibility of the institutions. Whereas there is need to expand the scope of higher education in the country in equitable manner, it is essential to evaluate the quality of education imparted by these institutions to develop competency with the global standard and taking a leap forward to establish India as the destination of higher education at the international level. Despite the constraints of limited resources and skilled manpower it is achievable with an appropriate measure of our commitment and principled implementation of plans and programmes.

Since its inception on 15th August, 1956, Shillong College has been progressing steadily to impart quality higher education to its students. Being a college made out of only public enterprise it has to pass through many financial and other constraints in its formative years. It is the visionary and sacrifices of the founder personalities, Principal, teaching and non-teaching staff that the College stands as what it is today. Being alive to the global changes in the field of education and socio-economic-political situation, the management of the college is committed in upgrading the academic curriculum and providing required facilities to its students and staff along with keeping close coordination with the community. During 1990s, the college felt that a formal assessment of its potential and opportunities should be ascertained by external agency so that proper

need-based advances in academic programmes along with facilities provided may be taken up.

Following the recommendations of National Policy of Education (1986) University Grants Commission established an autonomous body named National Assessment and Accreditation Council (NAAC) was set up in Bangalore with an aim to assess and accredit institutions of higher learning all over the country. The importance of this exercise lies in the fact that it focuses on sensitizing Higher Education Institutions (HEI) to quality needs in the higher education sector in the context of emerging challenges, particularly the unfolding globalization scenario on the higher education horizons. It provided opportunities to the Higher Education Institutes to re-discover themselves and acquire a new identity that facilitates full realization of their latent potential and hence launch themselves on a path of accelerated development. NAAC also provided scope to stimulate the academic environment for promotion of quality of teaching-learning and research in higher education institutions. Further, there are opportunities to encourage self-evaluation, accountability, autonomy and innovations in higher education, along with widening capacity to undertake quality-related research studies, consultancy and training programmes.

It came in right time, and the college considered taking full benefit of provisions offered by NAAC. So intense preparations started by the year 2000 despite lot of constraints existing in the college. Finally, the college volunteered for the First Cycle of Accreditation and Assessment in 2003 and was awarded Grade 'B' status with

overall grade point score 72%. In fact, Shillong College is only the second of all the colleges in the State which took the leap forward. The Peer Team report offered the college to know its strengths, weaknesses, and opportunities through an informed review process, and hence to work on areas identified. College took the report in right spirit and started implementing various recommendations so as improve the academic programmes and facilities. Thus, started new journey to reach high goals guided by its vision and striving to achieve its mission by fostering competencies among Students, inculcating a Value System in Students, promoting the use of Technology and hence Quest for Excellence. With further advances accomplished under various criteria, the College proceeded for Second Cycle of accreditation and assessment in 2010 when it retained its grade 'B' status with cumulated grade point average (CGPA) of 2.92 in 4-point scale. Thus the College achieved and sustained certain standards of quality as set by the Accreditation Agency, in terms of its performance related to the educational processes and outcomes, covering the curriculum, teaching-learning, evaluation, faculty, research, infrastructure, learning resources, organisation, governance, financial well being and student services.

This set up the launching pad for next phase expansion in all frontier areas of higher education at collegiate level. Starting from 2011 the college saw immense activities in all areas which are, in one way, extension and strengthening the programmes taken prior to 2nd cycle of accreditation and taking up new programmes, academic and otherwise, on the other. All these measures led to vie for 3rd cycle of accreditation and assessment for which Letter of Intent (LoI) was submitted on 13th March 2015 which was accepted by NAAC office on 23rd March 2015. This was followed by uploading of Self Study Report in college website on 27th August, 2015, and then forwarding the hard copy of SSR to NAAC, Bangalore. Finally the Peer Team visit for assessment and accreditation of the college took place from 21st to 23rd April, 2016. The dignified PEER Team, as constituted by National Assessment and Accreditation Council, Bangalore

consisted of:

1. *Chairperson*
Prof. Kuldip Chand Agnihotri,
Hon'ble Vice- Chancellor
Central University of Himachal Pradesh, Dharamshala
Dist. Kangra – 176 215, Himachal Pradesh
2. *Member-Coordinator*
Prof. D. K. Maheshwari,
President - Plant Sciences, Indian Science Congress
Association
Former - Dean, Faculty of Life Sciences, Department of
Botany and Microbiology
Gurukul Kangri University, Haridwar-249 404, Uttarakhand
3. *Member*
Dr. Santosh B. Patkar
Principal,
Saraswat Vidyalaya's Sridora Caculo College of Commerce
and Management Studies,
Khorlim, Mapusa, Goa

At the end of all the hectic process, finally the 15th Meeting of the Standing Committee of NAAC held on 25th May 2016 awarded Shillong College with Grade "A" with CGPA 3.06.

Beginning with the submission of the Letter of Intent (LoI) to the NAAC for accreditation to successful completion of the Peer Team Visit is a long and arduous journey that, at every stage, exposed every participating section of the institution to the till then hidden but vital aspects of the institution. The preparation of the Self-Study Report (SSR) in itself invited a fresh spirit of solidarity among the various participants – management, Principal, Vice Principals, Teachers, Non-teaching employees, Students, Alumni, Parents & Guardians where the Internal Quality Assurance Cell (IQAC) remained the centre of all activities. This was preceded by SWOC (Strength, Weakness, Opportunities and Challenges) Analysis, during 2013-14, through a Committee constituted by the IQAC of the College involving internal and external members. The SWOC report was an eye-opener which gave scope to have an analysis of internal deficiencies and work on them. The exercise taken up by the SWOC team was thorough and intense, and provided the College a synchronized direction towards identification of internal areas of planning and

resource allocation, initiate innovative and modern methods of pedagogy, intra- as well as inter-institutional interactions, collegiality of the campus and other relevant areas.

Another significant facet of the exercise, though not often in focus, is the internal debate it generated within the institution, paving way for working out strategies to carry forward faster the institution's agenda. The process is the reward by itself. Differences in opinion through dialectics resulted better cooperation and innovation.

It is now an established concept that Research and Development are important component of the 'Quality Status' of an institution of Higher Education. College took special initiatives to sensitise the teaching fraternity for research and publication in addition to providing incentives in the form of 'Study Leave' and other facilities. Organising Seminars/Symposium at the National and International levels along with training programmes and workshops on various issues of contemporary interest became a part of extra-curricular activities. A very key aspect of these academic activities is the publication of the research papers/articles presented in the Seminars etc. in the form of ISBN coded books. This is a continuing process and sure to get accelerated in the days to come. College has a very active Research, Publication and Innovation Cell which is now engaged in furthering research culture, improving publication-base and encourages innovation in teaching-learning process and other matters pertaining quality assurance of the stakeholders. College has also introduced the provision of Research Grants from its own find to a tune of Rs. 2.00 lakhs every year local area research programme. It may be pointed out that college has now four ISBN coded books published to its credit.

Students are the prime concern in any academic discourse. The institutions, the teachers and the other education workers exist because of students. So the college has created appropriate space in academic, extra-curricular and also in terms of welfare facilities for the students. In the present age where job prospect of the students after a level of education has become immediate concern, the college is devoted to create space for placement, career guidance,

immediate academic verification processes and others. These are continuing processes and are sure get further accelerated in the years to come.

The credit for this award of grade 'A' need to be shared equally by all stakeholders which includes the Students – past and present, the Shillong College Alumni Association, the ever-cooperating Parents and Guardians, the excellent team of teaching and non-teaching staff and the community as a whole. The Governing Body led from the front along with the Steering Committee and different sub-committees constituted by the Steering Committee to discharge specific responsibilities. The most remarkable aspect of the team-work displayed lied in the fact that the younger generation of teaching staff, particularly those who experienced the heat for the first time, displayed excellent urge to acclimatize with the process thereby living much beyond the expectations. This is the actual reward for the college and the Governing Body may be rest assured that the institution certainly has a bright future ahead.

Management of the college believes in efficient financial management of its income and financial resources. The institution has been progressing through this effective financial management and consequently it is successful not only in upgrading the infrastructure but also venturing in a number of Welfare measures for the staff as well as the students. Two Welfare Schemes for the Staff, framed by the College, are unique and innovative in nature which is not available in any other institution of the State.

We have achieved something but need to do more. We are not only interested in maintenance and sustenance of the achievements but excel further setting this designated place called "Shillong College" as the destination of all young learners not only in the region but also in the Country in the days to come.

For the benefit of the readers, here is few major basic information of the College along with some of the programmes implemented during previous 5-6 years, and those in hand for step-wise implementation in next few

years:

A. A Short Resume of the College

- ❖ Name: Shillong College, Boyce Road, Shillong 793 003
 - ❖ Date of Establishment: 15th August, 1956
 - ❖ Web-site: www.shillongcollege.ac.in
E-mail: shillcoll@yahoo.co.in
Phone No.: 2224903
- Founder Principal: Shri (Late) Sudhindra Chandra Datta
Present Principal: Dr. K. Dhirendro Ramsiej
Vice Principal: Dr. Malay Dey
Vice Principal (Professional Courses): Shri Kallol Dutta Roy
Vice Principal (Higher Secondary Section):
Dr. M. N. Bhattacharjee
- ❖ No. of Departments: 23
 - ❖ Subjects offered: English, Khasi, Hindi, Garo, Economics, Education, Philosophy, Political Science, History, Sociology, Botany, Chemistry, Physics, Mathematics, Zoology, Microbiology, Computer Science, Statistics, Environment Science, Physical Education, Commerce, Management, Information Technology
 - ❖ Number of Courses offered: 05
 - ❖ Name of the Courses: B.A. (Pass and Honours), B. Sc. (Pass and Honours), B. Com. (Pass and Honours), B.C.A., B.B.A.
 - ❖ Major Jubilee Celebrations:
 - Silver Jubilee: Week long programme from 24th to 30th September 1981
 - Golden Jubilee: Year-long programme from 17th August, 2005, to 17th August 2006
 - Golden Jubilee of Shillong College Students' Union: 2010.
 - Golden Jubilee of Teaching Science: Year-long programme from 23 July 2013 to 23 July 2014.
 - Diamond Jubilee of the College: In progress now – 2016-17.
 - ❖ College Campus: Three campus: 12.3 acres; Built up area: 4.2 acres
 - Main campus: Boyce Road: 1.4 acres
 - Girls Hostel Campus: Boyce Road: 1.1 acres
 - Mawkasiang Campus: 8.8 acres

- ❖ Teacher strength (up to date): 122; Ph. D. = 22; M. Phil.: 18; Only P. G. = 83
- ❖ Special Facilities available
 - Shillong College Employees Maintenance Assistance Scheme since 2011.
 - Shillong College Employees Welfare Scheme
 - Students' Service Centre – providing books and study materials at discount rate.
 - Research, Publication and Innovation Cell.
 - Provision of cc tv surveillance in the Main campus and Wi-Fi connectivity in addition to Broadband.
 - 17 computers for students with internet (broadband) connectivity.
 - Girls' Hostel and Boys' Hostel.
 - Sports infrastructure complex in main campus and play ground in Mawkasiang campus.
 - Health Care Centre with a staff nurse and College Gym.
 - Art and Culture Museum
 - Entrepreneurship Development Cell.
- ❖ Major Seminars Conducted during 2011-16
 - International Seminar: 01;
 - National Seminars: 08
- ❖ Major Publications of the College (2011-16)
 - Annual Magazine
 - Four (4) ISBN Coded Books.
 - Others such departmental magazines, compilation of Thesis abstracts, and many others.

B. Major Programmes implemented during previous 5-6 years

- I. Increasing campus area: Considering the financial stability and future plans of the College, a plot of land measuring about 8.8 acres was purchased in 2012 at Mawkasiang, New Shillong in a hilly terrain. This plot of land is being developed and a Boys' Hostel and play ground have been constructed already. College is exploring procurement of another plot of land adjacent to the Main Campus to totally de-link the Higher Secondary Section and developing proper infrastructure for the

same.

II. Need-based short term career oriented programmes: 'Entrepreneurship Development Cell' in 2012. This cell one most vibrant cells of the College and has organised many programmes like Seminars, Workshops etc. in collaboration with Indian Institute of Entrepreneurship, Meghalaya Institute of Entrepreneurship and many others. One of the striking features of activities of this Cell is to develop the curriculum for a Three-month Certificate Course in 'Entrepreneurship Development' which started in 2013 and already three such courses has been conducted till 2015. Students obtaining certificate and trained in this course are now successful entrepreneurs in the State and also in far off place like Mumbai. Meghalaya Institute of Entrepreneurship has adopted this course as a model in the State.

III. Library and reading room facilities: Expansion of Library remained a priority of the College. Significant improvements in library facilities were achieved with inclusion one very spacious room and seating capacity for the students. Library has been totally computerized, with proper indexing of the books, journal etc. Reading room is now having a capacity of about 80 students at a time sufficient to the needs of the students.

IV. Linkages with other institutions (MOU, MOC etc.): College has taken initiatives and is successful in signing MoU for:

- Cluster of Colleges concept with two adjoining colleges, namely Shillong Commerce College and College of Teacher Education (PGT) for collaborative teaching in the first phase and later entering into research project. Add on Certificate/Diploma courses in "Food Processing", "Waste Management" etc. is being framed. There are plans to start integrated B. A. B. Ed., B. Sc. B. Ed. etc. in Cluster College mode.
- MoU for IGNOU Study Centre – conducting B. Sc., M. A. in English, M. A. in Sociology and M. Com. Faculty members of the respective departments are the Counselors.

- MoU with Institute of Company Secretaries of India for 'Study Centre' of Company Secretary Course.
- MoU with Rangbah Snong (Headman) of Mawkasiang, New Shillong for development and maintenance of the extended campus of the College therein.
- MoU with Seven Huts Socio-Educational Society, Mawlai for conducting Seminars/Workshops/etc. and other academic extension activities.
- MoU with Sohiong College for joint academic programmes and allowing the students of Sohiong College to appear for final Degree and Board examinations from Shillong College Centre.

V. Preservation of local ethnic identity and culture: College has an 'Art and Culture' museum which houses many musical and other instruments and mementos used by the local tribal people since old days. College has plan to further upgrade the museum once the present phase of construction is completed. There is a plan to develop a course on Studies on Tribal Life Style and Tribal Culture'.

In 2014, Literary Circle organised a National Seminar on "translation – transcending Barriers", which highlighted on translation of local literature in other national as well as international languages to open up the local culture, traditions and practices globally. Various artists from rural areas congregated in the Seminar and depicted their talent, form of art and many other which were unique in nature. One faculty members of the college has produced a documentary of life and work of a particular Garo tribe.

VI. Student Common Facilities:

- Girls' Common room since and Boys' Common room.
- Safe drinking water.
- 'Students Service Centre' which provides books and other study materials to the students in subsidized rates. The Service centre is managed by Shillong College Employees Mutual Benefit and Multipurpose Cooperative Society Ltd.
- Girls' Hostel operative since 2013.

- Boys' Hostel is ready.
- Sports Infrastructure (Indoor) in the Main Campus.
- Play Ground in the extended Mawkasiang Campus.
- 17 computers with broadband connectivity in the Library specifically for the Students.
- Wi-Fi enabled main campus.
- Two Scholarships and Number of awards for students with academic achievements.

VII. Strengthening of computer and internet facility: This area has been addressed effectively. All the departments have been provided with computers or laptops with broadband internet facility. In addition, the main campus of the College is now Wi-Fi enabled with free access for the students. There are 5 computers with internet facility for the faculty members in the Staff Common room.

VIII. Construction of Multipurpose Academic Block – this is in progress in the main campus.

IX. Collaborative Courses: College is running IGNOU Study Centre and also 'Study Centre' of Institute of Company Secretaries of India and running following courses:

- Master of Arts in English (IGNOU)
- Master of Arts in Sociology (IGNOU)
- B. Sc. (IGNOU)
- Course on Company Secretary (ICSI)

Faculty members of the college are the Counselors.

C. Future Plans:

I. College has proposed to start following new courses:

- Bachelor in Information Technology – B. Sc. (IT) – Faculty members have prepared the curriculum and the College waiting for green signal from the affiliating University.
- Bachelor in Environment Science – B. Sc. (Env. Sc.).
- Bachelor in Physical Education (B.P.E.S) – first of its kind in the Region.
- Post Graduate courses such as Master of Arts in

English, M. Com., Master of Arts in Entrepreneurship Development and few others.

- II. Separate Higher Secondary Block: To facilitate the de-linking of Higher Secondary courses from the main stream, new higher secondary block along with total segregation of administration is in place now.
- III. Total computerization of administration, finance and library.
- IV. Construction of Science Block: A separate Science Block will be constructed with Central Instrumentation facilities and provisions of starting PG courses in few science subjects.
- V. Expansion of Library further with re-location of the Library in the Science Block.
- VI. Creation of Botanical Garden, and also undertaking periodical Environment Audit of the campus.
- VII. Introduction of Non-conventional Power Supply System.
- VIII. Swimming pool and more sports facilities in Mawkasiang campus.

Institutional Challenges

- Preparation for the changing education scenario and competitive higher education environment leading to better student progression.

College is alive to this challenge. Continuous efforts to upgrade different facilities have made an impact in the Society, and hence present generation is looking forward to get admission in this college in different courses. This college is now preferred destination for qualified youths for job prospects.

- Preparation of action plan towards realization of its vision and mission within a time frame and its implementation strategies.

College has re-structured its mission and vision in 2012 in tune with changing economic and social scenario in the state, the Nation and also the global developments. Stress has been laid on Entrepreneurship development which is probably the need of the time. Every expansion

and extension activity of the college is at par with the aim of realization of its vision and mission.

- Evolving strategies for attracting students to the programmes offered by the college- both from within and outside the state.

Student strength of the College is one of the highest in the state. There is good number of foreign students from countries like Uganda, Nepal, Myanmar, Bhutan etc. Yet, we project to grow further and hence general strategy adopted for attracting students in various programmes are:

- Highlighting the Courses and activities in the college website and presenting the details in Prospectus.
- Involving the community during conduct of Seminars and workshops so as to apprise them about the programmes and activities of the College.
- Responding promptly to the queries received from different private and government organisations in matters of verification of students and others.
- Submission of necessary particulars to the National

portal on ranking of Colleges.

- Attracting and retaining well qualified and competent faculty.

College is in very comfortable position in the matter of attracting and retaining well qualified and competent faculty. The challenges in this regard are met by the College through the following measures:

- Sufficient scope for academic achievement and higher studies.
- Scope for research and innovation.
- Assigning academic and administrative responsibilities.
- Unique Staff Welfare Schemes, particularly the Shillong College Employees Social Maintenance Scheme.

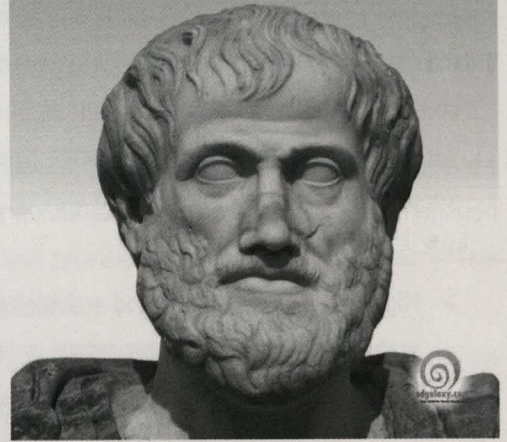
Students Statistics for last Six years:

Categories	Year 1 2011-12		Year 2 2012-13		Year 3 2013-14		Year 4 2014-15		Year 5 2015-16		Year 5 2016-17	
	M	F	M	F	M	F	M	F	M	F	M	F
SC	42	44	-	-	-	-	02	01	02	03	2	-
ST	1047	507	1381	770	1404	718	1355	831	1551	798	1599	900
OBC	5	7	-	-	-	-	-	-	10	05	-	-
General	99	75	46	36	41	39	113	57	67	50	30	06
Foreign	2	2	2	2	2	2	-	-	07	05	04	01
Total – Degree Classes	1195	635	1429	808	1447	759	1470	889	1637	861	1635	907
Male + Female		1830		2237		2206		2359		2498		2442
Others (Class XI-XII)	884	238	952	309	884	305	890	360	901	371	1031	392
Total	2079	871	2381	1117	2331	1064	2360	1249	2538	1232	2666	1299
Overall		2952		3498		3395		3609		3770		3965

“The roots of education are bitter, but the fruit is sweet.”

-Aristotle

Shillong College is truly a public funded institution and it believes in propagating the concept public funded education since this is the only way how education can reach all sections of people – young-old, poor-rich and everyone irrespective caste, creed and religion. We are committed for students welfare and welfare of the Society as a whole, and no doubt, will carry forward with the same ideology for time to come.



“Education is the most powerful weapon we can use to change the world.”

— Nelson Mandela



A BRIEF REPORT ON THE ACTIVITIES OF THE NSS UNIT SHILLONG COLLEGE, SHILLONG FOR THE YEAR 2015-16

The NSS Unit of Shillong College has been doing commendable work since its inception. Students are given training and opportunities to work with and among the village people. It provides them with opportunities to discover and develop their hidden talents, to gain skills in democratic leadership, to engage themselves in creative and constructive social work, to participate in intercollegiate, inter-university and inter-state camps.

1. Special Camping:

Besides regular activities, the Unit has been holding Special camps in their adopted villages for Rural reconstruction and Afforestation, Camp against dirt and disease, Blood Donation camp, Observance of Anti-Terrorism Day (21st May), World Environment Day (5th June), World Aids Day (1st December). One of the prominent events in the history of NSS Shillong College was the successful organization of the National Integration Camp in October 2002 in the College in collaboration with NEHU. The Camp was inaugurated by His Excellency Shri M.M. Jacob, the then Governor of Meghalaya. Students of various colleges and universities from different parts of the country participated in the 10 days camp.

At present, the NSS Unit of the college has five adopted villages. They are, Mawlyngot village, Mawjongka village, Nongpathaw village, Nongtyngurvillage and Smit village. Besides organizing various awareness activities in these villages from time to time, the unit has also been conducting socio-economic survey of the people of the village and surveys regarding the working of the Public Distribution System. The NSS unit is working hard towards the personality development and honing of leadership skills of our students through community service.

Special Camping conducted at the adopted Villages during the period 2015-2016:

National Service Scheme (NSS) is meant for the "Improvement of life of the economically and socially weaker sections of the Community" with the active involvement of teachers and students through Regular as well as Special Camping Programmes. The NSS Unit of the College has been trying to fulfill the aims of NSS and in its small ways conducted Special Camping Programmes at their respective adopted villages. A brief report on it are as follows:

- Laitkseh Village 1st June to 6th June 2015.

Asset Creation: A boundary wall of the village primary school was constructed during the camp along with the local community

- Mawkasiang Village 19th - 24th October 2015

Asset Creation: Construction of Village Footpath

Objectives: To equip the NSS volunteers with entrepreneurial Skills.

Activities organised during the camp:

2. **Construction of village footpath in collaboration with the Local Dorbar.**

3. **Free Eye Check-up camp in collaboration with Banasara eye care.**

➤ **Umphrup Village: 25th July-30th July 2016**

➤ The NSS Unit of the College along with the Village Dorbar during the five Days Special Camping at Umphrup Village had constructed a retaining wall and footpath of the Raid Umphrup Secondary School, Umphrup Village. An awareness programme on Child Marriage was also organised during the Special Camping where Dr B. Myrboh was the Resource Person.

➤ **Nongtynur Village: 10th October -15th October 2016**

During the five day programme the NSS Unit of the College extended their social service to the community where the volunteers along with the village Dorbar constructed a footpath for the welfare of the community.

➤ **Nongpathaw Village- 31st October-5th November 2016**

The NSS Unit of the College along with the Village Dorbar during the five Days Special Camping at Nongpathaw Village had constructed a at Nongpathaw Secondary School, Nongpathaw Village. An awareness programme on Finance Literacy and Credit Counselling Camp was also organised during the Special Camping where Smti V. Rotluangi, Manager (Lead Bank) State Bank of India was the Resource Person.

• **Cleaning Drive Organised: 2015 -2016 :**

As part of the Swachh Bharat-Swasth Bharat Campaign the Shillong College has implemented the scheme by instilling the idea through the 4C's (Clean Mind, Clean Body, Clean Environment and Clean Society) firstly by cultivating the idea of "Cleanliness is next to Godliness" amongst the students of the College by organizing a Cleaning Drive on the 4th August, 2015 at the College Campus. NSS Volunteers actively participated in the cleaning drive.

On the 29th October 2015, the Swachh Bharat Committee Shillong College in accordance with the directives from the office of the District Commissioner, East Khasi Hills, conducted a cleaning drive around the entire boundary stretch of the college from PGT upto St Mary's College. This event was the outcome of Heads of Educational Institutions with the District Administration, whereby a collaborative initiative was drawn to involve educational institutions in the Clean Shillong Campaign. On 29th October 2015 the NSS, NCC YRC Rovers & Rangers of the college came forward to take part in the programme which also serve as one of the preparatory measures to the well awaited ITM (International Terra Madre) to be hosted in the city. As many as 100 students participated in this cleaning.

NSS volunteers of the college participated at the SWACCH BHARAT CUM-CLEANING DRIVE organized by The Office of the Deputy Commissioner, East Khasi Hills Under the Chief Minister's Youth

for Green Campaign East Khasi Hills District on the 2nd October 2016 at Iewduh (KhliehIew) Shillong. The volunteers also participated at the Pledge taking ceremony along with the Honourable Governor of Meghalaya, Shri.V.Shanmuganathan, for keeping the environment clean.

Environmental and Tree Plantation programme:


World Environment Day is observed in the country as elsewhere across the world on 5th June with a call to save the environment from degradation. On the account of World Environment Day, the NSS Unit of the College had organized the following Programmes:

On the 1st August 2015, the NSS Unit of the college had organized a tree plantation at Umtngew Village near Smit. Around 200 tree saplings were planted by 60 volunteers of the college along with the participation of the Villagers. The tree saplings were planted at two catchment area of two water sources of the village.

Tree Plantation

NSS volunteers of the college organised a Tree plantation Programme to celebrate World Environment Day on the 5th June 2015 at Thynroit Village. Altogether 100 saplings were planted by the volunteers along with the school children of the village.

As part of the World Environment Week Celebration, for the Year 2016 NSS Shillong College had organised an Inter School Competition on the 7th June and 9th June 2016 at Thynroit Village and Indoor Stadium Smit, respectively. On the 7th June 2016 NSS Shillong College had celebrated the World Environment Week, 2016 by organizing Inter School Competition at the adopted villages. On the 7th June 2016 students volunteers along with Prof M.W Synrem and Prof S.Kharymba, Programme Officer, Shillong College in collaboration with Thynroit Secondary School had organized an Inter School Competition at Thynroit Secondary School. The Students of the villages participated actively in the programme.

 As part of the World Environment Week Celebration, for the Year 2016 NSS Shillong College had organised an Inter School Competition on the 9th June 2016 at Indoor Stadium Smit. The theme for the programme was "Save Mother Earth". Various activities like painting, drawing, singing and quiz were organized and around eight Schools from the neighbouring village participated enthusiastically. The programme was concluded with the quiz competition where Smit Higher Secondary School bagged the first prize from the senior level. For the junior level the first prize was bagged by Mount Gerizim School, Smit. Thought provoking speeches were given by Shri K.M. Syiem, Sordar Smit Pyllun, Prof L.Pariat and Dr S. Khyriemujat, Programme Officer, Shillong College were the major highlight of the programme.

Disaster Training:

A two day Disaster training was conducted by NSS Cell, NEHU on the 25th and 26th February 2016 at NEHU Campus where 25 student Volunteers from the NSS Unit Shillong College attended the Training. Smti L.Syiemlieh from the Civil Defence was the Resource Person.

Students who had undergone the Disaster Training:

1. Barrister Kharsohnoh	9. Pynskhem Paswett	17. Ibaaihun Japang	25. Mebarihun Pala
2. Daryll Khongwir	10. Wanlang Diengdoh	18. Daphiralin Pakyntein	26. Linolyne Nongspung
3. Bantei Paswett	11. Philosophy Rynniaw	19. Ibansara Nongsiej	27. Dafica Mawlong
4. Robin Nongrum	12. Kyrshanskhem Lating	20. Banisha Kharkrang	28. Sukbhalang Marboh
5. Baldomer Khriam	13. Cathleen Kharbyngar	21. Babetlari Kharbyngar	29. Debina Umbah
6. Luckystar Kharymmba	14. Flora Wankhar	22. Phindakiewlin Khyrriemujat	30. Ribhalin L Nongpyiur
7. Rejoyson Mawrie	15. Naphisabet Marbaninag	23. Gladine Dkhar	31. Melari Kharmudai
8. Khrawborlang Kharkongor	16. Pinky Nylla Lyngkhohi	24. Ibansara Kharsohnoh	32. Kynjohlin L Tangkhar

- Dr H. Iangrai, Programme officer, and former State Liason Officer for the State of Meghalaya was the Nodal Officer, for Disaster Management Programme.

South Asian Games 2016:

Dr H. Iangrai former State Liason officer and NSS Programme Officer of the college was appointed Deputy Director, In-Charge Volunyeer. About 800 Volunteer were recruited for the SAG. Besides he is also incharge at the Veue, Assam Rifle for the Wushu Event and also at NEIGHRIMS Venue for the Taekwendo Event. The NSS Unit College had contributed about 21 Students Volunteers for the SAG in Shillong, Meghalaya.

Students Volunteers for the SAG in Shillong, Meghalaya:

Barrister Kharsahnoh	Vivian Vedder Nary	Richmond C Pyngrope
Udit Rabha	Benezer Wanchand	Rodricstar Syiem
Andrea Kharkongor	Stanley Susngi	Rupaia Biam
Ibansara Nongsiej	Dale Wandalynti Mawkon	Anjelina Sohtun
Balisha Kharmih	Banisha Kharkrang	Mebarihun L Pala
Daphiralin Pakyntein	Pinky Nylla Lyngkhohi	Indasyrpai W. Kharkongor
Naphisabet Marbianag	Flora Wankhar	Ebenezer Marboh

Blood donation Programme:

The NSS Unit of the college have been regularly organizing Blood Donation Camps and voluntary donations for needy patients. The NSS unit of the college is making every effort to sustain this campaign by organizing various motivational camps and networking with related organizations like the Regional Blood Bank, Pasteur Institute, NEIGRIHMS, Nazareth Hospital besides others.

Alcohol and Drug Abuse Programme:

20 NSS Volunteer along with programme officers attended and participated at the National Seminar on "Drug Abuse and Alcoholism" held on the 15th June 2015 at the State Convention Centre, Pine Hood Hotel.

Shillong. The Volunteers of the college presented the NSS theme song. The participants which includes dignitaries, from the Union Ministry, Union minister of State Government of India and others

Free Medical Camp and Free Eye Camps:

Free Medical and Free Check u-p Camp in collaboration with Bansara Eye Care Hospital at Mawkasiang village on 12th October 2015. 20 medical staff and optometrist examined and 300 people got free spectacles.

Agricultural Training Programme:

A one Day Training Programme on *Organic Farming* was organized at Sohryngkham village on the 31st July 2015. Shri K. D Kharkongor DTO, District Farmer's Training Centre, Upper Shillong was the Resource Person. The programme was organized by the NSS unit in collaboration with Youth association of the Village.

World Aids Day:

On account of World AIDS Day, organised an awareness programme for the youth of Umphyrnai Village at community hall, Umphyrnai village on the 1st December 2015, on Impact of Child Marriage and HIVS AIDS. Shri Lambok Toi, was the Resource Person for the programme.

Orientation programmes organized for New Volunteers:

The NSS orientation programme for newly recruited members was also conducted on the 25th July 2015. Miss Palvy Dora Kharkongor and Shri Tara Prasad, Indira Gandhi National Awardee for NSS volunteers were the Resource person.

National Seminar on "Role of NSS: Scope and Challenges"

- On the 5th and 6th March 2015 a National Seminar on *Role of NSS: Scope and Challenges* was organized by NSS Cell, NEHU at the Multi Use Convention Centre, Shillong. The NSS Unit Shillong College actively participated where 25 volunteers and programme officers attended the two day seminar. The Student Volunteers presented a cultural song during the programme.
- Dr H. Iangrai, Programme officer presented a paper at the National Seminar on *Role of NSS: Scope and Challenges* organized by NSS Cell, NEHU at the Multi Use Convention Centre, Shillong on the 5th - 6th March 2015.
- Dr H. Iangrai, Programme officer, attended the Conference of Ministers for NSS activities at SAI, JNU New Delhi on the 20th - 21st March 2015.
- Two Programme Officer of the College, Shri S.Kharrymba and Shri M.W Synrem were Resource Persons for the Educational Awareness Programme for School children at Nongeitniang Upper Primary School, Nongeitniang, East Khasi Hills, Shillong on the 27th September 2015.

Skill Development Programme:

The NSS Cell, Shillong College has undertaken the challenges of contributing to the development process of the State in particular and the country in general. The daunting task of equipping the educated youths for self-employment has to be sustained for the venture to succeed. Therefore, another important programme conducted by the NSS Unit of the College is the Skill Development Training Programme. To equip the educated youth with necessary skills and competencies that would provide them the opportunity for doing something new and different, the NSS Unit under the guidance and sponsorship from the NSS, Cell NEHU had taken the initiatives of sending NSS Volunteers for Skill development training in reputed training institutes in various trades of interest of the students.

The Training Institutes that have been tied up with the NSS Unit Shillong College are:

- Don Bosco Technical School for Technical Training in the field of Mobile Repairing, Computer Hardware Course, Basics Electrical Appliances, Bakery, Beautician, DTP, Stenography and Short Hand Course, Film Making and Photography. The Don Bosco Youth Centre has been tied up for some courses on Fashion Designing, Dress Making and Computer Courses.
- The Rural Resources Training Centre(RRTC) Umran, is a collaborative institute for Candle Making, Fast Food Technology and Mushroom Cultivation.
- The Institute of Hotel Management and Catering Technology has been tied up for training on Food Processing, Food Technology and Hospitality Management.

The NSS Unit has selected 30 Student Volunteers with the approval from NSS Cell, NEHU to undergo training in various fields fully sponsored by NSS Cell, NEHU in the above institutes. Some student volunteers have also started up their own enterprises after completion of their training.

The NSS Unit, Shillong College has also sponsored trainees selected from economically backward family from the adopted villages of Smit, Nongpathaw and Nongtyngur after considering the type of trainings and employability factor in their respective villages.

Students who had undergone training in various trades:

Sl.No	Year	Names	Trades
1	2013-2014	Pinky V. Shabong	Bakery
2.		Wanly Syiemlieh	Bakery
3		Ribahun Dkhar	Bakery
4.		Kitlari Kharbamon	Bakery
5.		BidalinSkhemlon	Bakery
6.		Robin Nongrum	Mobile Repairing
7.		Saphina Marboh	Computer Course

8.	2014-2015	Kristi A. Thangkhiew	Cosmetology	
9.		Bethsaida Nongbri	Candle Making	
10.		Baphindalisa Riahtam	Candle Making	
11.		Cathleen Kharbyngar	Candle Making	
12.		Khrawboklang Kshiar	Candle Making	
13.		Lumkyrpang Kharkongor	Candle Making	
14.		John V. Kharlukhi	Computer Hardware	
15.		Luckystar Kharrymba	Computer Hardware	
16.		Teilang Mawlong	Computer Hardware	
17.		Handa U. Mynso	Computer Hardware	
18.		Junaly Sangma	Bakery	
19.		Nisha Brahma	Bakery	
20.		Banteikupar Paswett	Bakery	
21.		Grace Adieu Pasi	Mobile repairing	
22.		Bankupar Nongkseh	Basic Electrical Home Repairing	
23.		Bankerlang Diengdoh	Basic Electrical Home Repairing	
24.		RikyntiBashisha Thabah	Dress Making	
25.		Daphilapynhun Wanniang	Dress Making	
26.		Ridawanbha Nongbri	Computer Course	
27.		Veronica Lyhgдох	Computer Course	
28.		Sophiana Marwein	Computer Course	
29.		Monisha Songthiang	Stenography	
30.		Pinky V. Shabong	Stenography	
31.		Ribahun Dkhar	Stenography	
32.		Saphina Marboh	Stenography	
33.		BidalinSkhemlon	Stenography	
34.		2015-2016	Barikupar Nongkseh	Fast Food Technology
35.			Bankerlang Diengdoh	Fast Food Technology
36.			Khrawboklang Kshiar	Fast Food Technology
37.			Phrangsngi Nongrynrih	Fast Food Technology
38.			Mebarihun Pala	Fast Food Technology
39.			Rikyntibashisha Thabah	Fast Food Technology
40.			Cathleen Kharbyngar	Fast Food Technology
41.	K. Angela Thangkhiew		Advanced Beautician	
42.	Baldomer Khyriem		Computer Hardware	
43.	Shaphrang Rynksai		Computer Hardware	
44.	Luckystar Kharrymba		Computer Hardware	
45.	Barikupar Thangkhiew		Computer Hardware	

46.		Barister Thangkhiew	Computer Hardware
47.		Lashembok Langrin	Computer Hardware
48.	2015-2016	Christine V. Shabong	Computer Course(Tally)
49.		Sophiana Marboh	Computer Course(Tally)
50.		Ridawanbha Nongbri	Computer Course(Tally)
51.		Veronica Lyngdoh	Computer Course(Tally)
52.		Phrangsngi Nongkynrih	Computer Course(Tally)
53.		Teinam Nongdhar	Entrepreneurship
54.		Khamlihok Kharmujai	Entrepreneurship
55.		Pinky Shabong	Stenography
56.		Monisha Songthiang	Stenography
57.		Saphina Marboh	Stenography
58.		Bidalin Skhemlon	Stenography
59.		Banteikupar Paswett	Stenography
60.		Robin Nongrum	Stenography

Success Stories from the Skill Development Programme:

Batch 2013:

- Mr Kitlari Kharbamon got a placement at Bombay Bites Restaurant, Police Bazar, Shillong and from 2015 he was appointed as assistant chef at Bakery Unit In Pionisuk Hotel, Police point, Laitumkrah, Shillong. He is currently working at the same establishment.
- Mr Robin Nongrum started his own Mobile Repairing Unit at his residence at Polo, Shillong. At present he is also currently pursuing his studies in Bachelor of Arts in Shillong College, Shillong.

Batch 2014:

- Miss Kristie Angella Thangkhiew after completing her training in Cosmetology was appointed at the High Winds Resort, Pine Mount Ridge, Shillong in the Beauty Spa Unit of the Resort. She works for a period of one year and later under NSS Sponsored for Skill Development NEHU, she again pursue the training on Advanced Beatician in 2015.
- Miss Nisha Brahma got an offer from the Jet Wings Institute and is currently placed at the Hyatt Residency, Ahmedabad since June 2015.

Achievement of the NSS volunteers and College:

University Award at the State Level for Best NSS Volunteers

Year 2015: Miss Sophia Marwein and Miss Ridawanbha Nongbri

Year 2016: Mr Robin Nongrum and Miss Christine Kharbyngar

Mr Robin Nongrum, an NSS volunteer was selected for the pre Republic Camp at Kolkata from the 9th -19th November 2016.

University Award at the State Level for Best NSS Programme Officers:

Year 2016: Shri Sujol Kharymba

A REPORT ON THE VARIOUS ACTIVITIES CONDUCTED BY THE S.C.S.U

SUBMITTED BY IOHBYNTA SANGLYNE

Though it has been a busy year for the S.C.S.U due to the various events organised in accordance of the Golden Jubilee celebration and the NAAC PEER TEAM's visit, the S.C.S.U. was also able to conduct some other activities and programmes of its own.

After the formation of the new executive body of the S.C.S.U, the different office bearers of the students union were finalised. The date of the Shillong College Annual and Cultural Week "INFIGO 2015" was finalised and decided to be held was from the 9th of November 2015 to the 14th of November 2015, with the theme "ARISE, ACT, and ACHIEVE". The week started with the inauguration on the first day and was followed by the various activities and competitions of the sports, debate and music department. And on the finale the most awaited Mr. and Ms. Shillong College competition was held and there were also performances by the winners of the different events of the music department. Though there were some difficulties it was successful and we were very pleased with our hard work, and the efforts put in by the members of the students union and volunteers.

Apart from this we also organised the Fresher's Meet on the 11th of June 2016 at 11:00 am in the Basket Ball court, to welcome the new faces of the Shillong College family it was a fun and exciting day for the new students. There were some games for the students and there were also some performance by the more familiar faces of the College, and the winners for Mr. and Ms. Fresher's Meet 2016 were announced. There were also some teachers present and the Vice Principal was also present. It was an exciting and successful programme and both the students and S.C.S.U. were very pleased with it.

We also organised the Teachers Day on the 5th of September 2016, at 1:00 pm in the conference hall. There were some performances by the students to show their appreciation for their beloved teachers. The programme ended with lunch for the teachers which was prepared by the student themselves. The teachers appreciated the efforts put in by the union and the students, which was the main aim of the S.C.S.U. while organising the programme.

Apart from these various programmes the S.C.S.U. was also involved in various activities organised by the college.

Finally, I would like to express my gratitude to the Principal, Vice-Principal, the teachers for sparing their precious time and supporting the union. And I cannot without thanking the members of the union, NSS volunteers, NCC cadets and all the volunteers who helped during the various activities in which the S.C.S.U. has been involved.

Thanking you.

Long live Shillong College, Long Live S.C.S.U.

LIST OF COMPLETED COLLEGE MINOR PROJECTS FOR THE YEAR 2015-16 RESEARCH AND FUNDING CELL, SHILLONG COLLEGE

1. "Survey of Anuran Species in and around Mawkyrwat South West Khasi Hills District"
Dr S. Khongwir and Kobitstar Nongsiej,
Department of Zoology, Shillong College.
2. "Smart Kitchen"
Shri Donald Thabah and Amit Kumar Sunar,
Department of Computer Science
3. "Study of the Haematological and histological effects of Neemastra, a neem-based pesticide in blood cells and tissues of air-breathing catfish, *Clarias Gariepinus*"
Dr L. M Jyrwa and Phidapynbha,
Department of Zoology, Shillong College.
4. "Application of a Simple Clustering technique for evaluation of Students' Academic Performance"
Shri Jutang Swer and Grefferson Malngiang,
Department of Computer Science, Shillong College.
5. "A user survey on the usage of college libraries by undergraduate students in Shillong"
Mrs. B. Lyngdoh, Librarian, Shillong College
(undertaken during the academic year, 2014-15)

LIST OF ONGOING COLLEGE MINOR PROJECTS FOR THE YEAR 2016-17

1. "Assessing of Microbial Quality of supply water in Pynthorumkhrah, Shillong"
Dr. I Lyngdoh,
Department of Microbiology, Shillong College.
2. "Scanning electron microscopic (SEM) study of scales of *Labeo rohita* obtained from a local fish market, Iew Duh in Shillong, Meghalaya"
Dr. E. M. Pala,
Department of Zoology, Shillong College.
3. "Energy Dispersive X-Ray Spectroscopy (EDS) study of scales of *Labeo rohita* obtained from a local fish market, Iew Duh in Shillong, Meghalaya."
Dr. E. M Pala,
Department of Zoology, Shillong College.

A BRIEF REPORT ON THE ACTIVITIES OF THE PLACEMENT CELL, SHILLONG COLLEGE FOR THE YEAR 2016.

1. The Placement Cell, Shillong College on the 8th August 2016 had conducted an Awareness Programme on the various opportunities available in the field of Aviation, Hospitality and Tours & Travel in the College Conference Hall. The main aim of the program was to create awareness about Career Opportunities in the above mentioned sectors. This awareness programme was conducted by the Placement Cell with Sky International Academy, an institution based in Guwahati. About 339 students from all streams of the college participated and were highly benefitted from the programme.

The programme started with a Welcome address by Prof L. Khonglah where she welcome everyone and especially Smti Sakshi, Business Co-Ordinator Sky International Academy. The programme was followed by a Speech by the Resource Person where she apprised about the different courses offered by their institute that focus towards employability and placement of the students. The programme ended with a vote of thanks from the Convenor, Placement Cell Shillong College.

2. A report on career awareness program in collaboration with ITM Business School:

The placement cell on the 8th of September 2016 conducted a career awareness program in collaboration with ITM Business School. The main objective of this program was to create awareness for the final year students and help them make significant decisions for their career. The program started off with a welcome speech given by Smti C.Kharsyntiew, Department of Commerce, Shillong College where she welcomed and introduced Dr Lakshmi Mohan, The Deputy Director and Campus Head of the institute to the students. The program was then handed over to Dr Lakshmi Mohan, where she briefed the audience about the institute. ITM Group of Institutions was established in 1993. She apprised about the different courses offered by them with the emphasis on Post Graduate Programs that focus towards employability and placement of the students. Till date more than 15000 have post graduated from ITM Business School and have made a mark for themselves in the corporate world.

ITM has international collaborations with universities across the Globe in Europe, America and South East Asia along with distinguished Indian accreditations. Since it is also the Silver Jubilee year their Group is

conducting a national scholarship test for the benefit of the student's community. Dr Lakshmi Mohan also spoke about Personality development, MBA as a career option, trending topics (like Digital media, Social media, Finance topics, etc.) and placement training. Dr Lakshmi Mohan also made a proposal to the Convener if they could conduct a Faculty Development Program in future that would interest the teaching faculties of Shillong College and bring mutual benefit.

The program came to an end with the Convener of the cell Dr S. Khyriemujat delivered the vote of thanks where she expressed her gratitude to the Principal, Dr K. D Ramsiej, all the members of the cell and Dr Lakshmi Mohan for working together for the benefit of the students.

3. One-Day Workshop on "Finishing School - Interview Skills and Job Prospects:

In this competitive world, Interview Skills are an essential building block for the growth of any students. The final year students need good preparation in increasing their chances to get selected in interviews. Keeping this in mind, Placement Cell, Shillong College in collaboration with Hundredfold Academy had organised a One Day Workshop on "Finishing School- Interview Skills and Job Prospects" in the College Conference Hall on the 17th November 2016. The One-Day Workshop was divided into Three Technical Session were each session was delivered by Human Resource Specialist, Mr. Sunny Mawlong and his team. The workshop was attended by 100 students of the College from all streams (Arts, Science, Commerce and Professional Courses) where the students were exposed to the Do's and Don'ts in an interview, the overall grooming, frequently asked questions, and mock interviews were conducted to mentally prepare them about what the job industry is looking for in the candidates. The training programme had benefited the student participants by teaching them about how to develop the right attitude and mind-set while searching for jobs or better career options. This was followed by a feedback from the participants who pointed out that such awareness programmes is really the need of the hour and stated that there is a need, however, for a longer duration of the programmes to incorporate with more informative topics.

Endowment Prizes

1. Nirjhanrini Deb Roy – Biman Behari Deb Roy Memorial Scholarship: Awarded to a Girl Student of the College pursuing a postgraduate course in any university. Selection is based on merit. Fund contributed by Prof. Bibek Deb Roy.
2. S.C. Dutta Memorial Prize- - Awarded to a student securing rank in the University/ Board examination which is top position from among the students of the college.
3. N.K Sarkar Award for English- Awarded to a student securing highest mark in the subject English in University/ Board examination from any stream. Instituted since the year 2006. Fund contributed by Prof. N.K. Sarkar, Retd. Vice Principal.
4. D. Mukherjee Award For Physics- Awarded to a student securing highest rank (atleast a 1st class) in Physics Honours from among the students of the college. Instituted since the year 2009. Fund contributed by Prof. D. Mukherjee , Retd. Vice Principal.
5. Rekha Devi Prize - Awarded to a student securing highest rank (atleast a 1st class) in Zoology Honours from among the students of the college. Instituted since the year 2009. Fund contributed by Prof. Rekha Devi, Retd. Vice Principal.
6. Merit Prize for meritorious performance in Professional courses- Awarded to a student securing highest rank (atleast a 1st class) in BCA, BBA, B.Sc (Comp. sc), B.Sc Microbiology from among the students of the college. Fund contributed by professional courses Student's welfare fund.
7. T. J. Kharbhih Memorial Endowment Award and Scholarship – instituted in the year 2014.
 - (a) T. J. Kharbhih Memorial Endowment Scholarship - The family of Late Prof. T. J. Kharbhih (Head, Department of Chemistry), who expired prematurely on 26-11-2012, donated a sum of Rs. 50,000.00 (Rupees Fifty Thousand only) to the College to be used towards encouragement of the students in their studies in Chemistry every year. Scholarship of Rs. 1000.00 (Rupees One Thousand Only) per annum is awarded to three students every year called T. J. Kharbhih Endowment Scholarship.
 - (b) T. J. Kharbhih Endowment Award –Two students, one each from Class XII (MBOSE Final HSSLC examination) and one from B. Sc. IIIrd Final (NEHU) Chemistry honours will be given an award of Rs. 1000/- and Rs. 1500/- respectively every year and selected as:
 - (i) A student who secures First Division (60% overall) and highest marks in Chemistry in the HSSLC Final examination every year. As such, a student securing highest marks in Chemistry but obtaining second division will not be eligible for this award.
 - (ii) A student who secures highest percentage marks in Chemistry Honours in B. Sc. final examination conducted by North Eastern Hill University will only be eligible for this award. ■

List of Recipients of Awards for the Year 2016

I. S. C DUTTA MEMORIAL AWARD (1ST CLASS 1ST)

1. Jane Adelaide Kharbudon- III BSc (Zoology)
2. K. Ramtawon L. Nonglait - III BSc (Microbiology)
3. Kitborlang Lyngdoh Kynshi- III BCA
4. Shanboklang Syiemlieh - BA (Pass) 1st Class

II. RANK HOLDES FROM DIFFERENT DEPARTMENTS (OTHER THAN PROFESSIONAL COURSES)

1. Thuomryoy Gangte -1st class 10th (Philosophy)
2. Evangelyne Snaitang- 1st class 4th (Education)

III. RANK HOLDERS FROM PROFESSIONAL COURSES

1. K. Ramtawon L. Nonglait – III BSc Microbiology
2. Ibaridadun Boin Lyngdoh Nonglait - III BSc Microbiology
3. Lima Pongla Kechu - III BSc Microbiology
4. Pynbhalang Wahlang - III BSc Microbiology
5. Banridor Kharbangar - III BSc Microbiology
6. Balahunlin Suting - III BSc Microbiology
7. S. Phyrnailin Nongbri - III BSc Microbiology
8. Shailing Khongmalai - III BSc Microbiology
9. Deigratia Marngar - III BSc Microbiology
10. Kitborlang Lyngdoh Kynshi - III BCA 1st Class 1st
11. Amit Kumar Sunar - III BCA 1st Class 7th
12. Aldareen Khyriem - III BCA 1st Class 9th
13. Mercy Lucky Sohlamar - III BBA 1st Class 6th
14. Baskhemjingmut Lyngdoh Marshilong - III BBA 1st Class 7th

IV. N.K SARKAR AWARD (Highest marks in English)

1. Aibankitlang Allya - XII Arts (80 %)
2. Lawanpynshngain Wanniang - XII Science (80 %)

V. D. MUKHERJEE AWARD (Highest marks in Physics)

1. Double Bless Kharjana

VI. REKHA DEVI AWARD (Highest marks in Zoology)

1. Jane Adelaide Kharbudon

VII. T. J. KHARBHIH MEMORIAL SCHOLARSHIP

(Rs 1000 each)

1. Linda lallawmsangi
2. Susanna Kelim Mushang
3. Alwinstar Nongspung

CATEGORY 1

1. Ibakorlang Lapasam - 1st Class in Chemistry (Hons)
2. Nicholas Myllem - High 2nd Class
3. Govinstar L. Nongbri - High 2nd Class

CATEGORY 2

XII Science scoring above 80% in chemistry in HSSLC Exam 2016 (Rs 1000 each)

1. Wanraplang Warlarpih
2. Heplang Ronghang
3. Habanjop Kurbah

VIII. N.S.S AWARD

1. Shri. Luckystar Kharrymba (B.A 3rd Year)
2. Smt. Rikynti Bashisha Thabah (B.A 3rd Year)

IX. NCC AWARD

1. Jenny Fricia Paliar - 2nd Semester
2. Diosony Suchiang - XI (Boy Cadet)

X. SPORTS

1. Rupert Nongrum – B.A 3rd Year - Football. Presently playing for Delhi Dynamos (2016) in the Indian Super League
2. Gelkerius Buhphckang: B.A 3rd Year Karate Black Belt. 2nd in North East Individual Championship in Sikkim 2016.

XI. AWARD FOR ACADEMIC EXCELLENCE IN HIGHER SECONDARY SECTION

1. Habanjoplang Kurbah (Highest scorer in XII Science)
2. Lapdianghun Kharkongor (Highest scorer in XII Commerce)
3. Aibankitlang Allya and Rimio Tariang (Highest scorer in XII Arts).

ACADEMIC ACHIEVEMENTS IN THE NEHU EXAMINATION 2016

The following students have secured top ten positions in the subjects of Microbiology, Zoology, Computer Science, Business Administration, Education and Philosophy in the final Honours examination conducted by NEHU in 2016.

Name of students and their ranking in the NEHU 2016 Examination

Sl. No	NAME OF THE STUDENT	NEHU RANKING	DEPARTMENT
1.	K Ramtawon L Nonglait	1 st Position	Microbiology
2.	Jane Adelaide Kharbudon	1 st Position	Zoology
3.	Kitborlang Lyngdoh Kynshi	1 st Position	Computer Science
4.	Ibaridahun Born Lyngdoh Nonglait	2 nd Position	Microbiology
5.	Limapongla Kichu	3 rd Position	Microbiology
6.	Pynbhalang Wahlang	4 th Position	Microbiology
7.	Evangelyste Snaitang	4 th Position	Education
8.	Banridor Kharbyngar	5 th Position	Microbiology
9.	Balahunlin Suting	6 th Position	Microbiology
10.	Mercy Lucky Sohlamar	6 th Position	Business Administration
11.	S. Phyrnailin Nongbri	7 th Position	Microbiology
12.	Baskhemjingmut Lyngdoh Marshilong	7 th Position	Business Administration
13.	Amir Sunar	7 th Position	Computer Science
14.	Shailing Khongmalai	8 th Position	Microbiology
15.	Deigratia Marngar	9 th Position	Microbiology
16.	Aldareen Khyriem	9 th Position	Computer Science
17.	Thuomryoy Gangte	10 th Position	Philosophy

Farewell Programme

organized by
THE DEPARTMENT OF CHEMISTRY
Shillong College



PRINCIPAL, VICE PRINCIPALS & TEACHING STAFF



DR M. DEY, VICE PRINCIPAL
GIVES A SPEECH

The Department of Chemistry, Shillong College had organized a Farewell Programme for the retiring teacher and Head of Department, Dr M. N. Bhattacharjee on the 2nd July 2016 in the Chemistry Laboratory. Dr M. N. Bhattacharjee joined the College on 30th June 1985 and he completed almost 31 years of service in the College. The programme was attended by the Principal,

Dr K. D. Ramsiej, the Vice Principals, Dr M. Dey and Shri K. D. Roy, the teaching staff of the Department and the students of Chemistry Hons along with the Laboratory attendants, Shri R. Kharkongor, Smt K. Warjri and some others. Smt Larica Pathaw compered the entire program. The programme started with the introductory speech given by Dr D. L. Buam who expressed and tried to recall the years of service rendered by Dr M. N. Bhattacharjee. Shri K. Umdor gave a welcome speech to all on the occasion. Dr C. Masharing, gave a short speech of the service of Dr M. N. Bhattacharjee. A memento was read out by Dr. Barisha Wahlang and presented to the outgoing Head of Department. A photo Album 'Down the Memory Lane' of the yester years of the outgoing Head, prepared by the Department was presented by Shri K. D. Roy. The students of Chemistry Hons presented a 'Chemistry' song and the Vice Principal, Dr M. Dey suggested that the song can be declared as an Anthem of the Department of Chemistry. There were two students who gave short speeches, Shri Raplang Umdor and Shri Paulash Chakma. The Vice Principal Dr M. Dey gave a speech which brought back his memories of yester years when he joined the College in 1985 just a little ahead of the joining day of Dr M. N. Bhattacharjee. Dr M. Dey recalled his experience of their years together. Shri K. D. Roy spoke of the involvement of Dr M.N. Bhattacharjee with other organizations apart from the Academic matters. The outgoing Head of Department, Dr M. N. Bhattacharjee,



**DR M.N.BHATTACHARJEE
GIVES A SPEECH**



**DR C.MASHARING
GIVING A SHORT SPEECH**



**DR B.M.LALOO
GIVING THE VOTE OF THANKS**



**SHRI K.UMDOR
GIVING THE WELCOME
SPEECH**



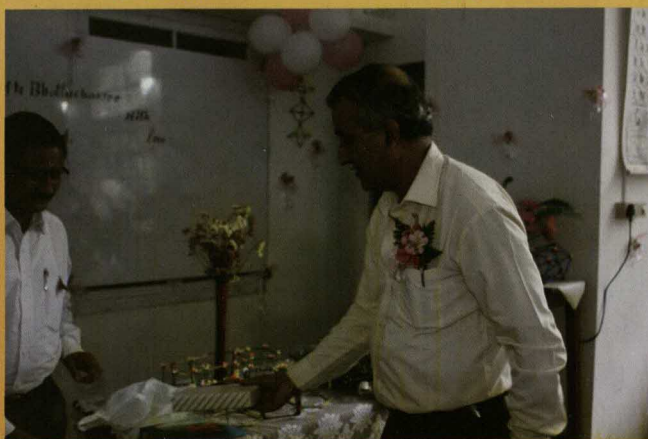
**SHRI K.D.ROY
GIVES A SHORT
SPEECH**



**DR K.D.RAMSIEJ
IN HIS SHORT SPEECH**



**DR D.L.BUAM
GIVING THE
INTRODUCTORY SPEECH**



**DR M.N.BHATTACHARJEE
RECEIVES A GIVT FROM DR M.DEY**



**DR B.WAHLANG
READING THE CITATION**

gave an elaborate speech where he expressed his vast experience of service in the Department in the years gone by till date. Dr K. D. Ramsiej, Principal shared his feelings and expressions of the vast knowledge and experience of Dr M. N. Bhattacharjee as an academican and administrator. He gave a speech in appreciation of Dr M. N. Bhattacharjee as a man of action. Shri S. Lato, teacher of Physics Department

who attended the programme also gave his short speech. Dr B. M. Laloo proposed the vote of thanks and before that she expressed her experience with Dr M. N. Bhattacharjee from the time that she joined in 2013. The program ended with light refreshments for all who were present. ■

RED CROSS



A VISIT TO SOS VILLAGE



AWARENESS ON EYE-HEALTH, DR. J. BAIWMOIT, DIRECTOR OF BANSARA EYE CARE, SHILLONG



EYE CHECK-UP CAMP ORGANISED BY YRC, SHILLONG COLLEGE.



SMT. ARIVA FROM MACS DELIVERED A SPEECH DURING AN AWARENESS PROGRAMME ON AIDS AND BLOOD DONATION IN THE COLLEGE ON THE 8th JULY, 2016.



EYE CHECK-UP CAMP ORGANISED BY THE YRC, SHILLONG COLLEGE.



PRINCIPAL, SIR K. D. RAMSIEJ GIVING A SPEECH DURING AN EYE AWARENESS CAMPAIGN ORGANISED BY YRC, SHILLONG COLLEGE.



YRC MEMBERS, SHILLONG COLLEGE UNIT DURING AN ADVENTURE TRIP CUM FIRST AID TRAINING TO DAVID SCOTT ROAD (MAWPHLANG)



SOME YRC STUDENTS OF SHILLONG COLLEGE PARTICIPATED IN THE REPUBLIC DAY CELEBRATION ON THE 26th JANUARY 2016



TAKING CEREMONY 2016



YRC STUDENTS WERE TRAINED DURING THE FIRST-AID AND DISASTER TRAINING COURSE.



YRC STUDENTS, SHILLONG COLLEGE PRESENTED A SONG AT SOS VILLAGE



**STATE LEVEL SEMINAR ON UNDERSTANDING SEISMIC ACTIVITY
ORGANIZED BY DEPARTMENTS OF CHEMISTRY AND ENVIRONMENTAL STUDIES
SHILLONG COLLEGE, ON 9TH SEPTEMBER 2016, IN THE COLLEGE HALL**



SPORTS DEVELOPMENT CELL , SHILLONG COLLEGE



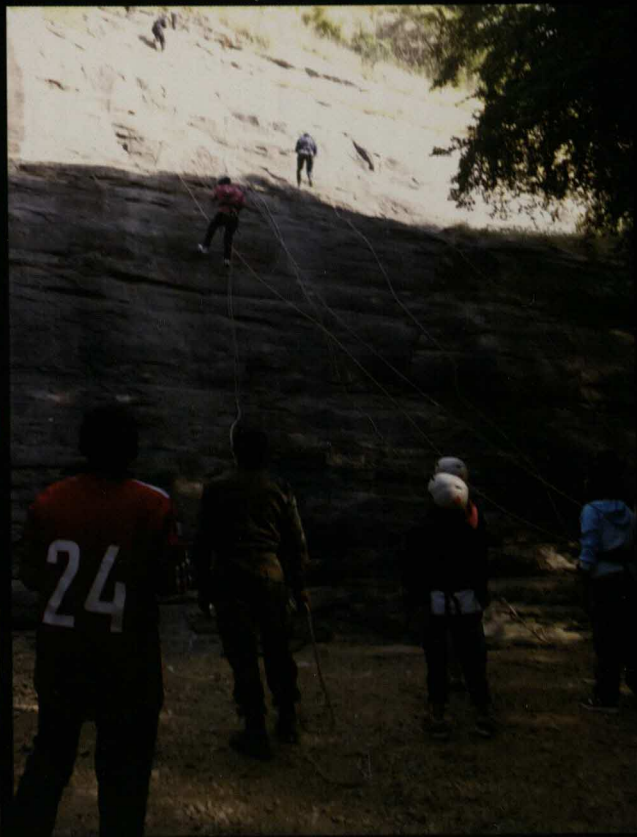
SHILLONG HSS FOOTBALL TEAM 2016.



**SHILLONG HSS FOOTBALL TEAM 2016
UNDER -17 BOYS SUBROTO CUP 2016**



Shillong College attending **THE RCTC AT GWALIOR**



DIAMOND JUBILEE S.C. DATTA MEMORIAL LECTURE 2016



DIAMOND JUBILEE CELEBRATION

As part of the Diamond Jubilee celebration the Department of English, Shillong College organised the SC Datta Memorial Lecture at the Conference Hall. The lecture series assumed more significance this year as the lecture today was attended by Prof. Subir Datta, a retired faculty of the English Department, Rabindra Bharati University, Kolkata and son of the Founder-Principal of Shillong college after whom the lecture series was named. In his address, Prof Subir Datta reminisced the days when Shillong College was housed at Jail Road Boys school close to the then Principal's residence. He recalled how this institution of which he was a student, moulded and shaped many like him. He also expressed his gratitude to the many who had and still are taking forward the dreams of the pioneers who envisioned the establishment of the College and taking it to greater heights. Dr Sumit Chakrabarty, Associate Professor and Head, Department of English, Presidency University, Kolkata delivered a very thought provoking lecture which was entitled "Thinking Literature: The Cultural Politics of Context". In his lecture, he pointed out that there is a need for singularity of literature and hence intuitive understanding of art. He stated that a literary text is picked up by a reader for its' literary appeal and not for being a cultural text adding however that at times on reading the cultural history of the

moment becomes more important than the text itself. In this context, he said that the various theories and 'isms' are indeed essential towards understanding the texts but argued that such representations and utterances divests the text of its' marginality. He therefore urged critics and authors to avoid such contextualisation and rather present the text in its singularity and worldliness. As part of the programme and to share the experience of the early years of Shillong College a presentation entitled " Shillong College at 60" which featured students and faculty members who were part of Shillong College during the tenure of the Founder-Principal was also shown. The interactive session was made more lively by students and faculty members from various colleges of Shillong who were present at the lecture. ■

DEPARTMENT OF ENGLISH
Shillong College

Achievements

ENGLISH



Daniel D Marbaniang a third year student of English (Hons) won the second prize in the Ditty Competition conducted by the Chief Electoral Officer, Election Department of Meghalaya, which was held from July 11 to 28 ,2016. He was awarded with a certificate of excellence and a cheque of Rs. 10,000

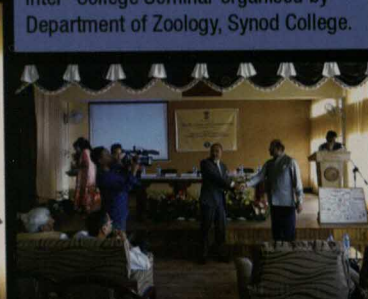
ZOOLOGY



Indakerri Kharbuli , from department of Zoology is a Second Prize winner in the Speech Competition held as part of the workshop on Climate Change and Green Economy on 10th June 2016 during the World Environment Day Celebration



Reny Riper Dkhar, from department of Zoology, is the First Prize winner of the Inter- College Seminar organised by Department of Zoology, Synod College.



Computer

STechZest '16, a two day programme organized by Department of Computer Science and Applications, Shillong College



EDC



Independence Day 2016



Shillong College girls Enjoying the Governor's at Home INDEPENDENCE

THAL- SAINIK CAMP, 2016



The Journey of 25 Years in Shillong College

SILVER JUBILEE OF TEACHING IN SHILLONG COLLEGE



I try to learn from the past, but I plan for the future by focusing exclusively on the present - Trump

The Department of Chemistry was established in the year 1963 when Late Shri P. Deb was the Head of Department, he was a dedicated teacher of Chemistry. The Department of Chemistry along with other Science Departments completed 50 years of existence in 2013 when the College as a whole celebrated the Golden Jubilee of Teaching Science in Shillong College. I joined the Department of Chemistry, Shillong College on the 29th October 1991 when late Prof K. L. Choudhury was the Principal of the College who retired in 1995. Dr S. K. Gupta was the Head of Department of Chemistry after the sudden demise of late Shri P. Deb, so I joined in the post of Shri P. Deb. Though I have not met him but I have heard of him

through my colleagues when I had joined. The Department of Chemistry at that time had only 4 staff and 1 demonstrator and 2 Lab attendants. There were not too many facilities nor infrastructure in the lab and in the College but the College made its progress despite all the inconveniences. In 1996 Dr MPR Lyngdoh took over as Principal of the College and continued for 14 years as Principal where we see more changes in the College. The Common room was in the old Assam type block which has been dismantled lately. I see lot of transitions in these 25 years. I owe my gratitude to the former Heads of Department, the former teachers who were in the Department. In the year 2003 Shri K. Umdor joined in the demonstrator's post of Shri R. Bhattacharjee.

Dr C. Masharing joined in 2006 in the post of Dr S. K. Gupta, who retired in 2006. Dr B. M. Laloo, joined in 2013 in the post of Shri T. J. Kharbhih after his sudden demise in November 2012. She got her Ph.D Degree in July 2015. Dr B. Wahlang joined this year 2016 in the post of former Head, Dr M.N.Bhattacharjee, she got her Ph.D Degree in February 2015. Mrs L. Pathaw joined as Asst. Teacher HS in 2013, she is doing her PhD in NEHU. Shri Maldo Dkhar joined in 2016 as Asst Teacher Higher Secondary Section. Shri R.Kharkongor, Lab attendant joined in 1985, completed more than 25 years now and Smt K.Warjri joined in the year 1998, she is addressed by the students as Mei, she has completed almost 18 years. The Department now has a strength of 7 staff and 2 Lab attendants. Many of my colleagues have completed 25 years and many more are yet to attain the completion. Personally, I feel that this is an important milestone of 25 years as many colleagues like me will have a short tenure and many more still have a long tenure. I wish to add that it is not important how long is the tenure, but what is important is how much we can accomplish as the saying goes ***We live in deeds not years.*** At this juncture of 25 years in my service career I had gone through a lot of experience which I count on and I thank God for His

guidance and help that I could gain strength and wisdom to be able to reach this far. I wish to remind you all as I have been reminded of how Samuel set up a milestone he named Ebenezer meaning '***Thus far has the Lord helped us***'. In much the same way, I hope and pray that God will continue to guide us all in our journey and that each one of us at some point of time will set up such a milestone in our career, our life. The Department observed the Silver Jubilee of Late Shri T. J. Kharbhih in 2009 and the Silver Jubilee of Dr M.N.Bhattacharjee in 2010. As part of the usual practice the Department of Chemistry, Shillong College had observed the Silver Jubilee of my service career on 12th November 2016 in the Chemistry Laboratory, it was attended by the Principal, the Vice Principal of Professional Courses and students of Chemistry. There were speeches by the Principal, Former Head of Department, teachers and the students presented a song entitled 'You are wonderfully made by God.' I am so thankful to the former Head, Department of Chemistry, Dr M.N.Bhattacharjee for being a catalyst and initiator of this occasion I wish him happy days ahead, and my thanks goes also to all my dear colleagues and students for making this occasion a memorable one and I look forward to a bright future of the Department.

DR DEBORAH L. BUAM
Department of Chemistry

INTERNATIONAL *Yoga* DAY



SHILLONG 3X3 BASKET BALL

The finals of the 3x3 Basketball Invitation Tournament which was organized as part of the year long Diamond Jubilee of Shillong College was held today at the Indoor sports infrastructure of the College. In the girl's category St Mary's Higher Secondary defeated Shillong College while as in the boys category Shillong College defeated St John's White Hall. This tournament organised by the Department of Physical Education and Sports Development Cell of the College is co-sponsored by the government of Meghalaya under the CMYDS, East Khasi Hills.



At the recently concluded annual college festival Euphoria of the North Eastern Indira Gandhi Regional Institute of Health and Medical Sciences held from the 13th to 17th of September, 2016 Shillong Colleges' Daniel Marbaniang of the English Department bagged the Third prize in the poetry writing competition

NCC during *Diamond Jubilee* ON 14TH JULY 2016

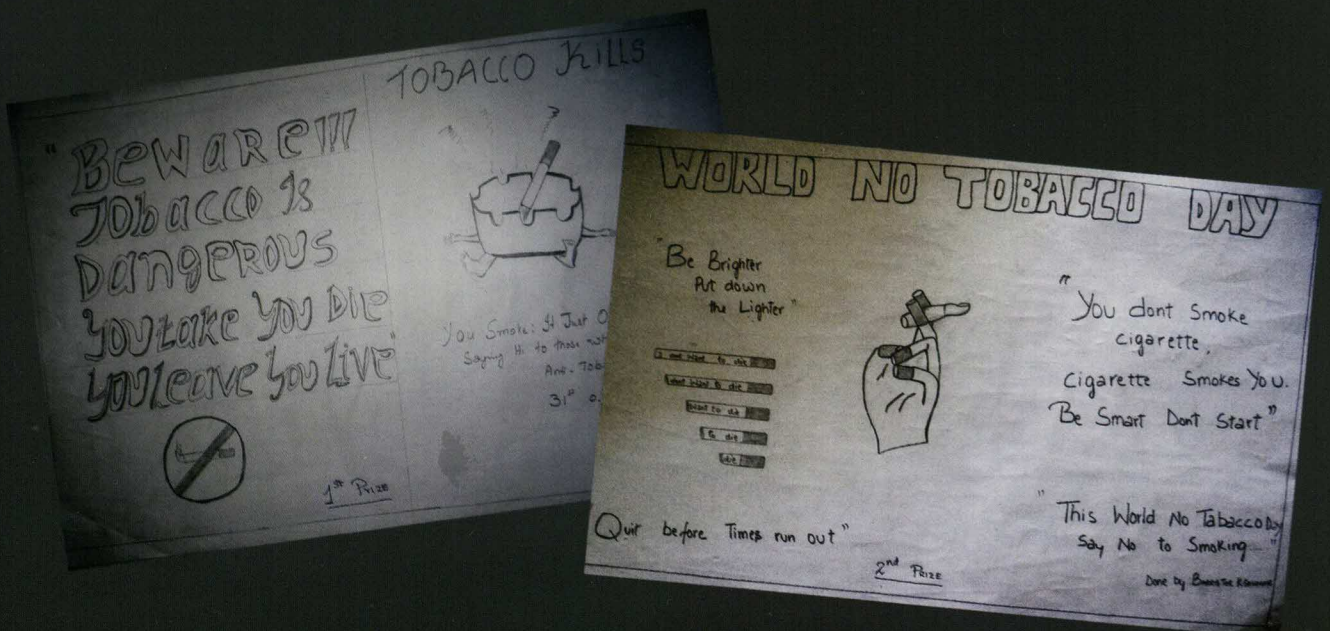


Swacch Bharat Campaign

BY NCC, 2016



POSTER COMPETITION
WAS ORGANISED ON
World No Tobacco Day
WHICH WAS ON 31ST MAY 2016.



List of Teaching Staff

Principal : Dr. K. D .Ramsiej

Vice – Principal : Dr. M. Dey

Vice – Principal (Professional Courses): Shri. K. Dutta Roy

Vice – Principal (Higher Secondary section): Dr. M.N Bhattacharjee

DEPARTMENT OF ENGLISH

Dr. D. Bhowmick, HOD
Smti. B. Wanniang
Smti. I. S. Warjri
Shri L. M. Pariat
Smti. A. Basaiawmoit
Smti. G. J. Dkhar
Shri .G. R. Rumnong
Smti. B. Kharchandy

DEPARTMENT OF HISTORY

Smti. J. Chowdhury, HOD
Smti. N. Lytand
Smti. V. C. S. Dkhar
Smti . O. L. Syiemlieh
Smti. B. Marpna

DEPARTMENT OF PHILOSOPHY

Dr. J. P. Biswas, HOD
Dr. B. P. Tripathi
Smti . K. Lartang
Smti. E. Kurkalang
Smti. I. M. Umlong

DEPARTMENT OF KHASI

Dr. D. Mawroh, HOD
Dr. A. Nongbri
Shri. H. Marwein
Shri . S. Kharrymba
Shri. P. Shabong
Shri . P. Nongrum
Smt. C. Khongwir
Smt. A. Khongngain

DEPARTMENT OF POLITICAL SCIENCE

Smti. L. P. Shadap, HOD
Smti. V. R. Solomon
Smti . R. Pyngrope
Smti. A. Marbaniang
Smti .R.Tham

DEPARTMENT OF GARO

Smti. L. D. Marak, HOD

DEPARTMENT OF HINDI

Dr. (Mrs) S. Pandey, HOD

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Shri. A. Khanduri
Shri. B. K. Saha
Dr. S. Sarma
Smti. P. Khonglah
Smti .I. Kharkrang
Smti. C. Kharsyntiew
Smt. E W Pathaw

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Smti. A. Diengdoh
Shri. T. L. Tiewsoh
Smti. I. Diengdoh

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Dr .H. langrai
Dr. H. Diengdoh
Smti . B. M. Wanswett
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Shri. S. Kharchandy
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Shri. B. Nongbri
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DEPARTMENT OF ECONOMICS

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Shri. M. Rynjah
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Dr. Aroma Lyngdoh
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DEPARTMENT OF SOCIOLOGY

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Smti. D .R . Diengdoh
Smti. K. Sohtun
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Smti. I. Sun
Shri. T. S. Warjri
Shri. P. N. Jyrwa
Smti. J. G. Kharmawphlang
Shri. D. J. Thabah
Shri. R. Hoojon
Shri. J. P. Swer
Smti. M. S. Umwi

DEPARTMENT OF STATISTICS

Shri. D. M. Syiem, HOD
Smti. I. S. Khyriem

**DEPARTMENT OF PHYSICAL
EDUCATION**

Shri. E. S. yiemlieh
Shri. C. Syiemlieh

LIBRARIAN

Smti. B. Lyngdoh

NonTeaching Staff (Grade-III)

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Shri. A.D.Jyrwa Accountat
Shri. M.Lyngdoh L.D.A.
Shri. A.Khriam L.D.A.

Shri. D.Kharmujai L.D.A.
Smt. D. Kharlukhi L.D.A
Smt. A. Lyngdoh L.D.A
Shri. M. Niangti Asstt. Librarian

Shri. D. Bhattacharjee
Higher Secondary Section
Smt. Aisuklang Syngai
Higher Secondary Section

NonTeaching Staff (Grade-IV)

Shri. P. Sharma
Smt. F. Kharlukhi
Shri. R. Kharkongor
Shri. T. Fullel
Shri. R.K Roy
Smt. P. Syngai
Shri. C. S. Khamary
Smt. A. Rymbai
Smt. K. Warjri
Shri. S.K. Wahlang
Smt. W. Basaiawmoit
Shri E. Pyrtuh

Smt. J.M. Lyngdoh
Smt. A. Khongwir
Shri. A. F. K. Sawian
Smt. L. M. Hek (on lien)
Shri. A. Khannal
Shri. C. N Areng
Shri. S. Myrthong
Smt P. Songthiang
Smt. P. Mawlieh
Shri. W. B. Kharrngi
Smt I.S. Ramsiej
Shri. A. Khriam

Smt. F. Lyngkhoi
Shri. S. Sawian
Smt. T. Umdor
Shri. A. Khriam
Shri. P. Moksha
Shri. S. Sohphoh
Smt. B. Khongwir
Smt D.G. Kharbani
Shri. S. Lyngkhoi
Smti. Graceful M. Myllem Umlong

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SL. NO.	NAME	CLASS	POST
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2.	DARYLL KHONGWIR	1 SEM B.A (M)	GENERAL SECRETARY
3.	CATHLEEN KHARBYNGAR	2/ B.A. (M)	ASST. GENERAL SECRETARY
4.	IOHBYNTALANG SANGLYNE	2/B.COM (D)	MUSIC SECRETARY
5.	DEIGRATIA KHARBYNGAR	1/ SEM B.A. (D)	ASST. MUSIC SECRETARY
6.	ROBIN NONGRUM	2/ B.A. (M)	SPORTS SECRETARY
7.	BARRISTER KHARSAHNOH	1 SEM B. Sc	ASST. SPORTS SECRETARY
8.	MARVELLOUS WAHLANG	XII Sc	DEBATE SECRETARY
9.	SHANKIBORLANG KHYRIEM	2/ B Com (D)	ASST. DEBATE SECRETARY
10	NEHA KAUSHIK	2/ B.Sc	DISCIPLINE SECRETARY
	REMDOR PATHAW	3/B.A	DISCIPLINE SECRETARY
11.	BRANDON SUNN	1 SEM B.B.A	ASST. DISCIPLINE SECRETARY
12.	PINKY NYLLA LYNGKHOI	1 SEM B. Com	EDITOR
	ARMSTRONG DARNEI	XII Sc	MEMBER
	NAVAREEN SYIEMLIEH	XII Com (D)	MEMBER
	ANDREA P. KHARKONGOR	1 SEM B.B.A	MEMBER
13.	GABRIEL C. RYNJAH	XI Com (M)	SECRETARY BOY'S COMMOMK ROOM
14.	BERNADINE DIENGDOH	XII ARTS (M)	SECRETARY GIRL'S COMMOMK ROOM
15.	MONISHA SONGTHIANG	3/ B.A (D)	REPRESENTATIVE TO WOMEN'S CELL
	WADAKANI KYNDIAH	3/B.B.A.	REPRESENTATIVE TO WOMEN'S CELL

OFFICE BEARERS OF THE S.C.S.U. 2016-17

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3.	KASHMIRI TANGSANG	1 st Sem. B.Com (D)	ASST. GENERAL SECRETARY
4.	DEIGRATIA KHARBYNGAR	3 rd Sem. (D)	MUSIC SECRETARY
5.	IOHBYNTALANG SANGLYNE	3 rd Yr. B.Com. (D)	ASST. MUSIC SECRETARY
6.	BARRISTER KHARSAHNOH	3 rd Sem. B. Sc.	SPORTS SECRETARY
7.	DEBISTER KHARBANI	3 rd Yr. B. Sc.	ASST. SPORTS SECRETARY
8.	BANDASHISHA SOHTUN	3 rd Sem. B. Com. (M)	DEBATE SECRETARY
9.	ANDY ROBERT KHONGSNI	XII Science	ASST. DEBATE SECRETARY
10.	NEHA KAUSHIK	3 rd Yr. B. Sc.	DISCIPLINE SECRETARY
	DEBAKAR BARUAH	3 rd Yr. B.A. (D)	DISCIPLINE SECRETARY
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12.	BENEZER WANCHAND	3 rd Sem. B.A. (D)	EDITOR
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	PYNIARBOR PYNGROPE	1 st Sem. B. Com. (D)	MEMBER
13.	JOEL NIEHSIEL	1 st Sem. B.A. (M)	SECRETARY BOY'S COMMON ROOM
14.	ANNESHA JYRWA	XII Commerce (D)	SECRETARY GIRL'S COMMON ROOM
15.	CHRISTINA KHONGWIR	XI Arts (D)	REPRESENTATIVE TO WOMEN'S CELL
	MEBARIHUN PALA	3 rd Sem. B.A. (M)	REPRESENTATIVE TO WOMEN'S CELL

College Annual Events

NOVEMBER 2015 - SEPTEMBER 2016

- ★ Shillong College Students' Union organised Annual Social, Sports and Cultural Week from 9th November to 14th November, 2015, with a colourful grand finale on 14th November, 2015. Shri H. D. R. Lyngdoh, Hon'ble Minister for Transport, District Council Affairs etc. was the Chief Guest on the Final Day programme. A good number of Endowment Awards and Scholarship, instituted by the College, were distributed on the occasion.
- ★ A 'Study Centre' of Institute of Company Secretaries of India was opened in the College on 26th February, 2016, in a function organised by IQAC along with the Department of Commerce of the College. Prof. S. K. Srivastava, Hon'ble Vice Chancellor of North Eastern Hill University graced the function as Chief Guest.
- ★ Release of Book entitled 'Reasserting Basic Sciences' on 26th February 2016, a proceeding of the International Seminar on Attracting Best Talents in Basic Sciences held in July 2013.
- ★ Release of Book entitled 'Computer Science : Few Newer Perspectives' on 26th February 2016, a proceeding of the National Seminar on Emerging Trends in Advanced Networking and Cloud Computing held in November 2014.
- ★ Invited talk delivered by Prof H. P. Roy Choudhury organised by Department of Chemistry, Shillong College on 7th March 2016.
- ★ NCC Unit of Shillong College along with the Sociology Department organised a one-day workshop on "Adolescent Rights: A Critical Agenda" on 15th of March, 2016, which was funded by National Human Rights Commission, New Delhi. The workshop was attended by 132 participants from within and outside the State, and various Resource Persons who contributed were: Smt. M. Kharkongor, Chairperson for State Commission of Child Rights (Government of Meghalaya), Shri Banri L. Kharmalki, Project Manager, Manbha Foundation, Smt. I. Rapphap, Programme Manager, SCPS, Department of Social Welfare (Government of Meghalaya), Smt. Clarabell Malngiang, Legal-cum-Probation Officer, District Child Protection Unit, East Khasi Hills, and Shri Vivek Syiem, Superintendent of Police, Shillong City. Students from Department of Social Work of Martin Luther Christian University also presented a play entitled, "What is Rightfully Mine".
- ★ NAAC Peer Team visit for the 3rd cycle of assessment and accreditation of the college held from 21st April to 23rd April 2016. The College has been accredited as Grade 'A' institution with CGPA 3.06, with effect from 25th May, 2016
- ★ Faculty Development Programme was organised on 11th May, 2016 at 2.00 p.m. in the Conference Hall and was addressed by Prof. Soo Yeon Kim, Director, International Youth Fellowship, South Korea, Mind Specialist, of International Mind Educational Institute (IMEI).
- ★ Orientation Programme for Class XI (Arts/Science/Commerce) was held on 4th June, 2016, and the classes for these classes started with effect from 6th June, 2016.
- ★ A popular talk on "Zero Tolerance for the Illegal Trade in Wildlife" was organised by the Shillong College Academic Society on 13th June, 2016, at the College Conference Hall at 11.30 a.m. in connection with World Environment Day 2016. The talk was delivered by Shri A. Mathuran, Divisional Forest Officer (Wildlife), East Khasi Hills, Government of Meghalaya. Shri Y. S. Shullai, IFS, Additional PCCF and Chief Wildlife Warden, Forest Department, Government of Meghalaya graced the programme as Chief Guest.

- ★ Celebration of second International Yoga Day on 21st June, 2016, with Yoga session for the students and teachers conducted by trained Yoga teacher.
- ★ College organised a function in appreciation of the award of Grade “A” with CGPA 3.06 by National Assessment and Accreditation Council (NAAC), Bangalore, in the 3rd Cycle of Assessment and Accreditation of the College. This accreditation is valid from 25th May, 2016, for a period of 5 years. The function started at 3.30 p.m. on 29th June, 2016, at the Sports Infrastructure Complex and this was followed by a modest ‘Dinner’ party, at the college campus for all the stakeholders, well wishers and peers of the college.
- ★ The Youth Red Cross (YRC), Shillong College Unit in collaboration with the State branch organised an awareness programme on AIDS and Blood Donation in the college on the 8th July, 2016.
- ★ The celebration of the ‘Diamond Jubilee’ of Shillong College was inaugurated on 14th July, in the college premises in the presence of principals of the other colleges of the state, alumni members of the college, retired and serving staff of the college and students. Principal of the college, Dr. K. D. Ramsiej enlightened everyone with a brief history about the college lauding the efforts of both the past and present principals and Staff (both teaching and non-teaching) which has helped to establish the college as a premier institution of the state today.
- ★ The department of Philosophy along with IQAC, Shillong College, organised by a two day National Seminar in Applied ethics on the theme “Issues in Contemporary Society: Rights, Duties and Sustainability in search of harmony” held on the 14th and 15th July, 2016
- ★ The Department of Computer Science and Applications, Shillong College, organized a two day programme SCTechZest '16 on the 3rd and 10th September, 2016 as part of the Diamond Jubilee Celebration of the College. ■



KNOWLEDGE IS IMMORTAL

